Brevard Community Resource Newsletter





Scan QR Code for past issues and prevention resources

For Daily Resource Updates and News:

Community Resource news, updates, events, and freebies that become available between newsletters will be posted daily to our Community Resource Facebook Group: <u>https://www.facebook.com/groups/EckerdConnectsBrevardCommunityResources/</u> Elizabeth Fears Community Outreach Specialist. Prevention Services Efears@eckerd.org

Feature Of The Month



BREVARD

Project Safe Place 24/7

To get immediate help, young people can enter one of over 100 community centers and Businesses that are designated

Safe Place sites. Project Safe Place is also a school education program, offering information on the dangers of running away, substance abuse, available services, and other issues to middle and high school students. **Call us at (321) 452-0800, EXT 144**

The Robert E. Lehton Children's Shelter

Crosswinds' shelter offers a welcoming, homelike setting for children and teens in need of emergency residential care.

Transitional Living Program (TLP)

The TLP is a comprehensive program offering housing and supportive services to homeless young people ages 16-21.

Independent Living Services

Youth who are aging out of foster care are assisted in making a successful transition to independent adulthood.

Street Outreach Program

Street Outreach targets the needs of runaway, homeless and at-risk



youth by providing services on the streets of Brevard



Crosswinds offers Crosswinds Youth Services Inc. provides a range of Services for vulnerable children, youth and young adults who may be runaway, homeless, transitioning from foster care or who are otherwise in crisis or at risk.

Among the many services Crosswinds offers, they also assist with information and referral services, assessment, service planning, counseling and case management services to youth and families.

Community Counseling

Counselors in this community-based program work with young people and their families to find solutions to issues.

Juvenile Assessment Center Services

The JAC's principal goal is to ensure that all referred Brevard County youth in need of services, including those who are arrested and those at risk of delinquency, receive a comprehensive assessment and services.

Civil Citation

Civil Citation is an innovative alternative to arrest for youth with certain misdemeanor offenses that holds them accountable for their actions, while offering counseling and other timely services youth and their families need.

321-452-0800 • 1407 Dixon Blvd, Cocoa, FL 32922

Community Resource Newsletter



Peer Support Space, Inc. Where Chosen Family Heals Together.

ABOUT PEER SUPPORT SPACE

Peer Support Space is a peer-led, support space for those navigating life struggles, mental illness and/or substance misuse challenges, neurodivergence, disability, grief, trauma, or other obstacles to mental wellness.

Our mission is to build, and be a local hub for, diverse peer-led recovery communities.

WHO WE SERVE:

We focus on filling needed resource gaps catching individuals (18+) that continually fall through the cracks of our mental health system. This is done while focusing on Black, Latinx, immigrant, LGBTQ+, persons with disabilities, and other communities that show statistically higher rates of mental health challenges and/or lack of access to affordable and accessible mental wellness options that practice cultural humility.

Peer Support Space, Inchosts the following free, non-clinical, voluntary, peer-led support groups.

Digital groups are hosted in (EST) through Zoom and can be joined using listed links or by calling 929-205-6099. Please contact <u>Dandelion@peersupportspace.org</u> for more information.

DAILY COMMUNAL GATHERINGS

12PM & 6PM (EST), MON-SAT

A space for those navigating life struggles, mental illness and/or substance misuse challenges, neurodivergence, disability, grief, trauma, or other obstacles to mental wellness to hold space and give support to one another. We have general check-in and activity-based calls.

Find the schedule at: <u>www.peersupportspace.org/covid-response-1</u> • To Register, Contact: <u>Dandelion@peersupportspace.org</u>

AUTISM GROUP

6:30PM - 8PM (EST), THE 1ST THURSDAY OF EACH MONTH

A space for **Autistic Adults** to build new friendships, expand social skills, and grow support systems with similar experienced individuals. Those questioning are welcomed, so are those self-diagnosed.

