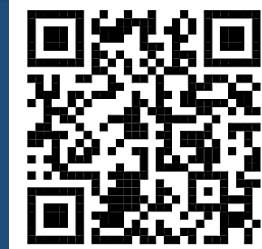


Brevard Community Resource Newsletter



Scan QR Code for past issues and prevention resources

For Daily Resource Updates and News:

Community Resource news, updates, events, and freebies that become available between newsletters will be posted daily to our Community Resource Facebook Group:

<https://www.facebook.com/groups/EckerdConnectsBrevardCommunityResources/>

If you have information you would like us to share in our newsletter, or if you would like to subscribe, please contact:

Elizabeth Fears
Community Outreach Specialist
Efears@eckerd.org

Feature Of The Month

JourneyPure Melbourne specializes in the treatment of opioid addiction, and dual diagnosis and offers treatment and support options through outpatient services.



At JourneyPure Melbourne, we offer Partial Hospitalization (PHP) and Intensive Outpatient Programs (IOP) treating dual diagnosis, mental health disorders, and addictions. Our programs serve a diverse population including active-duty military, veterans and first responders. Schedules can be individually customized to include mental health focused day groups, depending on a client's specific needs.

LEVELS OF CARE

Partial Hospitalization & Intensive Outpatient:

Partial Hospitalization (PHP) and Intensive Outpatient Programs (IOP) are for those who want or need a very structured treatment program but who also wish to live at home and continue with certain responsibilities (such as work or school). PHP is a more rigorous program, in which treatment is for 5 hours per day, 5 days per week. IOP is offered 3 hours per day, 3 days per week. The level of care is based on a clinical assessment of medical necessity by our highly trained clinical advisors.

Medically Assisted Detox:

Medical detox is done by licensed medical professionals who monitor vital signs and keep you safe, healthy, and as comfortable as possible as you go through detox and withdrawal.

Outpatient & Recovery Houses:

We have four recovery houses nearby our facility, for those who need housing throughout treatment. Sober Living Houses (SLHs), are safe, substance-free, supportive living facilities for those recovering from substance abuse.

During & Aftercare Support:

Our curriculum aims at ways to build coping, calming, and self-efficacy skills using psycho-educational therapy. Our classes cover many topics including, but not limited to, mindfulness, trauma, cognitive behavioral therapy, ancillary services, and dialectical behavioral therapy. Relapse prevention and recovery topics are held during our evening groups. We have also incorporated the use of a JourneyPure Sobriety Coach and mobile application to help you track and meet your treatment goals while offering structure and motivational incentives during your time with us and after you've successfully completed the program. Completing a drug or alcohol rehab program shouldn't spell the end of substance abuse treatment.

CLINICAL SERVICES

Cognitive Behavioral Therapy:

Cognitive Behavioral Therapy (CBT) is a therapy modality that focuses on the relationship between one's thoughts, feelings, and behaviors. It is used to establish and allow for healthy responses to thoughts and feelings (instead of unhealthy responses, like using drugs or alcohol).

Dialectical Behavior Therapy:

Dialectical Behavior Therapy (DBT) is designed to help people understand and ultimately affect the relationship between their thoughts, feelings, and behaviors. DBT is often used for individuals who struggle with self-harm behaviors, such as self-mutilation (cutting) and suicidal thoughts, urges, or attempts.

Group Therapy:

Group therapy is any therapeutic work that happens in a group. There are a number of different group therapy modalities, including support groups, experiential therapy, psycho-education, and more.

Individual Therapy:

In individual therapy, a patient meets one-on-one with a trained psychologist or counselor. Therapy is a pivotal part of effective substance abuse treatment, as it often covers root causes of addiction, including challenges faced by the patient in their social, family, and work/school life.

If you can't come to us, our program has now gone virtual, so we can bring sobriety and mental health and wellness to you. If you are interested in learning more about our programs and the insurances that we accept, please give us a call.



The **CARES Act TOKENS** at the Farmers Markets will **END** on **Saturday, December 19th at 2pm.**

December 19th is the last day they will be **GIVEN OUT** and **MUST BE USED.**

Last Week For Market Tokens

Thursday 17th:

Wickham Park Pavilion, 3-6pm

Friday 18th:

Titusville across from Visitors Center, US 1, 3-6pm

Saturday 19th:

Paddling Paradise, US1 Palm Bay
10am - 2pm.

BPS Summer Food Service Program Has NOW Been Extended to June 30, 2021

FREE Breakfast & Lunch to ALL children



The United States Department of Agriculture has issued an updated meal flexibility waiver to extend the Summer Food Service Program (SFSP) through June 30, 2021. This flexibility allows Brevard Public Schools (BPS) to offer meals at no charge to all children ages 18 and younger.

BPS encourages all families to STILL COMPLETE a Free and Reduced Priced meal application for the 2020-21 school year, as qualifying applications generate educational funding for all of our schools.

In addition, students with an approved application may be eligible for other benefits beyond free and reduced priced meals.

Free and Reduced Priced Meal Applications may be completed online at:

www.brevardschools.org/page/3473

Follow Link For More Details: <http://bitly.ws/aNFQ>



Fresh Access Bucks have extended their SNAP/EBT match until April 2021!

That means for every dollar you pull off your SNAP/EBT card to spend at the Market, you will get a matching dollar to spend on Florida Grown Produce! It's like getting your produce for free!

There will be NO MARKETS on December 24th-26th or December 31st and January 1st. Make sure to stock up now!

HOLIDAY MEALS, DINNERS & FOOD

There are several places to turn to for free Holiday dinners, meals and food such as, charities, churches, soup kitchens, and even restaurants may serve a meal to a low-income family or families in need.

