



Substance Misuse & Mental Health Resources

<https://www.brevardprevention.org/> • Dial 211 • www.myfloridamfamily.com

HOTLINES			FOR IMMEDIATE ASSISTANCE & HELP	
Help Line 24/7	Suicide Prevention Lifeline	Dial: 988	English: 800-273-8255 • Spanish: 800-628-9454 • TTY: 800-273-8255	
Help Line 24/7	NAMI Mental Health Helpline & Crisis Text Line	Helpline: 800-950-6264	24/7 Crisis Text Line: Text NAMI to 741-741	
Hotline 24/7 Parents/Youth	Family Support Warm Line <i>Children's Home Society</i>	888-733-6303	FREE mental health hotline available to ANYONE in Florida via call or text . This is for parents and teens feeling stressed and overwhelmed.	
Hotline 24/7 Parents/Youth	Mobile Response Team (MRT): Brevard CARES	Brevard County 321-213-0315	Free on-demand and on-site crisis intervention to children and families. To Find one near you visit: www.myflfamilies.com/service-programs/samb/docs/maps/MRT.pdf	
Hotline 24/7	The Parent Stress Line	800-632-8188	A helpline for parents who need to discuss issues related to their children.	
Help Line 24/7	Veterans Crisis Hotline	800-273-8255	For veterans and their family members who are experiencing a crisis.	
Help Line 24/7	Optum Public Crisis Line	866-342-6892	Emotional Support Help Line that is available to ANYONE , free of charge.	
Help Line 24/7	Disaster Distress Hotline	800-985-5990	Immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster	
Help Line 24/7 (LGBTQ)	The Trevor Project	866-488-7386	Provide suicide prevention & crisis intervention for LGBTQ. For online chat visit: https://www.thetrevorproject.org/get-help/ or Text 'START' to 678-678	
Help Line 24/7	211 Brevard	Dial 211 -OR- 321-632-6688	Info & Referral Line: Care Coordinator will telephonically assess needs then link with appropriate support services. For Substance related, Text 'OPIOID' to 898211	
Help Line	Partnership To End Addiction	Text CONNECT to 55753	Helpline for anyone who is playing a supportive role in the life of a young person struggling with substance use. drugfree.org/get-support-now/	
Help Line 24/7	National Drug Helpline	844-289-0879	Provides resources for anyone dealing with addiction issues, including family members.	
Help Line 24/7	SAMHSA's Nat. Helpline	800-662-4357 TTY: 800-487-4889	Treatment Referral Routing Service for individuals and family members facing mental and/or substance use disorders.	
SUPPORTIVE SERVICES			Mental & Behavioral Health • Substance Misuse & Addiction	
Homeless Prevention	Eckerd Connects Family Services	321-735-7249 eckerd.org	Case management & financial assistance for individuals/families experiencing homelessness or at risk of homelessness. *Client advocacy & parenting classes for individuals in substance abuse treatment & recovery*	
Support Groups Adult / Youth	Peer Support Space peersupportspace.org/	See Website	Peer-led recovery support communities of ALL kinds, navigating mental illness and/or substance misuse challenges, neurodivergence, disability, grief, trauma, and more.	
Support Groups Adult / Youth	Positive Behavioral Solutions	321-972-4265	Provide a wide range of FREE support groups that are offered in person and virtual. To see a list of groups, visit: https://pbsfl.org/events or https://pbsfl.org/	
Support & Assistance	Project Noelle projectnoelle.com	321-305-4397	Support for youth & family who have been affected by the opioid epidemic. Offer support groups, emergency assistance w/ clothing & diapers, holiday support.	
Peer Support	BRAVES Peer Network	321-302-5171	Peer Network for individuals who are in recovery from mental illness and substance use. http://bravespeernetwork.com/	
Support Group	Ben's Friends of Brevard	321-271-4839	A support group for members of the food and beverage industry who struggle with addiction and substance abuse. https://www.bensfriendshoppe.com/	
Support Adults / Youth	Quest 180 http://Quest180.org	321-757-4673	Men & Women's Groups, Codependency Groups, and Parents' Groups for those seeking freedom from addiction. Open to anyone in recovery from any type of addiction.	
Support Adult / Youth	Recovery Connections of Central Florida	407-RECOVER 407-(732-6837)	Offer peer-based recovery support services, recovery community activities, mutual aid groups, training, education, and advocacy. https://www.myrecoveryconnections.org/	
Support Group Families	Peace Club	321-423-1212	Free Family Support Groups & Sobriety Coaching. https://peace.club/services	
Support Groups Sober Transport	Beachside Recovery Interventions & Consult.	321-978-4041	Offers Free Peer Support Groups. We also Offer sober transport for both Adults and Adolescents. https://www.bricthestigm.com/programs	
Support Group Adult / Youth	Space Coast Al-Anon	321-544-7943	Help and support for family and friends of Alcoholics. spacecoast-al-anon.org/	
Support & Assistance	RASE Project www.raseproject.org	321-305-4397	For pregnant women who need substance use interventions. Also offer support and assistance for anyone struggling with SUD issues	
Career Services	Brevard Recovery Works	321-504-7600	Employment & Training services for anyone who has been directly or indirectly impacted by substance use or addiction.	