Zoom Link: ZOOM.US/J/852052146 • Meeting ID: 852-052-146

PARENTS GATHERING

10:30AM - 11:30AM (EST), THE 2ND AND 4TH THURSDAY OF EACH MONTH

A peer-led digital gathering for all expecting, new, and seasoned parents. We welcome birth, adoptive, LGBTQ+, unconventional, step and otherwise self-defined parents. If you identify as a parent, you are welcome!

Zoom Link: ZOOM.US/J/99405600532 • Meeting ID: 994-0560-0532

BHABLEMOS MÁS

11AM - 12PM (EST), THE LAST TUESDAY OF EACH MONTH

A peer-led support group for the **Latinx (Hispanic) community**. Both English and Spanish speakers of all levels and dialects are welcome here. Un grupo de soporte paritario (apoyo de pares) de la comunidad Latinx (Hispana). Habladores de Inglés y/o Español de cualquier nivel y dialect son bienvenidos.

Zoom Link: ZOOM.US/J/89363634124 • Meeting ID: 893-636-4124

HIBISCUS CLUB

6:30PM - 7:30PM (EST), THE 3RD WEDNESDAY OF EACH MONTH

A space **to connect with others who have had abortion experiences**. This resource is made possible by a partnership with Florida Access Network. **To reigister, contact:** <u>Info@FloridaAccessNetwork.org</u>

YOUR BLACK MATTERS

6pm - 7pm (Est), The Last Monday Of Each Month

A space led for and by the **black community** in order to hold space and give one another support. ALL black people are welcome, there is no such thing as "not black enough" -- if you identify as black, you are black, and you are welcome.

Zoom Link: ZOOM.US/J/87351503479 • Meeting ID: 873-5150-3479





Peer Support Space, Inc. Where Chosen Family Heals Together.

PEER SUPPORT SPACE GROUPS

Digital groups are hosted in (EST) through Zoom and can be joined using listed links or by calling 929-205-6099.

Please contact <u>Dandelion@peersupportspace.org</u> for more information.

BLACK LGBTQ+ SPACE

12PM - 1PM (EST), THE 2ND SATURDAY OF EACH MONTH

This is a peer-led space for **Black LGBTQ+ Community**. We hold space for ALL Black LGBTQ+ community, if you live at the intersection of being Black and LGBTQ+ you are welcome in this space

Zoom Link: ZOOM.US/J/88200979500 • Meeting ID: 882-0097-9500

BUTTERFLY TALKS

6:30PM - 8PM (EST), THE 2ND AND 4TH THURSDAY OF EACH MONTH

This is a space to build friendships and a sense of community for **LGBTQ+ people of marginalized genders** including queer women, nonbinary folx, and trans men. This includes those that are questionings, multiple gender loving, asexual, or ANY label under the LGBTQ+

To Register, Contact: <u>Yasmin@peersupportspace.org</u>

LOTUS

6:30PM - 8PM (EST), THE 2ND FRIDAY OF EACH MONTH

A space for **LGBTQ**+ **Asians** to forge community, friendships, and discuss topics This group welcomes all those of all Asian backgrounds including, but not limited to, those that are biracial, adopted, or immigrants.

Zoom Link: ZOOM.US/J/889921002 • Meeting ID: 889-921-002

TAKE CARE OF YOU!

1:30PM - 3PM (EST), THE 4TH SATURDAY OF EACH MONTH

A peer-led gathering for **healing professionals** or volunteers (in the non- profit and for-profit sectors alike) to "take off their work caps" and receive the same support they give so many in a space where vulnerability is welcome.

Zoom Link: ZOOM.US/J/87910141671 • Meeting ID: 879-1014-1671

YALP (YOUNG ADULTS LIVING POSITVELY)

A 6 SESSION PROGRAM. CONTACT INFO@BROSINCONVO.ORG FOR MORE

A space to build friendships and foster community with other young people, ages 18-35, of color living with HIV in Central Florida.

ACTIVITY FOCUSED SUPPORT SPACES:

A space to connect over shared interests and to explore wellness tools.