Food Pantry Locator:

<https://www.feedingamerica.org/>

As we approach the holidays, churches and charities will begin announcing their food giveaway dates. There are two great Facebook groups that find these announcements and post them centrally on their Facebook group pages. Sometimes these dates and announcements aren't revealed until days before, but these group pages post them ASAP. These groups not only post food resources but holiday gift resources too. To join the groups, visit the following links and request to join:

Eckerd Connects Brevard Community Resource Facebook Group:
<https://www.facebook.com/groups/EckerdConnectsBrevardCommunityResources/>

Coronavirus Mutual Aid Network of Brevard County, FL Facebook Group:

<https://www.facebook.com/groups/mutualaidbrevard/>



CHRISTMAS FOOD & PANTRY:

Monday December 21st

From 6PM-8PM

June Park Fellowship

• Offers Turkey or Ham (1 per family)

• Food Pantry will be Open

3475 Miami St., West Melbourne, FL

CHRISTMAS DINNER:

Saturday December 19th

Opens @ 12:30pm | Dinner Served @ 1PM

For Disabled Veterans & Those In Need

Offers Turkey, Boston Butt with sides and desserts. Facility is also a Cold Night Shelter.

435 N. Singleton Ave., Titusville, FL

FREE TURKEY GIVEAWAY!

Saturday December 19th

First Come, First Served at 10AM

Faith Temple Christian Center

836 Ferndale Ave, Rockledge FL | (321) 631-8700

CHRISTMAS DINNER & CLOTHING GIVEAWAY:

Tuesday December 22nd

From 2PM-6PM

Christ Over Crisis and Pebbles Catering & Event Design offering Free Community Christmas Dinner and a Clothing Giveaway event.

1046 Dixon Blvd. Cocoa, FL 32922 | (321) 863-7919

●Mon ●Tue ●Wed ●Thurs ●Fri ●Sat

- **Salvation Army Pantry**
1080 S. Hickory Street, Melbourne
[Mon-Thurs 9am-4pm](#)
- **St. Josephs St. Vincent De Paul**
2824 Palm Bay Road, Palm Bay
[Mon-Thurs 9:30am-12pm](#)
[one bag per family](#)
[32905 and 32907 only](#)
- **Project Response, Inc.**
745 South Apollo Blvd. Melbourne
[Mon-Fri 8:30am-5pm](#)
[call 321.724.1177 first](#)
- **Ascension Catholic Church Social**
1238 Aurora Road, Melbourne
[Mon-Fri 9am-11am](#)
- **Central Brevard Sharing Center**
113 Aurora Street, Cocoa
[Monday - Friday](#)
[9:30 am-Noon & 1pm-3pm](#)
- **Holy Name of Jesus/ St. Vincent De Paul Society**
3050 Hwy. A1A, Indialantic
[Mon, Tues, Thurs, Fri, Sat 9-11](#)
[Beachside residents only - Pineda Causeway](#)
[South to Indian River](#)
- **St. Vincent De Paul Society**
130 Cleveland Avenue, Unit C
Cocoa Beach
[Mon, Wed, & Fri 9:30am - 1pm](#)
[Cocoa Beach, Cape Canaveral residents only](#)
- **N. Brevard Charities and Sharing Center**
4475 S Hopkins Avenue, Titusville
[Mon, Tues, Thurs, & Fri 11am-2pm](#)
- **St. Vincent De Paul Divine Mercy**
1940 North Courtenay Pkwy.
Merritt Island
[Mon, Wed, Fri 10am-12 pm](#)
- **St. Vincent de Paul, Our Lady of Grace**
300 Malabar Rd, Palm Bay
[Tues, Wed, Thurs 9am-11:30](#)
[Photo ID w/ current address required](#)
[Must live west and south of Emerson.](#)
- First Baptist Church Pt. St. John**
3900 Fay Blvd. Port St. John
[Mon & Wed 10am-1](#)
- Church of Jesus Christ of Latter-Day Saints**
3000 South Street, Titusville
[Wednesday & Friday at 11:30am](#)
- Church of Christ Oceanside**
104 NE 3rd Street, Satellite Beach
[Wed 2pm-4pm & Sat 9am-11am](#)
- South Brevard Sharing Center**
17 E Hibiscus, Melbourne 32907
[Tues 1 - 5 & Thurs 9 - 1](#)
- East Coast Christian Center**
670 N. Courtenay Pkwy. Suite 9
Merritt Island
[Tues 9-11am & Thurs 9-11am](#)

- Eau Gallie First Baptist Church**
1501 W. Eau Gallie Blvd. Melbourne
[Tues 10-2 & Thurs 10-12](#)
- River Run Christian Church**
1660 Croton Road, Melbourne
[Tues 11:30am & Thurs 11:30 am](#)
- Centerpointe Food Pantry**
871 Coply Street SE, Palm bay
[Mon 9am-12pm](#)
- Hands For Healing**
1021 Emerson Dr. NE, Palm Bay
[Mon 3pm or call ahead](#)
- First United Methodist Church**
110 E. New Haven Ave. Melbourne
[Monday at 2 pm](#)
- Eastwind Pentecostal**
1021 Emerson Drive N.E. Palm bay
[Mondays starting at 2 pm](#)
- Grace Fellowship of Brevard**
3420 Murrell Road, Rockledge
[Mon 9am-10:30am](#)
- Melbourne Church of Christ**
810 Hollywood Blvd, West Melbourne
[Tues 8:30am-1pm](#)
- Faith Fellowship Church**
2820 Business Center Blvd.
Melbourne 32940
[Tues 5pm-6:30pm](#)
- Melbourne SDA Church**
210 w. New Haven Ave. Melbourne
[2nd Tues 4pm-5:30pm](#)
- Mims United Methodist Church**
3302 Green St, Mims
[2nd and 4th Tues 10 am-12 p](#)
- First Baptist Church of Titusville**
303 Main Street, Titusville
[1st & 3rd Tues 9am-12](#)
- No One Hungry / Julia St.**
428 Julia St. Titusville
[Tues 10am-12pm](#)
- God's Pantry**
2220 Port Malabar Blvd. NE
Palm Bay
[Wed 1pm-3pm](#)
- Living Word Christian Center**
302 Main St., Cocoa 32922
[Wednesday at 3pm](#)
- Islamic Society of Brevard**
500 E. Florida Ave. Melbourne
[Wednesday at 2 pm](#)
- Shiloh Christian Center**
3900 Sarno Rd. Melbourne
[Wednesday at 1 pm](#)
- Helping Hands Alliance**
344 Emerson Dr. NW Palm bay
[Thurs 9-12:30](#)