Support & Assistance	Hospitality Life https://hospitalitylife.org	321-271-4839	Recovery support services, financial literacy, positive alternative lifestyles and financial assistance applications for hospitality workers and their kids.	
(NA) Meeting	Narcotics Anonymous	321-631-4357	https://www.spacecoastna.org/meetings/ or https://www.na.org/	
(AA) Meeting	Brevard Intergroup AA	321-724-2247	http://www.aaspacecoast.info/ or https://www.aa.org/pages/en_US	
Support	Lifetime Counseling Center	321-632-5792	Offer Peer Support & AA/NA meetings iccbrevard.org/change-your-life/	
Support	Tobacco Free Brevard	See Website / Email →	Offers Tobacco Cessation Services. Website: www.tobaccofreebrevard.com Email: info@tobaccofreebrevard.com	
MENTAL & BEHAVIORAL HEALTH			Mental & Behavioral Health Counseling & Other Services	
(MM) Medication Management - (OP) Outpatient - (IOP) Intensive Outpatient - (PHP) Partial Hospitalization - (IP) Inpatient – Residential				
Adults / Youth	Circles of Care	* 321-890-1550 ~ 321-726-2860	*(OP) Counseling, psychiatric evaluation & (MM) to adults and children. ~ Outreach Services (OS): In-Home & On-Site behavioral counseling for children & their family.	
Available 24/7 Adults / Youth	Palm Point Behavioral Health	321-603-6550	Full continuum of care & accept Baker Act & Voluntary admissions. (IOP)- Youth & Adults. (PHP)- Ages 18 & up (IP)- Ages 5 and older. palmpointbehavioral.com/	

Adults <i>OP/IOP/IP/Rehab</i>	Promises Behavioral Health: Five Palms	844-800-1061	All levels of care are for mental health AND substance abuse. Adult programming for both men and women. All private rooms for residential treatment my5palms.com/
Adults / Youth	Central Florida Behavioral Hospital	407-370-0111	Accept Baker Act & Voluntary admissions. Programs include co-occurring, psychotic & affective disorders. (IOP)- Teens. (IOP) & (PHP)- Adults
Adults / Youth	Lifetime Counseling Center https://www.lccbrevard.org/	321-632-5792	(OP) Counseling, school-based counseling, court ordered mental health evaluations & psycho-educational testing, foster care/adoption counseling & parent support.
Adults / Youth	Positive Behavioral Solutions https://pbsfll.org/	321-972-4265	(OP) Individual/Family Therapy, Adoption Competent Counseling, and Psychosocial Rehabilitation services offered in home, school, community, office, and Telehealth.
Youth / Families	Angels for Kids & Families On-Call	407-730-7983	Individual & family therapy. Psycho-social rehabilitation (ages 9 & older). Psychological evaluations, Med Management & Case Management https://angelsforkidsoncall.net/
Youth / Families	Children's Home Society	321-752-3170	Counseling services that can occur in-home, in-office or at child's school. Early Head Start program- children under 3 and pregnant women, including teens. Parent support.
Adults / Youth	IMPOWER impowerfl.org/	321-639-1224	(OP) Counseling, psychiatric service w/ (MM) via telehealth to youth, adults & families who are experiencing mental health, substance abuse, or behavioral health challenges.
Adults / Youth	True You Always https://trueyoualways.com/	321-613-8685	Offer Telehealth mental health counseling, life Coaching & therapy services. We also MCAP's & counselors that work with addiction. Serve ALL Ages, Families, Couples.
Youth / Families	Kinder Konsulting	321-433-1111	(OP) Behavioral therapy & analysis, psychotherapy & counseling, mental health consult & psychiatry, speech & occupational therapy, support groups.
Youth / Families	Crosswinds Youth Services crosswindseyouthservices.org/	321-452-0800	Provides youth shelter, in-home or in-office counseling services for youth and their families. Juvenile Assessment Center & Civil Citation Services.
Youth	Devereux https://www.devereux.org/	407-745-0499	Provide mental health support, specialized services for sexually exploited youth & specialized services for youth with autism & mental/behavioral health challenges.
Families / Youth	Holding Hands Florida holdinghandsflorida.com/	321-622-6290	Provide counseling and therapy services to families and youth, psychosocial rehabilitation, targeted case management, parenting classes. *Bilingual*
Adults / Youth	Brevard Health Alliance brevardhealth.org/	321-241-6800	Offers free to low-cost behavioral health services to established BHA patients. Uninsured patients are offered discounted fees based on income and family size.
Adults / Youth	Coastal Psychiatric Urgent Care	321-586-5444	(OP) services to individuals aged 4 and up who seek immediate mental health treatment and referrals. We also do (MM) ... Medication visits are walk-in only.