PLANTING HOPE

9:30AM - 10AM, THE 2ND WEDNESDAY & 3RD SATURDAY OF EACH MONTH 880 MARTIN LUTHER KING JR. BLVD. KISSIMMEE, FL 34741

A free workshop designed for individuals that use or want **to explore gardening as a wellness tool** while building their support system in a space where it is okay to not be okay. All levels of gardening experience welcomed. Limited capacity for COVID.

Register At: <u>www.plantinghopegardening.eventbrite.com</u>

TOGETHER WE CREATE

VISIT **PEERSUPPORTSPACE.ORG/TOGETHER-WE-CREATE** FOR UPCOMING DATES

A free event that features a guided class facilitated by an individual sharing their creative wellness outlet.

UNBLOCKED

6:30PM - 8PM (EST), THE 3RD THURSDAY OF EACH MONTH

A nonjudgmental gathering for those that use or want **to explore writing as a wellness tool** to practice self care and share tips, support, and stories with other creative writers.

Zoom Link: zoom.us/j/852052146 Meeting ID: 852 052 146





Peer Support Space, Inc. Where Chosen Family Heals Together.

PEER SUPPORT SPACE GROUPS

Digital groups are hosted in (EST) through Zoom and can be joined using listed links or by calling 929-205-6099.

Please contact Dandelion@peersupportspace.org for more information.

GENDERQUEER

GENERAL MEETINGS

8PM - 9PM (EST), THE 1ST AND 3RD TUESDAY OF EACH MONTH

A gathering to build support and friendships with other **individuals who identify as gender queer**, including those that are non-binary, gender nonconforming, fluid, or questioning.

NONBINARY CRAFT NIGHT

8PM - 10PM (EST), EVERY WEDNESDAY

A space where people outside of the gender-binary can socialize with other gender outlaws while working on their own projects. Zoom Link: ZOOM.US/J/186189047 Meeting ID: 186-189-047

DISABILITY (IS NOT A BAD WORD)

GENERAL MEETINGS

6:30PM - 8PM (EST), THE 1ST AND 3RD TUESDAY OF EACH MONTH

A group for **folks who are disabled (self-defined)**, or anyone who is navigating living outside of the spectrum of neurotypical and/or able- bodied norms. Visit basicallywonderful.online/upcoming-events for more socials, workshops, and events for this community.

SOCIALS

2PM - 3PM (EST), THE 2ND SATURDAY OF EACH MONTH

A space for disabled (self-defined) individuals to build friendships with one another while doing a fun activity.

DISABLED BABES BOOK CLUB

2PM - 3PM (EST), THE 2ND MONDAYS OF EACH MONTH

A space for disabled folks (self-defined) to read/discuss a selection of books that feature disabled characters and/or are written by disabled authors.

WORKSHOPS

VIST BASICALLYWONDERFUL.ONLINE/WORKSHOPS FOR DATES

Workshop topics decided by the community and were created to benefit the unique needs of the disabled community, but are open those that are not disabled as well. Zoom Link: ZOOM.US/J/81956891597 • MEETING ID: 819-5689-1597 **REGISTER AT: BASICALLYWONDERFUL.ONLINE/UPCOMING-EVENTS**

Services we offer:

- **Bio-Psychosocial Evaluation**
- Individual Therapy
- Family Therapy
- **Family Support Services**
- **Psychosocial Rehabilitation** Training
- **Group Counseling**
- Rehabilitation Groups on -site
- **Parenting Skills Training**
- **Behavior Management**
- **Medication Management**
- **Targeted Case Management**
- **Domestic Violence**
- **Cognitive Behavioral Therapy**
- **Crisis Support**
- **Youth Support Training**
- Living Skills Support Training



COUNTIES

- **REGION 6 REGION 7**
 - Polk
 - Hardee Seminole Highlands
 - Brevard

Osceola

- Hillsborough Orange
- Manatee

ANGELS FOR KIDS ON CALL 24/7

Orlando-Palm Bay-Haines City 407-730-7983 1.844.743.6224

Angels For Kids On-Call provides an array of quality evidenced-based educational, behavioral, mental health and substance abuse services to individuals, couples, families, groups and communities. Our target population is high-risk, diverse, and in need of immediate care. And while we are uniquely suited to specialize in child and young adult care, we offer a range of treatments for people of all age ranges.