- Christ Lutheran Church**
7511 N. Atlantic Ave.
Cape Canaveral
[2nd Thurs 9:30-12](#)
- First Baptist Church of Malabar**
1665 Malabar Road, Malabar
[1st & 3rd Thurs 10-12](#)
- Mosaic Palm Bay**
2100 Port Malabar NE, Palm Bay
[Thursday 2 pm](#)
- Advent Lutheran Church Food Bank**
7550 N. Wickham Road, Melbourne
[Thurs 5:30-6:30](#)
- Mount Moriah Missionary Baptist Ch.**
2295 dr. Harvey Riley St. NE Palm Bay
[Thurs noon \(until food is gone\)](#)
- The St Pauls UMC**
1591 Highland Ave. Melbourne
[Thurs 3pm-4pm](#)
- Grace United Methodist Church**
65 Needle Blvd. Merritt Island
[Thurs 9am-12](#)
- Bethany Chapel, Garden Apts**
4000 N. Riverside Drive
Satellite Beach
[3rd Thurs 9:30-11:30](#)
- Brevard Adventist Community Services**
5005 Barna Ave, Titusville
[2nd Thurs 1-4pm](#)
- Impact Center "New Life"**
6755 Washington Avenue
Titusville
[Thurs 11am-1pm](#)
- Parker Memorial Baptist**
4101 Mobile Ave. Cocoa W.
[Fri 3pm \(while supplies last\)](#)
- Zion Orthodox Primitive Baptist Church**
715 South Fiske Blvd, Rockledge
[Friday at 3 pm](#)
- Mount Tabor Primitive Baptist Church**
333 Lucas Road Merritt Island
[Fri 3pm till food is gone](#)
- Bethel Abundant Life Ministries**
1081 Port Malabar Blvd. N.E. Palm Bay
[1st & 3rd Saturday 12-2](#)
- Lockmar Baptist Church**
700 Emerson Drive NE , Palm Bay
[Sat 9am-12](#)
- United Church of God of Deliverance**
1755 Craig Avenue, Titusville
[3rd Sat 11am-1pm](#)
- Lutheran Church of the Resurrections**
525 Minutemen Causeway, Cocoa Beach
[Saturday 10:00 a.m. to Noon](#)
- Overcomer Church Of God of Prophecy**
4350 Aurora Road, Melbourne
[Every Other Sat 9am-12pm](#)

Holiday Survival Tool Kit

MyFloridaMyFamily has partnered with AuntBertha to develop an online platform that is providing counties with a comprehensive directory of local resources that will help strengthen families.

Search by zip code below to locate resources near you:

<https://www.myfloridamyfamily.com/>

TAKING CARE OF YOUR MENTAL HEALTH DURING THE SOCIALLY DISTANCED HOLIDAYS

With winter approaching and a global pandemic still upon us, we are all faced with needing to continue practicing safe social distancing during the holidays. Considering the year everyone has had away from family, along with financial hardships, this holiday season will be particularly stressful and tough on our mental health. Below are some helpful resources for recognizing and managing the stressors of this holiday season. You will also find, to the right, Crisis hotline numbers and Emergency 24/7 free and low-cost counseling services.

Remember, stress side effects can look different for everyone, especially for children so it's important to take care of yourself, but also talk with your family to help them prepare and process what this holiday season will look like.

• 4 MINDFUL TIPS TO DE-STRESS THIS HOLIDAY SEASON

<https://www.hopkinsmedicine.org/health/wellness-and-prevention/4-mindful-tips-to-destress-this-holiday-season>

• TAKING CARE OF YOUR MENTAL HEALTH DURING THE SOCIALLY DISTANCED HOLIDAYS

<https://www.reidhealth.org/blog/taking-care-of-your-mental-health-during-the-socially-distanced-holidays>

• SURVIVING PAINFUL HOLIDAY EMOTIONS

<https://www.nami.org/blogs/nami-blog/november-2020/surviving-painful-holiday-emotions>

HELPING KIDS COPE WITH THE HOLIDAYS DURING A PANDEMIC & THE START OF NEW FAMILY TRADITIONS

This year has been difficult to say the least. With the holidays approaching – and the challenges and uncertainty of the coronavirus pandemic still ongoing – you may be wondering how to help your child cope with the disappointment of things being different this year. Below are some helpful links to help prepare kids for a very different holiday season this year:

• HOW TO HELP KIDS HANDLE HOLIDAY DISAPPOINTMENT DURING COVID-19

<https://www.connecticutchildrens.org/coronavirus/how-to-help-kids-handle-holiday-disappointment-during-covid-19/>

• 30 MEMORY MAKING FAMILY CHRISTMAS TRADITIONS TO START IN 2020

<https://mommyonpurpose.com/memory-making-christmas-traditions/>

• PREPARING YOUR KIDS FOR THE HOLIDAYS DURING COVID-19

<https://discoveries.childrenshospital.org/holidays-during-covid-19/>

• THE HOLIDAYS WILL BE DIFFERENT THIS YEAR — HERE'S WHAT TO SAY TO KIDS

<https://www.today.com/parents/talking-kids-about-how-2020-holidays-will-be-different-t199125>

Happy Childhood Memories & Brain Development

Happy childhood memories are essential to a child's developing brain...

One might expect childhood memories to matter less and less over time, but these memories still predicted better physical and mental health when people were in middle age and older adulthood.