Adults / Youth	Legacy Behavioral Health Center	321-256-8000	(OP) Psychological & psychiatric services, telehealth, therapeutic behavioral services, target case management & therapy. *New Brevard Location https://legacybhc.com/
Youth	Behavior Basics	321-425-3231	Provides applied behavior analysis and parent education services to children and families. behaviorbasicsinc.com/
SUBSTANCE MISUSE & ADDICTION			Treatment • Recovery • Dual Diagnosis (Mental Health + Addiction) • Court Ordered
(MAT) Medication Assisted Treatment - (OP) Outpatient - (IOP) Intensive Outpatient - (PHP) Partial Hospitalization - Detox - (IP) Inpatient / Residential			
Adults <i>OP / MAT</i>	Central FI Treatment Centers	321-951-9750 • 321-631-4578 • 321-567-4460	(MAT) Services for opioid dependency (OP) Services such as counseling, drug screening, medication tapering, Physician-monitored treatment. methadoneworks.net/
Adults <i>IOP / PHP / MAT</i>	JourneyPure journeypuremelbourne.com/	24/7 Hotline 844-856-2585	Dual diagnosis, (IOP) and (PHP) Programs available. (MAT) for stabilization from opioid use disorder, cravings & withdrawal. Detox & Recovery Housing
Adults <i>OP / MAT</i>	Groups Recover Together https://joininggroups.com/	407-392-0849	Provide (OP) & (MAT) services for Opioid Use Disorder Addiction Treatment, group counseling, and assists with other services. Services for Pregnant women available.
Adults & Youth <i>IOP / PHP / MAT</i>	Peace Club https://peace.club/services	321-423-1212	Adults- (OP) (IOP) and (PHP- Day Treatment) programs with (MAT) . Youth ages 13-17 (IOP) program with criminal justice advocacy & Interventions.
Adults <i>OP / Residential</i>	Space Coast Recovery	321-632-5958	Provide treatment & education for substance misuse addiction. (OP)- Men & Women (Residential)- For adult Males. spacecoastrecovery.com/
Adults / Military <i>First Resp.</i>	Bayside Recovery & Wellness Center	321-372-6897	Provide Behavioral Health and Substance abuse services. (IOP) and (MAT) services offered through various therapies to sustain recovery as well as (OP), (TMS) & (MM).
Adults / Youth <i>OP</i>	Beachside Recovery Interventions & Consult.	321-978-4041	(OP) services include outpatient therapy, psychiatric services, interventions, peer support, family coaching and sober transport. brichtestigma.com/programs
Adults, Vets, 1st <i>Responders</i>	UpHealth Behavioral	321-794-0158	(OP) (IOP) (PHP) treatment programs, (MM) , psychiatric services. Also have (IP/Residential) program & Detox services. https://uphealthbehavioral.com/
Adults / Youth <i>OP</i>	Lifetime Counseling Center	321-632-5792	(OP)- Include substance abuse counseling, peer support, AA/NA meetings as well as court ordered substance abuse evaluations. lccbrevard.org/change-your-life/
Adults <i>OP/Sober House</i>	Safe Place Treatment Services, Corp.	321-208-6186	Substance use disorder evaluations. Drug Screens. Biopsychosocial assessments. Counseling. Referral & Mobile services. Sober Living & Group Home
Youth <i>IP- Residential</i>	IMPOWER	321-639-1224	(IP-Residential)- The Grove is a voluntary residential program is available for youth 13-18 supports adolescents suffering from alcohol or substance abuse. impowerfl.org/
Adults, Youth <i>OP/Court/Detox</i>	Aspire aspirehealthpartners.com/	Brevard 407-875-3700	(OP)Adults/youth- Treatment & Counseling services, drug education, intervention, DUI classes & drug court programs. (IP)Adults- DETOX.
Adults, Youth, <i>Pregnant</i>	STEPS flestep.org/	321-637-7730	(OP/Day Treatment) Counseling Available & (MAT) . DUI Classes, Drug Court Programs, Intervention. <i>*Infant or small child may attend treatment with parent</i>
Adult Women & <i>Pregnant</i>	STEPS	407-884-2125	(IP) Residential Program: For women, pregnant women, and women with small children.
Adults / Youth <i>IP / Detox</i>	Circles of Care	321-722-5200	Children's Crisis Unit: (IP) program & Detox services for substance abuse crisis situations affecting children and adolescents. Twin Rivers: (IP) & Detox for Adults.
Adult / Male <i>Recovery House</i>	Atlantic Beach Sober Living	321-805-0311	We offer Recovery Housing for Adult Males. atlanticbeachsoberliving.com/house-info
Adults <i>OP / MAT</i>	RASE Project	321-305-4397	The MARS Program: The program assists individuals with Opioid Use Disorder, and those who are being prescribed Buprenorphine/Suboxone. www.raseproject.org
Recovery House <i>Adult Women</i>	The Glass House	321-412-8223	Provides a safe and caring residential community to support long-term recovery. Space coast and central FI locations available. theglasshouserecovery.com/
Adults	Banyan Center	407-583-9629	Provide addiction treatment programs and detox for a variety of substances.
Adults <i>IP & Detox</i>	University Behavioral Center	407-281-7000	Inpatient DETOX program & an addiction rehab program. universitybehavioral.com/