Area: South Brevard

1071 Port Malabar Blvd, Suite105-106, Palm Bay, Fl 32905 407-373-8801 afkinfo@angelsforkidsoncall.com https://www.angelsforkidsoncall.net/

BREVARD Connects



Parents Helping Parents

PARENT STRESS LINE 24/7 1-800-632-8188

https://www.parentshelpingparents.org/

PARENT STRESS LINE 24/7 Confidential and Anonymous 1-800-632-8188

The Parent Stress Line is a toll-free, confidential helpline for parents who need to discuss issues related to their children. Trained volunteer counselors answer the Parental Stress Line and offer support, empathy, encouragement, information, referrals, and crisis intervention.

Parents or guardians with problems relating to their children do not hesitate to call us. We offer support to anyone seeking it no matter how big or small. We offer a translation service.

Informal Social Parenting Group Mon 6:30-7:30pm EST (Open)

We'll check in with each other, show support, share survival tips, talk about important topics, and have a laugh during this stressful, new-normal world we are living in. Kids crying in the background or making silly faces in the camera are welcome! Pajamas encouraged! <u>Register</u>

Parenting Group for Parents working with Department of Children and Family Services I (DCF) Thu Noon-1pm EST (Full)

This online parenting support group is for parents that are working with the Department of Children and Family Services. Meet and speak with other parents that are working through their action plans in hopes for reunification with their children. Certificates and letters of attendance awarded after attending 8 weeks of classes. **Register**

Parenting Group for Parents working with Department of Children and Family Services II (DCF) Fri 7pm-8pm EST (Open)

This online parenting support group is for parents that are working with the Department of Children and Family Services. Meet and speak with other parents that are working through their action plans in hopes for reunification with their children. Certificates and letters of attendance awarded after attending 8 weeks of classes. <u>Register</u>

VIRTUAL PARENT SUPPORT GROUPS https://www.parentshelpingparents.org/virtual-support-groups

A Parent Support Group is a place where you can come to talk about your experiences and gain feedback without being judged or criticized. The group can help you to develop positive parenting solutions in a respectful environment. If you yearn for help and support to improve relationships with your children, a Parent Support Group might be the place for you.

Our groups are for parents looking for support. We provide a safe space for parents, therefore we do not allow observers in our groups.

VIEW OUR UPCOMING GROUP SCHEDULE https://www.parentshelpingparents.org/schedule

Lunch and Learn Online Parenting Group Fri Noon-1pm EST (Open)

Parenting is the hardest job in the world. At times the challenges and struggles get overwhelming and creates a lot of stress and frustration for parents. Do you need to get some feedback to your questions? Do you need help with steps to take to reduce stress so you can parent better? Take your lunch and come and join our community. <u>Register</u>

Single Parents Support Group Wed 7pm-8pm EST (Open: Start Date 4/14)

This group is for parents that are parenting a child on their own. Speak with other parents that share the challenges that most single parents have and get advice, feedback and discover resources to help you manage this challenging parenting role. **Register**

Parenting children under 12 with mental health challenges Taking pre-registrations for this group; start date TBD

Parenting a child with mental health challenges during these stressful times often feels impossible. This online group is for anyone who is raising a child under the age of 12 that has a mental health diagnosis and is looking to connect with other parents that share similar struggles. <u>Register</u>

Parenting Teenagers Support Group Fri Noon-1:00pm EST (Open)

This parenting group is for parents of children between the ages of 13-18 who are struggling with challenges that this age group brings to parenting. Connect with other parents that share your frustrations and get the support and feedback you need to help yourself and your children manage this challenging time in both of your lives. <u>Register</u>