This year may be particularly stressful for parents due to financial hardships. Although this year may not be perfect but we can still take advantage of this time by making more memories with them. If you look back on your own childhood, you may notice that the memories you had with your parents are the things you remember and not the actual gifts you got. Family time together are the moments that mean everything to a child, making them feel safe, secure and loved. And when kids feel like that, they thrive, enabling them to become happy, healthy adults. The best part is that you don't need a lot of money to make happy memories with your kids.

This year start new family traditions like making cookies from scratch, having family movie nights or game nights. You can also make home made Christmas ornaments and decorations or even homemade gifts for family members with you kids. **See links above for ideas.**

• THE HEALTH BENEFITS OF A HAPPY CHILDHOOD

<https://www.normanregional.com/blog/the-health-benefits-of-a-happy-childhood>

• CHRISTMAS CRAFTS FOR KIDS

<https://www.personalcreations.com/blog/christmas-crafts-for-kids>

• 100 DIY DOLLAR TREE CHRISTMAS GIFT CRAFTS

<https://www.prdentpennypincher.com/dollar-store-diy-christmas-gifts/>

MENTAL HEALTH, EMERGENCY HOTLINES & SERVICES:

- **Mobile Response Team:** 321-213-0315
Offers 24/7 crisis intervention and brief counseling for children and families.
 - **Family Support Warm Line:** 1-888-733-6303
Free 24/7 Emergency Counseling Hotline. Call or Text available.
 - **The U.S. Department of Health & Human Services:**
Offers an available 24/7 text line. Users can text TalkWithUs to 66746 for text-based support
 - **Veterans Crisis Hotline:** 800-273-8255
Connects veterans in crisis and their families with qualified responders.
 - **Optum Public Crisis Line:** 866-342-6892
Emotional Support Help Line that is available to anyone, even if they are not a UMR or United Healthcare plan member. Available free of charge.
 - **Disaster Distress Hotline:** 800-985-5990
Offers help dealing with the stress of COVID-19
 - **Impower Free Mental Health Counseling:**
321-639-1224 Opt. 2
(Mental Health & Substance Abuse Counseling, Case Management and Medication Management)
 - Can offer low-cost mental health services.
 - If you have been impacted by COVID 19, Impower can offer FREE mental Health services through telehealth to adults and children.
 - **Coastal Psychiatric Urgent Care:** 321-586-5444
(Urgent/Same Day Mental Health & Substance Abuse Counseling, Case Management and Medication Management)
 - Sliding scale payments to those who qualify
 - Serves individuals aged 4 & up
 - Accepts out of pocket payments
- ### Domestic Violence Crisis Lines & Shelters:
- **Serene Harbor:** 321-726-8282 (Call or Text)
 - **Women's Center:** 321-607-6809
 - **Salvation Army:** (Call) 321- 631-2764 OR (Text) 321-450-4325

COLD NIGHT SHELTERS AND RESOURCES

- **Sharing Center of Central Brevard:**
321-631-0306 • 113 Aurora St. Cocoa
Cold Night shelter opens at 6pm for persons experiencing homelessness in the following areas: Cocoa, Cocoa beach, Cape Canaveral, Merritt Island, Rockledge, and Sharps
- **His Place Ministries:**
321-674-9009 • 1842 S. Harbor City Blvd. Melbourne
Cold Night Shelter opens at 8pm-7am
- **Mosaic Palm Bay:**
321-821-4067 • 2100 Port Malabar Blvd. N.E Palm Bay
When temperatures are forecasted for 45 degrees and below, a cold night shelter is open from 6pm-7am.
- **Tomoka Christian Church:**
344 Emerson Dr. NW Palm Bay
Anyone in need can get hot chili and coffee, as well as a blanket, coat, and bus pass between 4-6 PM when temperatures will be 45 degrees and below.

Winter Break

HOLIDAY EVENTS

There are many things to do for this Holiday break with your family. Try new things this year and make new family traditions.

Check out the two links below from **my area network** and **Macaroni Kid South Brevard** for events going on in Brevard.

myarea
network

<https://www.321area.com/christmas/>

Macaroni Kid
SOUTH BREVARD

<https://melbourne.macaronikid.com/articles/5dcc4ee634351a2f06367eea/christmas-and-holiday-events-in-south-brevard>

Santa's Winter Wonderland Workshop

Open Friday, December 18th

12pm to 7pm

Cape Canaveral 166 Center Street, ground floor #109.

Masks required

FREE gifts and toys for girls 'n boys! FREE Gently used clothing from infant to plus size. FREE Holiday Trees & Decor plus more all at Consider Lilies of the Field. Clothing, shoes and household necessities are always FREE to anyone in need.

Kids can pick out a FREE gift for Mom while she shops!

KRIS KRINGLE MARKET!!

ARTISTS, CRAFTERS, & BUSINESSES!

MELBOURNE AUDITORIUM

625 E.HIBISCUS BLVD, MELBOURNE FL 32901

THURSDAY 12/17/20 - 11:00am to 6:00pm

FRIDAY 12/18/20 - Noon- 8:00pm

SATURDAY 12/19/20 - 9am-6:00pm

SUNDAY 12/20/20 - 10am-5pm



- Free Admission! Live music! Face painting!
- 100 free filled totes handed out each day!
- Stage Performances by Melbourne Dance Studio!
- Free make-n-take ornaments for kids!
- Free train rides for kids on Saturday 11am-3pm!
- Character Photos for kids!
- Photos with Santa on Friday 4pm-7pm!
- Photos with Santa on Saturday 11am-4pm!
- Food – Beer – Wine available!

Winter Break Camps

• Brevard County Parks & Recreation Department:

Winter break starts next week, and we have winter break camps throughout the county!

• **December 21-24 and 28-31, 7:30 am - 5:30 pm**

• Camp is for children in Kindergarten - 6th grade

• Cost is \$72 for the week or \$30 for the day

• Discounts available to those who qualify.

