





National Eating Disorders Association

© 1.800.931.2237 or text NEDA to 741741 (b) nationaleatingdisorders.org



Substance Abuse and Mental Health (SAMH) Program

© 1-800-662-HELP (4357) ⓑ findtreatment.samhsa.gov



To Write Love On Her Arms: Help with depression, addiction, self injury, and suicide

🕑 twloha.com/self-care



Tobacco Free Florida Quit Line

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National Institute on Drug Abuse for Teens

leens.drogabuse.gov



National Suicide Prevention Lifeline

© 988 ⑤ suicidepreventionlifeline.org

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Love is Respect - prevent and end abusive relationships

© 1.866.331.9474 or text LOVEIS to 22522

Live Vape FREE

text VAPEFREE to 873373. TobaccoFreeFlorida.com /LiveVapeFree

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