Online Support Group for Parents with Teens with Special Needs Wed 11:00-Noon EST (Open)

Parenting during a pandemic is hard. Parenting a teen with special needs during these stressful times often feels impossible. This online group is for anyone who is raising a teenager who has special needs, whether those needs are behavioral, emotional, learning, physical, or medical. **Register**

Meetup Monday Parenting Connection Mon 6:00-7:00pm EST (Open)

You just finished dinner, got the kids settled with their homework and you feel physically and emotionally drained. What a Monday! At times, the challenges and struggles get overwhelming and creates a lot of stress and frustration for parents so why not finish your Monday on a positive note and connect with other parents to see that you are not alone. **Register**

BREVARD CONNECTS

National Alliance on Mental Illness Brevard County

http://spacecoast.nami.org/ • 1770 Cedar St, Rockledge • (321) 508-6264

FREE CLASSES AND SUPPORT GROUPS



The support groups and classes listed below list the ones accessible to Brevard residence either in-person or online and include the links to access them.

Orida To find more information on Support Groups, Classes, MI Florida and Presentations offered visit : <u>http://bitly.ws/cSNk</u>

NAMI Family-To-Family Class

8-week education class for family, friends and caregivers of people with mental health conditions. NAMI Family-To-Family will be available in Brevard County, in-person. Click link to view flyer with dates, times. http://bitly.ws/cQoC

NAMI Connection Peer Recovery Support Group

Virtual Peer-led support group for adults 18 and older living with mental health conditions. Click link to view flyer with dates, times, and zoom link. http://bitly.ws/cQor

NAMI Family Support Group

Support group for family, friends and caregivers of people with mental health conditions. Click link to view flyer with dates, times, and zoom link. http://bitly.ws/cQox

NAMI Basics Class: http://bitly.ws/cShs

6-session education program for parents, caregivers and other family who provide care for youth (ages 22 and younger) who are experiencing mental health symptoms. NAMI Basics is available online through <u>NAMI Basics</u> <u>OnDemand</u>: <u>https://basics.nami.org</u>

NAMI Peer-to-Peer:

8-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery. This is available online through NAMI affiliates from other counties. To find an online class click <u>HERE</u>: <u>http://bitly.ws/cSie</u>

NAMI Homefront:

A 6-session program for families, caregivers and friends of military service members and veterans with mental health conditions. The course is designed specifically to help these families understand those challenges and improve their ability to support their service member or veteran. **To register for a class, click <u>HERE: http://bitly.ws/cSiB</u>**

NOTE: ADDITIONAL SUPPORT GROUPS

ANYONE can attend online support groups offered online from NAMI affiliates in other counties. <u>To view more classes and support groups for the state of Florida click HERE: http://bitly.ws/cSNx</u>

NAMI Information Help Line

(800) 950-NAMI (6264) An information and referral service which can be reached, Monday -Friday, 10am- 6pm, EST.

Crisis Text Line Text NAMI to 741-741

Connect with a trained crisis counselor to receive free, 24/7 crisis support via text message.

https://www.crisistextline.org/



See the person, not the illness.



COVID-19 Resource and Information Guide

INFORMACION Y RECURSOS

English: <u>http://bitly.ws/cS9a</u> Spanish: <u>http://bitly.ws/cS7d</u>

La Salud Mental En La Comunidad Latina

Los latinos tienen la misma incidencia de problemas de salud mental en comparación con el resto de la población. Sin embargo, las

inquietudes, experiencias y forma de entenderlas y tratarlas pueden ser distintas. Haga clic en el enlace a continuación para ver recursos e información sobre salud mental en la comunidad latina. <u>http://bitly.ws/cS6R</u>



BREVARD CONNECTS



Navigating A Mental Health Crisis

Like any other health crisis, it's important to address a mental health emergency quickly and effectively. This guide outlines what can contribute to a crisis, warning signs that a crisis is emerging, strategies to help de-escalate a crisis, available resources and so much more.