Register online at <https://registration.brevardfl.gov>

COCOA BEACH HOLIDAY CAMP

Held at the Cocoa Beach Recreation Center 321 Ramp Road

CRAFTS

December
21, 22, 23, 28 - 31

FUN

GAMES

Kids 5—14 years old

SPORTS

9am—4pm \$150 Residents & \$160 Non Residents

7am - 4pm \$210 Residents & \$220 Non Residents

8am — 4pm or 9am — 5pm Residents \$180.00 Non Residents \$190.00

7am - 5:30pm \$225.00 Residents \$235.00 Non Residents

Daily Rate \$30.00 Residents \$35.00 Non Residents

SPACE IS LIMITED!

Register Now!
321-868-3274

Cocoa Beach Recreation Center runs completely in compliance with CDC guidelines.
Safety is our number one priority

Just for Kids

Winter Wonderland

Dec 19
12-4 pm

Picture with Santa!
Games - Snow - Prizes

Hot Chocolate available

1149 Lake Dr; Cocoa
www.justforkidscocoa.com

Made with PosterMyWall.com

Program Ends December 18

Cares Act Grants Still Available For Businesses & Nonprofits

Brevard County Small Businesses/Nonprofits Economic Relief Grant Program Ends December 18th

Updated: Friday, December 11, 2020 1:39 PM

BREVARD COUNTY, FL. – Grants of up to \$10,000 are still available through Brevard County Government for small businesses and nonprofit organizations that were financially impacted by the COVID-19 public health emergency **UNTIL Friday December 18th**. **These are grants, not loans, and do not have to be paid back.**

To be eligible through the Small Business and Nonprofit Economic Relief Program, the small business:

- Must be physically located in Brevard County and in operation as of January 1, 2020.
- Must have had 50 or fewer employees
- Must have been negatively impacted financially by the COVID-19 public health emergency
- Must be enrolled in the U.S. Department of Homeland Security E-Verify program
- Applicant's revenue losses or expenses utilized to establish program eligibility and grant amount must not have been reimbursed through the Paycheck Protection Program (PPP), Economic Injury Disaster Loan (EIDL), Small Business Administration (SBA) Debt Relief Program or other similar federal and state programs. Having received those funds or loans, however, does not disqualify you from receiving grant funds to offset other losses.

Nonprofits that are eligible must be a 501(c)(3), 501(c)(6) or a 501(c)(19) as designated by Internal Revenue Code.

Applications are available through Friday Dec. 18th at:

www.brevardfl.gov/BrevardCARES

For more information, call 321-350-9194 between the hours of 8AM and 5PM

Resource Links:

- **Business Resource FAQ's:** <http://bitly.ws/axxp>
- **(Español) Business Resource FAQ's:** <http://bitly.ws/axxr>
- **COVID-19 Business Resource:** <http://bitly.ws/axxs>
- **Short Time Compensation:** <http://bitly.ws/axxt>
- **(Español) Short Time Compensation:** <http://bitly.ws/axxu>



FREE PERSONAL PROTECTION EQUIPMENT

Brevard County will Distribute Free Personal Protection Equipment to Small Businesses, Restaurants on December 22nd

BREVARD COUNTY, FLORIDA – Brevard County Government will distribute free Personal Protection Equipment to small businesses, retailers and restaurants on Tuesday, Dec. 22, at the Emergency Operations Center in Rockledge.

Distribution is from 10 a.m. to 1 p.m. at the EOC located at 1746 Cedar Street in Rockledge.

To receive a PPE kit, a license, business card or document that displays the business name and address must be presented. Businesses are eligible to receive up to two kits.

PPE kits provided by the County contain 200 procedure masks, 25 reusable cloth masks, 2 boxes of gloves and 2 bottles of hand sanitizer. Small businesses, retailers and restaurants that have collected free PPE from the County during previous distributions are still eligible for PPE.

The PPE kit distribution was approved by the Board of County Commissioners to support small businesses, retailers and restaurants with supplies to sustain operations during the ongoing COVID-19 public health emergency.

Brevard City's Rental & Utility Assistance

Brevard County Coronavirus Assistance Program:

The Brevard county housing and human services is no longer accepting emergency relief applications for rent mortgage or utilities due to covid-19.

Assistance for Cocoa Residents:

Rent / Utilities / Mortgage

The City of Cocoa is accepting applications for rental and mortgage assistance and water bill payment assistance.

- **Deadline is Dec. 20 or when funds are expended.**

• Electronic applications and instructions are available at:

<https://www.cocoafl.org/1580/Coronavirus-Relief-Fund-CRF>

• Hard copy applications, available at City Hall, 65 Stone St., may be returned to the lobby, where they will be picked up at 4pm weekdays. They may be emailed to crf@cocoafl.org

• Additional documents will be required to be mailed or dropped off. Incomplete applications will not be processed. For information, call 321-433-8520.

Assistance for Melbourne Residents:

Rent / Utilities / Mortgage

The City of Melbourne has stopped taking new applications for the Coronavirus Relief Funds Emergency Rental, Mortgage and Utilities Assistance Program AND the Coronavirus Relief Funds CARES Emergency Housing Repair Program on Friday, December 11, at 4:30 p.m.

These programs were closed to allow staff time to process new applications, pay bills for new and existing program participants, close out the Coronavirus Relief Fund files, and finish the housing improvements needed on the program applicants' homes by the December 30 CRF CARES Act deadline.

OTHER ASSISTANCE PROGRAMS FOR MELBOURNE RESIDENTS:

Melbourne offers other housing assistance programs such as; The Homeowner Housing Rehabilitation Program, Homeowner Housing Reconstruction Assistance Program, The Purchase Assistance Program, Tenant Based Rental Assistance Program, The Neighborhood Stabilization Program 3 (NSP3), and finally the Rental Development Program. For information on these programs please visit:

<https://www.melbourneflorida.org/departments/community-development/housing-urban-improvement/housing-programs>

New applications for the Community Development Block Grant (CDBG)-CV Funds for the Rental, Mortgage and Utilities Assistance Program will start on Tuesday, January 5, 2021.