Click or follow link to download: (English): http://bitly.ws/cRTj



La guía resalta lo que puede contribuir a una crisis, los singos que alertan que una crisis está por ocurrir, las estrategias para ayudar a reducir la intensidad de una crisis y los

recursos que pueden estar disponibles para las personas afectadas.

Click or follow link to download: (Spanish): http://bitly.ws/cRTp

Starting The Conversation



This guide offers both parents and students the opportunity to learn more about how stress of college impacts mental health, making it difficult to manage the daily demands of school, as well as what the privacy laws are and how mental health information can be shared. **Click or follow link to download:** http://bitly.ws/cTJh

NAMI Sharing Hope



NAMI Sharing Hope is an educational booklet for African American communities that provides mental health information designed to promote mental health awareness, explore signs and symptoms of mental health conditions and highlight how and where to find help. Click or follow link to download: http://bitly.ws/cSWP

NAMI Compartiendo Esperanza



NAMI Compartiendo Esperanza is an educational booklet for Latino communities that provides mental health information designed to promote mental health awareness, explore signs and symptoms of mental health conditions and highlight how and where to find help. Click or follow link to download: http://bitly.ws/cSW5



Circle of Care Guidebook

Circle of Care is designed to guide friends, family and neighbors who care for someone with a mental health condition. Fact sheets included are intended to assist these caregivers with finding help for the specific challenges identified in the On Pins and Needles study. Click or follow link to download: (English): http://bitly.ws/cTLh

Circle of Care está diseñado para guiar a los amigos, familiares y vecinos que cuidan a alguien con una condición de salud mental. Las hojas informativas incluidas están destinadas a ayudar a encontrar ayuda para los desafíos específicos. **Click or follow link to download: <u>(Spanish): http://bitly.ws/cTLn</u>**

CARON'S EDUCATION PROGRAM caron FREE VIRTUAL SERVICES FOR STUDENTS & PARENTS

VIRTUAL SUPPORT FROM KINDERGARTEN THROUGH COLLEGE

In response to school closures in 2020, Caron's Education Program adapted our key programming to be successfully facilitated in a virtual platform. We are pleased to continue to offer interactive virtual services as part of our comprehensive menu of services.

About Caron's Education Program

Our Mission

The Education Program's mission is to provide comprehensive substance use education and supportive services along the full continuum of care, from prevention to recovery, for students, families and professionals using evidenceinformed and innovative strategies. Many of these programs and services have adapted to be successfully completed virtually.

Behavioral Health Assessments

For students in grades 5-12, these screenings are conducted using HIPAA compliant Telehealth services and aim to assess a student's needs and provide recommendations for support.

Psycho-educational Support Groups

- Project CONNECT® Youth Nicotine Cessation
- **Building Resiliency**
- Kids of Promise- for youth impacted by family addiction

Student Prevention Presentations

Customized prevention lessons or curriculums delivered to your students with live or pre-recorded content.

Professional and Parent Webinars

- PREP: Prevention Resources and Education for Parents/ Caregivers
- Current teen drug trends presentations
- Screening, Brief Intervention and Referral to Treatment
- Project CONNECT[™] Facilitation Training
- Building Resiliency in Youth

Caron's Digital Learning Program

Our Digital Learning Program is a comprehensive library of FREE courses centered on substance use disorder prevention, intervention, treatment, and recovery.

- For Teens- CONNECT 5: Find the NicoTEEN Free You!
- For Parents PREP: Prevention Resources and Education for Parents/ Caregivers
- For Professionals -
 - Vaping and Marijuana Trends Among Youth
 - .X The Impact of Substance Use Disorders on the Family
 - Screening, Brief Intervention and Referral to Treatment

For more information visit www.caron.org/digital-learning

WWW.CARON.ORG/SAP 800.678.2332 EXT. 6117

PREVENTION SERVICES FOR





As schools and other organizations continue to operate virtually, we have adapted our FREE signature programs to be available in interactive virtual platforms. Don't let distance prevent you or your students from receiving important healthrelated education!





continue to operate virtually, we have adapted our FREE signature programs to be available in interactive virtual platforms. Our virtual presentations for adults will prepare them to meet the behavioral health needs of the youth in their lives.