Assistance for Titusville Residents:

Rent / Utilities / Mortgage / Deposits

The City of Titusville and the Brevard county housing and human services is no longer accepting emergency relief applications.

Assistance for Palm Bay Residents:

Rent / Utilities / Mortgage / Deposits

The City of Palm Bay Housing and Community Development Division has stopped taking new applications for the Coronavirus Relief Funds Emergency Rental, Mortgage and Utilities Assistance as of 3pm on Friday, December 4, 2020.

For questions, please call (321) 726-5616.

OTHER ASSISTANCE PROGRAMS FOR PALM BAY RESIDENTS:

The City of Palm Bay offers several grants and loan programs that benefit very low to moderate income residents of Palm Bay by administering the Community Development Block Grant (CDBG), HOME Investment Partnership and the State Housing Initiative Partnership (SHIP) programs. The grant and loan programs offered benefit low to moderate-income residents of Palm Bay.

For further information contact (321) 726-5633 or email HCDinfo@pbfl.org. You can also visit: <https://www.palmbayflorida.org/government/city-departments-f-to-z/housing-programs/programs>



Re-Employment Assistance Programs

Florida Department of Economic Opportunity Reemployment Assistance Information

For more information, including valuable resources for employers and job seekers, please visit: <https://floridajobs.org/> or for (Español): <https://floridajobs.org/espanol>

Governor Ron DeSantis has directed DEO to continue waiving the work search and work registration requirements for claimants. These requirements will continue to be **waived through January 2, 2021**.

Additionally, the waiting week requirement will continue to be waived **through December 26, 2020**.

For additional information about reemployment assistance benefits AND Job Openings visit: www.FloridaJobs.org/COVID-19

Extended Benefits:

Due to the increase in the Florida unemployment rate in early 2020, Extended Benefits was triggered for the first time since 2009. Extended Benefits is a federal program implemented by the state. Extended Benefits authorizes up to an additional six weeks of benefits to eligible individuals who have exhausted Reemployment Assistance benefits during periods of high unemployment.

EXTENDED BENEFITS UPDATES:

- The Department has been notified by the U.S. Department of Labor that due to a 13-week average decrease in new individuals continuing to claim Reemployment Assistance benefits in Florida, Extended Benefits will end on November 7. **This means that only individuals who have exhausted their Pandemic Emergency Unemployment Compensation benefits between June 7, 2020, and November 7, 2020, may be eligible for the six weeks of Extended Benefits when the application is available in the CONNECT system.**
- **Guide for completing your extended benefits application:** Click [HERE](http://bitly.ws/aPqQ) or visit: <http://bitly.ws/aPqQ>
- **Extended Benefits FAQ's:** Click [HERE](http://bitly.ws/aPqT) or visit: <http://bitly.ws/aPqT>
- Individuals who have exhausted their Pandemic Emergency Unemployment Compensation benefits after November 7, 2020, will not be eligible for Extended Benefits. They will however receive the opportunity to apply for Pandemic Unemployment Assistance. Individuals should review the application for Pandemic Unemployment Assistance and may apply to determine if they are eligible.
- In the meantime, Floridians who have exhausted their Pandemic Emergency Unemployment Compensation benefits and may be eligible for Extended Benefits will receive the opportunity to apply for Pandemic Unemployment Assistance. Individuals should review the application for Pandemic Unemployment Assistance and may apply to determine if they are eligible.

PANDEMIC RE-EMPLOYMENT ASSISTANCE PROGRAMS: UNDER THE CARES-ACT

These are the next steps AFTER Re-Employment Assistance Benefits are exhausted

<http://www.floridajobs.org/CARES-ACT>

PANDEMIC EMERGENCY UNEMPLOYMENT COMPENSATION: (PEUC)

The Federal Pandemic Emergency Unemployment Compensation (PEUC) program, offered through the federal CARES Act and administered by DEO, provides up to 13 weeks of benefits to a claimant who has exhausted their Reemployment Assistance benefits. Floridians will need to apply for PEUC benefits once the balance of their current claim is exhausted. Floridians who have already exhausted their benefits or have a Reemployment Assistance claim that expired after July 1, 2019, will also be able to apply.

Through PEUC, Floridians may be eligible for up to \$275 in weekly benefits beginning March 29, 2020 through the week ending December 26, 2020. Floridians will also receive an additional \$600, FPUC payments, that ONLY applies to the following weeks of unemployment: Beginning March 29, 2020 and ending July 25, 2020.

- **PEUC CARES Act Application process:** Click [HERE](http://bitly.ws/atWd) or visit: <http://bitly.ws/atWd>
- **FAQ sheet for applying for PEUC:** Click [HERE](http://bitly.ws/atWM) or visit: <http://bitly.ws/atWM>
 - (Español) **FAQ sheet for PEUC:** Click [HERE](http://bitly.ws/atXB) or visit: <http://bitly.ws/atXB>
 - (Kreyòl) **FAQ sheet for PEUC:** Click [HERE](http://bitly.ws/atXH) or visit: <http://bitly.ws/atXH>
- **Claimant Guide for Applying for PEUC:** Click [HERE](http://bitly.ws/atXS) or visit: <http://bitly.ws/atXS>
 - (Español) **Claimant Guide for PEUC:** Click [HERE](http://bitly.ws/atX9) or visit: <http://bitly.ws/atX9>

REEMPLOYMENT ASSISTANCE: (RA)

- General information regarding Re-Employment Assistance or Call: 1-800-204-2418
 - For assistance, you can call toll-free: 1-833-352-7759
- People who need assistance filing a claim online because of legal reasons, computer illiteracy, language barriers, or disabilities may call: 1-833-352-7759

Several Ways to Apply for Reemployment Assistance:

- **Mobile-Friendly Online Application:** <https://mobile.connect.myflorida.com/>
- **Re-Employment Online Application Portal:** <http://www.floridajobs.org/RAApplication>
- **Paper Application Download Page:** <http://www.floridajobs.org/Reemployment-Assistance-Service-Center/reemployment-assistance/claimants/rapaperapplication>

Paper applications can be mailed to:
Florida Department of Economic Opportunity
P.O. Box 5350
Tallahassee, FL 32314-5350

- CareerSource locations across the state are available to assist with completing and submitting your online application. They are also available to provide paper applications. Visit CareerSourceFlorida.com for center locations.
- FedEx is also offering Floridians the option to print and mail applications for Reemployment Assistance at locations throughout the state free of charge. Visit <https://local.fedex.com/en-us/fl/> to find a participating location near you.

Helpful Reemployment Assistance Links

- **A step-by-step guide on how to apply:** <https://mobile.connect.myflorida.com/>
- **(RA) Updates & Information:** Click [HERE](http://bitly.ws/auCZ) or visit: <http://bitly.ws/auCZ>
- **(RA) Top 10 Things You Should Know:** Click [HERE](http://bitly.ws/audx) or visit: <http://bitly.ws/audx>
- **COVID-19 Pandemic Scenarios & Benefits:** Click [HERE](http://bitly.ws/auG8) or visit: <http://bitly.ws/auG8>
- **Claimant's Guide to Claiming (RA) Benefits:** Click [HERE](http://bitly.ws/auC6) or visit: <http://bitly.ws/auC6> | (Español): <http://bitly.ws/aurw>
- **(RA) Resource Guide: COVID-19 w/FAQ's:** Click [HERE](http://bitly.ws/auC6) or visit: <http://bitly.ws/auC6>
- **Request Benefit Payment:** Click [HERE](http://bitly.ws/audh) or visit: <http://bitly.ws/audh>
- **Reemployment Assistance Handbook:** Click [HERE](http://bitly.ws/audw) or visit: <http://bitly.ws/audw>
- **Reemployment Assistance Forms:** Click [HERE](http://bitly.ws/audz) or visit: <http://bitly.ws/audz>
- **To Report Fraud:** Click [HERE](http://bitly.ws/auzo) or visit: <http://bitly.ws/auzo>
- **To File An Appeal:** Click [HERE](http://bitly.ws/auZr) or visit: <http://bitly.ws/auZr>

PANDEMIC UNEMPLOYMENT ASSISTANCE: (PUA)

The Federal Pandemic Unemployment Assistance (PUA) program provides up to 39 weeks of Reemployment Assistance benefits to individuals who are self-employed, independent contractors, certain non-profit employees and gig economy workers, as well as to individuals working part-time, or who otherwise would not qualify for regular state Reemployment Assistance benefits under state or federal law or PEUC. Floridians may be eligible for up to \$275 in weekly benefits beginning February 2, 2020 through the week ending December 26, 2020.

Individuals who have been impacted by COVID-19 and believe they may be eligible for Pandemic Unemployment Assistance, can visit www.FloridaJobs.org and select "File a Claim" to apply and be considered for PUA.

- **PUA CARES Act Application Process Flowchart:** Click [HERE](http://bitly.ws/auaw) or visit: <http://bitly.ws/auaw>
- **FAQ sheet for applying for PUA:** Click [HERE](http://bitly.ws/auaE) or visit: <http://bitly.ws/auaE>
 - (Español) **FAQ sheet for PUA:** Click [HERE](http://bitly.ws/auaX) or visit: <http://bitly.ws/auaX>
- **Claimant Guide for Applying for PUA:** Click [HERE](http://bitly.ws/auB4) or visit: <http://bitly.ws/auB4>
 - (Español) **Claimant Guide for PUA:** Click [HERE](http://bitly.ws/auB9) or visit: <http://bitly.ws/auB9>
 - (Kreyòl) **Claimant Guide for PUA:** Click [HERE](http://bitly.ws/auBr) or visit: <http://bitly.ws/auBr>
- **Guide For Applying for PUA After Exhausting PEUC:** Click [HERE](http://bitly.ws/atWa) or visit: <http://bitly.ws/atWa>

UPCOMING JOB FAIRS & VIRTUAL CAREER WORKSHOPS

CareerSource Brevard is a network of "one-stop" career centers that offer a variety of services to both job seekers and employers. **ALL SERVICES ARE FREE!**



Managing Stress Over the Holidays

Stress can be overwhelming.
You are not alone!

Learn how to manage.
Wednesday, December 23rd
1:00 pm to 3:00 pm
[Click here to register.](#)

FREE ONLINE CAREER WORKSHOPS FOR 50+ JOBSEEKERS

You have the experience
Now regain the confidence



Our **AARP Foundation, BACK TO WORK 50+ Program** offers a thorough overview of ways you can re-enter today's workforce. This popular and **FREE online workshop** introduces you to key strategies you'll need **to compete for in-demand jobs.**

And, as a workshop participant, you can apply for our **Free Career Coaching** to receive skills training, job search guidance and much more!

January Workshops:
Tuesday, January 5th, 9:30 am - 10:30 am
Wednesday, January 6th, 9:30 am - 10:30 am

Reserve Your Spot:
Call toll-free **(855) 850-2525**, or visit: aarpfoundation.org/register.

*After registration, you'll receive a confirmation e-mail with further Microsoft Teams instructions!
This program, for Career Seekers 50+ is brought to you by:*

AARP Foundation

RetireGuide.com www.retireguide.com/guides/covid-19-retirement/

A free site dedicated to providing accurate, useful information to help individuals reach their retirement goals. In addition, RetireGuide.com has recently published a guide that covers the recent COVID-19 outbreak and what currently retired, or soon-to-be retired professionals should know.