As schools and other organizations

Scan here to take the course:

BREVARD CONNECTS

SUMMER CAMPS 2021



Lots of summer camps that have been holding off on making a decision have started letting us know that camps are a "go" this year! Make sure to bookmark the link to our camp section as new camps are being added daily! www.fun4spacecoastkids.com/camps



Genesis Fencina Summer Camp Genesis Fencing Fencing Games • Sword Fights Perfect Intro to Fencing All equipment provided. 321-355-8079 https://genesisfencing.club/ ORTS **Brevard Youth SPORTS! REGISTER NOW Use Promo Code** FUN4SPRING" to Save \$15 Soccer Baseball **Basketball Volleyball** Flag Football

http://bitly.ws/cZFI



https://hartforhorses.org/lessons/

Summer 20 July 12 - August (8:30-3:30 Grades 5-12 ww.flprep.com/summe https://www.flprep.com/summer TENNIS Summer Camp June 7th - August 6th Ages 5-14 Racquet Club 4600 Tom Warriner Blvd 321-296-8182 http://bitly.ws/cZF6 CLICK HERE TO SIGN-UP FOR GRADES K-9 June 7 - Aug 6 http://bitly.ws/cZFQ

BREVARD Connects



Registered Kids Receive **2 FREE GAMES** Of Bowling Each Day Of The KBF Program All Summer Long!

Select bowling centers and schools around the country are participating in the first ever **Kids Bowl Free** program. This program is designed by bowling centers to give back to the community and provide a safe, secure, and fun way for kids to spend time this summer. Visit website to sign up and locate the bowling center near you. <u>https://www.kidsbowlfree.com/</u>

Children whose age does not exceed a limit by a participating bowling center are eligible to register for 2 free games each day of the KBF program, all summer long, courtesy of the participating bowling centers along with the schools and organizations.



In addition to their wonderful ALL summer camp program, <u>Victory Kid Sports</u> also hosts a Middle School Madness (MSM) camp July 12-16!! This is a full week of in town, and out of town fieldtrips as well as community service projects to keep your incoming 6th, 7th and 8th graders engaged and off your couch. Campers will play at the Aquapark in Orlando as well as Main Event on I-Drive. Campers will spend time locally in Melbourne bowling and they will spend a day at the beach. Breakfast, lunch, and snack are included, as well as all fieldtrip fees!! More details here: <u>https://bit.ly/3gyYIRH</u>

Space Coast Florida revard Nature Beaches Space

Brevard County offers many different family oriented recreational activities, Homeschool Activities, Activities for Seniors, and Afterschool Care for Free or at low cost. Visit their Calendar of

Events to see activities, dates, and times. http://www.brevardfl.gov/brevard-county-event-calendar#

Coastal Community Church of Port St. John will be hosting 4 camps for (rising)1st through (rising)6th graders during the month of June. The camps will be Monday through Friday from 9:00 am until noon each day. The cost will be \$25 for the sports camps and \$35 for the art camp.

June 7th--11th. --- Soccer Camp June 14th--18th ---Arts Camp June 21st--25th --- Basketball Camp June 28th--July 2nd ---Volleyball Camp



Click the link below to access the registration form. If you have any questions you can call the church office at 321-639-7346. <u>http://bitly.ws/d9Gi</u>



Eckerd Connects – Prevention and Family Services

News and Highlights

Eckerd Connects Family Support Services Success Story

SECOND CHANCE CHAMPIONS



Eckerd Connects Program: Family Support Services Sponsored By: State of Florida, Department of Children and Families, and Central Florida Cares Health System, Inc. Second Chance Champion: Chelsea Johnson

Most would agree that raising five children as a single mother is not for the faint of heart. When you combine that with losing everything you own in a house fire, as well as raising a child with cerebral palsy, well now, we are talking really tough times.

Meet Chelsea Johnson. On the night of March 14, 2019, around 10 p.m., her daughter heard a noise downstairs and went down to check on it. She found the first floor completely engulfed in smoke and fire. As everyone scrambled to get out of the house and then call 911, they watched their home, along with all their belongings, burn to the ground.

After a friend recommended Eckerd Connects, she reached out to them and connected with Brianna and then Claudia as her Eckerd Connects case manager. Through Eckerd Connects' Family Support Services, Chelsea received rental assistance, furniture, a welcome basket and even more help with getting into her new home. Even though she had completed the program in October of 2019, Claudia still checks in on Chelsea from time to time to provide community resources as needed.

Even though times have still been challenging, Chelsea is still moving forward and making great strides. Today, Chelsea, along with four of her daughters, are enrolled in school fulltime. She is living proof that you can overcome anything with determination and a little help from friends and community. She is a true testament of strength and courage. Way to go Chelsea!!



Family Support Services

Eckerd Connects' Family Support Services provides case management and financial assistance through rapid re-housing to children, families, and individuals who have an identified history of substance use and are currently experiencing homelessness or are at imminent risk of homelessness in Brevard County. Our rapid-rehousing program helps with move-in assistance, rental assistance and case management.

Supervised Family Visitation

Eckerd Connects' Supervised Family Visitation program provides short-term therapeutic and standard supervised visitation services to families that are court-ordered through dependency and family court. Parenting classes and additional private-pay supervised visitation services are also available.





LOCATION Eckerd Connects - Rockledge Office 4095 US Hwy 1, Unit A Rockledge, FL 32955



BECAUSE KIDS DON'T COME WITH INSTRUCTIONS

For the treatment and prevention of child abuse and neglect.

BECOME A MORE CONFIDENT PARENT

The evidenced-based Nurturing Parenting® Program builds protective factors in families that when present can increase the health and well-being of children and families.

THE GOALS OF NURTURING PARENTING® INCLUDE:

Increasing parents' sense of self-worth, personal empowerment, empathy, bonding, and attachment.
Increasing parents' knowledge of age-appropriate developmental expectations and disciplinary strategies.

8-week parent enrichment classes | 2-hour sessions | Individual & group classes available

Online virtual classes (must have access to technology/internet)



Group sessions: \$25/hr One-on-one sessions: \$50/hr

For more information please contact Talia Bryant or Diana Kundrotas at Eckerd Connects

(321-735-7249 | BrevardFamily@Eckerd.org | www.Eckerd.org/family-visitation



Services Offered In Brevard County

School-Based Prevention Programs

Our School-Based Prevention Counseling and School-Based Prevention Hi-Five programs have Prevention Specialists at schools providing classroom, group, and individual services with the goal of increasing protective factors against substance use. These Prevention programs utilize evidence-based curricula to focus on strengthbuilding and substance use prevention. Lessons are taught weekly, and sessions are designed for grades 3-6 and 6-12.

Raising Hope Program

The Room of Hope has clothing, hygiene kits, infant needs, school supplies and other essentials which are provided to families in transition as well as children who were recently placed in the foster care system.

No person shall, on the basis of race, color, religion, national origin, sex, age or disability be excluded from participation in, be denied the benefits of or be subjected to unlawful discrimination under any program or activity receiving or benefiting from federal financial assistance administered by Eckerd Connects. Foreign language and sign-language interpreters will be made available at no charge to the client. Eckerd Connects is a 501(c)(3) not-for-profit, equal opportunity employer. Eckerd Connects has provided the above resources as a convenience to the public. However, Eckerd Connects is not legally affiliated with the above agencies and organizations, nor involved with how they administer resources and services. You may contact the individual organization listed above for details on how they assist.

Visit us on the web at *ECKERD.ORG* and *BREVARDPREVENTION.ORG* Melbourne: (321) 253-0032 Rockledge: (321) 735-7249