Some of the varying topics within the guide include:

- COVID-19 Impact on Retirement
- Investment Strategies
- Steps to Take for Those Planning for Early Retirement
- Update on the Expected Futures of Social Security & Medicaid

Virtual Career Workshops

Career Research

Learn about in-demand careers, how to find training, and more.

Monday, December 21st

1:00 pm to 2:30 pm

[Click here to register.](#)

Training Opportunities

Learn about, and see if you're eligible for, scholarships, grants, and financial assistance.

Thursday, December 17th

3:00 pm to 4:30 pm

-or-

Tuesday, December 22nd

10:00 am to 11:30 am

[Click here to register.](#)

And many more!
[Visit our events calendar.](#)

Restart Your Career Brevard Recovery Works Employment and Training Program

Gainful employment plays a significant role in recovery from substance use. We offer one-on-one support, customized career counseling, and more. Take the next step!

[Click here to learn more](#)

Hiring Now! Local Hot Jobs

Check out employers hiring near you. Explore, apply, and get hired now!

[See the daily list of Hot Jobs](#)

Learn more and apply today at

www.employflorida.com.

Career Centers Open by Appointment

Staff are eager to assist you with your job search!

To schedule a virtual or in-person appointment, please call (321) 504-7600,

or [fill out this form](#) and a team member will connect with you.

For your health and safety, masks or face coverings are required, and will be available upon request.



Eckerd Connects Family Support Services Success Story

SECOND CHANCE CHAMPIONS

Fall 2020



Eckerd Connects Program:
Family Support Services

Funder:
Brevard Family Partnership

Sponsored By:
State of Florida, Department of
Children & Families

Second Chance Champion:
Adam & Kari Marosites

Adam and Kari Marosites successfully graduated from Eckerd Connects Nurturing Parenting Program on September 28, 2020.

“From the moment we first met Doreatha Fields, (Eckerd Connects Nurturing Parenting Instructor) she made us feel respected and did not make us feel judged or less than because of the mistakes we have made. She was willing to speak up on our behalf when we felt we weren’t being heard.”

The Marosites’ son was removed from their custody due to a history of substance misuse. According to the Marosites, they have been working hard to get their son back ever since.

“The parenting classes were really good for us...to the point that we really looked forward to attending them each week. We learned a lot from the program and just want our son back! We plan to exceed all expectations so we can put this behind us and move forward.”

Although the future is uncertain for the Marosites, what we do know is that their participation in the Nurturing Parenting course and the support from Mrs. Fields, has given them hope, encouragement and tools to stay on the right track! Eckerd Connects would like to recognize and celebrate the success of the Marosites! Way to go Adam and Kari! We are so proud of your achievements!

Eckerd Connects Provider Spotlight In November



LOCALS FEEDING LOCALS...

Thanksgiving is a time when people who have been blessed share generously with those who are in desperate need of blessings. That basic truth is demonstrated so clearly by a wonderful partnership between Eckerd Connects and **Locals Feeding Locals**, a group of caring neighbors in Brevard County, FL, founded by **Jill Steinhauser**. Jill’s amazing group works so hard every year to gather turkeys and “all the fixins” so neighbors in need can share in the warmth of Thanksgiving.

Each Thanksgiving, we work together with the wonderful people of Locals Feeding Locals to bring Thanksgiving feasts to more than 132 families in Eckerd Connects programs. Our thanks go out to Jill Steinhauser and her gang, for making Thanksgiving possible for more than 132 families in Brevard County!

BASKET BRIGADE...

We also want to give a shout out to Basket Brigade who not only served 100’s of families in Brevard county but also provided 40 families in the Eckerd Connects Program with Thanksgiving feasts.



Services Offered In Brevard County

Family Support Services

Eckerd Connects’ Family Support Services provides case management and financial assistance through rapid re-housing to children, families, and individuals who have an identified history of substance use and are currently experiencing homelessness or are at imminent risk of homelessness in Brevard County. Our rapid-rehousing program helps with move-in assistance, rental assistance and case management.

Supervised Family Visitation

Eckerd Connects’ Supervised Family Visitation program provides short-term therapeutic and standard supervised visitation services to families that are court-ordered through dependency and family court. Parenting classes and additional private-pay supervised visitation services are also available.

School-Based Prevention Programs

Our School-Based Prevention Counseling and School-Based Prevention Hi-Five programs have Prevention Specialists at schools providing classroom, group, and individual services with the goal of increasing protective factors against substance use. These Prevention programs utilize evidence-based curricula to focus on strength-building and substance use prevention. Lessons are taught weekly and sessions are designed for grades 3-6 and 6-12.

Raising Hope Program

The Room of Hope has clothing, hygiene kits, infant needs, school supplies and other essentials which are provided to families in transition as well as children who were recently placed in the foster care system.



JOIN THE

Health First

Mayors' Fitness Challenge

IN BREVARD COUNTY

Local mayors in Brevard County are challenging their citizens to get involved in a healthy competition.

Families are encouraged to participate together in the FREE eight-week challenge and track their minutes of exercise.

Registration will open on Monday, December 7, at [uwbrevard.org](https://forms.gle/ntVkgTJn9i8ctoKV7) or you can sign up here: <https://forms.gle/ntVkgTJn9i8ctoKV7>

Random drawings will be held each week for participants reporting their minutes. Adults older than 18 may also choose to join "The Great Weight-Off Competition." Two cash prizes will be awarded at the end of the challenge.

Be sure to attend the virtual kick-off event on Saturday, February 6, 2021.

Visit uwbrevard.org for more information

All mayors, team captains and participants will agree to adhere to the Centers for Disease Control and Prevention (CDC) and Department of Health (DOH) precautionary measures in effect throughout the Mayors' Fitness Challenge for the prevention of COVID-19 transmission.

