



Brevard Community Resource Newsletter



Scan QR Code for past issues and prevention resources

For Daily Resource Updates and News:

Community Resource news, updates, events, and freebies that become available between newsletters will be posted daily to our Community Resource Facebook Group:

<https://www.facebook.com/groups/EckerdConnectsBrevardCommunityResources/>

If you have information you would like us to share in our newsletter, or if you would like to subscribe, please contact:

Elizabeth Fears
Community Outreach Specialist
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Feature Of The Month

Children's Home Society delivers solutions to address the most pressing challenges affecting children and families in our communities. We believe in the potential of every child and family and build upon their strengths to empower them to realize their full potential. See what services we offer in Brevard County, Florida...



Comprehensive Counseling: 321-752-3170

Serves to empower children, teens, and adults to work through, and overcome roadblocks that may be holding them back from realizing their full potential. With an emphasis on Trauma Informed Care, CHS counselors are trained in Evidence-Based Practices, providing the best possible care to our community. **Counseling is offered in homes, schools, offices, and online via telehealth.** Counseling sessions can occur where you're most comfortable - in your home, in our office or even at your child's school. You pick the day, place and time most convenient for you and your family. We offer many payment options as well as sliding scale fee option.

<https://www.chsfl.org/services/counseling/>

Targeted Case Management: 321-752-3170

Support for children and adults with behavioral or emotional struggles, a mental health diagnosis (not a developmental challenge), or destructive behaviors. We help families work through tough challenges to reach goals, build strategies to handle challenging behaviors and situations, and manage stress and frustrations.

<https://www.chsfl.org/services/targeted-case-management/>

Early Head Start: 321-877-1102

Empowers low-income families with a child under the age of 3 or pregnant. Our safe, caring centers provide high-quality early learning while also empowering parents to become their child's first teacher.

If pregnant, we help you prepare for the birth of your child (you can even have a doula, a volunteer who supports you during your final weeks of pregnancy and stays with you - to the extent you're comfortable - during your baby's birth!). Please visit website above for full list of services offered. <https://www.chsfl.org/services/for-parents/early-head-start/>

CHS Family Support Warm Line: 1-888-733-6303

The warm line is FREE and confidential counseling where you need it, when you need it, and is available to ANYONE in Florida 24/7 via call or text. You don't have to be a client to receive this service. If you're feeling anxious or overwhelmed, our licensed counselors are here to support you 24/7. They can do a session right then and there or schedule a session for a later time if you choose. Counselors will also follow up with callers again the next day or, if they want, we can follow up with additional services and/or referrals. www.chslistens.com



Many food pantries help with food for Thanksgiving. Please see the Community Resource Master Guide for the complete list of food pantries in Brevard.

EXPIRATION DATE
FREE Breakfast & Lunch
to ALL children



Starting January, the temporary relief of free breakfast and lunch to all children regardless of their Brevard Public School Free & Reduced-price meal status, will end.

Starting January 4th, breakfast & lunch prices at Brevard Public Schools will be based upon your student's meal status of free, reduced, or paid.

If you have not done so already, it is very important to submit a Free or Reduced Lunch Application if you are interested in meal benefits for your eLearner or in-person learner for the remainder of the 2020-21 school year.

APPLY TODAY AT:
www.brevardschools.org/page/3473

QUESTIONS ABOUT YOUR STUDENT'S
LUNCH STATUS?

Please contact the Office of Food & Nutrition Services:
321-633-1000 x11642

Thanksgiving Meals



Drive Through Thanksgiving Dinner

THURSDAY, NOVEMBER 26, 2020 AT 11 AM EST – 2 PM EST
1080 Hickory St, Melbourne, FL 32901
321-724-0494

The Salvation Army will host its annual community Thanksgiving dinner on November 26th, 2020.

The difference is, it will be served to-go this year instead of the traditional community gathering. This switch was made in accordance with COVID-19 safety guidelines

The traditional meal consists of turkey, and all the trimmings and will be served by community volunteers. All are welcome.

Thanksgiving Program (North Brevard Sharing Center)

Clients can register starting 9am-11am Monday's, Tuesday's, Thursday's and Friday's
4475 South Hopkins Avenue Titusville, FL 32780
(321) 269-6555

Indian River City Civic Association

Holiday Dinner: Thanksgiving meal served Thanksgiving Day 2020 from 1pm-4pm and Christmas meal Served Christmas Day from 1pm-4pm.

Services: Christmas Meals, Thanksgiving Meals
4220 South Hopkins Avenue Titusville, FL 32780
(321) 300-2777

Daily Bread

Hot meal served daily.

Services: Public Showers/Baths, Soup Kitchens, Thanksgiving Meals
805 East Fee Avenue Melbourne, FL 32901
(321) 723-1060

North Brevard Senior Center

Senior center with various social and recreational programs.

Services: Senior Centers, Thanksgiving Meals
909 Lane Avenue Titusville, FL 32780
(321) 268-2333

UPCOMING JOB FAIRS & VIRTUAL CAREER WORKSHOPS

CareerSource Brevard is a network of "one-stop" career centers that offer a variety of services to both job seekers and employers. **ALL SERVICES ARE FREE!**



Virtual Job Fair

Paychecks for Patriots Veterans Job Fair

Wednesday, November 18th

10:00 am to 1:00 pm

"Meet" employers ready to hire for local jobs.

View the flyer [here](#).

[Click here to register.](#)

Open to the public.

Job Seeker Information: Before the event

- Register ahead of time (must also be registered in Employ Florida)
- Update & upload a pdf version of your resume
- Research participating companies
- Practice your pitch (you can interact with employers via text or video chats)
- Make sure your technology is ready to go

During the event

- Wear professional attire (employers can request a video chat if you have a camera)
- Attend from a distraction-free environment
- Demonstrate confident body language in video chats
- Use clear, professional business communication (written and verbal)
- Ask for next steps and contact information

List of Employers Attending:

- | | | |
|--------------------------------------|------------------------------|------------------------------------|
| • AAFES | • Circles of Care, Inc. | • Phoenix Detailing |
| • Acara Solutions | • Compsys, Inc | • Piper Aircraft Inc. |
| • The Alliance | • Crosswinds Youth Service | • Renesas |
| • American In-Home Care | • Easterseals Florida | • RGNNext |
| • Arnott | • 8-Koi | • SMTC |
| • Brevard Achievement Center | • First Group America | • Sodexo |
| • Brevard County Commission | • FirstLight Home Care | • STRAC Institute |
| • Brevard County Sheriff's Office | • Florida Career College | • Tactful Elite Security Solutions |
| • Brevard County Public Schools | • The Green Envelope, LLC | • TTEC |
| • Bridges BTC, Inc. | • Home Instead Senior Care | • Victory Casino Cruises |
| • Bridgestone Retail Operations | • LF Staffing | • Waste Management |
| • CareerSource Brevard | • Modus Operandi | • Wolf Creek Federal Services |
| • Central Florida Diesel Performance | • Ocean Partners Hospitality | • Yellow Dog Café, Inc. |
| | • Phantom Products, Inc. | |

Virtual Career Workshops

Special Grants & Programs and Q&A Session

Hear directly from our staff about resources provided

and get your questions answered!

Thursday, November 12th

1:00 pm to 2:30 pm

[Click here to register.](#)

Preparing for a Virtual Job Fair

Learn how to navigate and "visit" with employers in the virtual platform, and more!

Friday, November 13th, 9:30 am to 10:30 am

-or-

Monday, November 16th, 11:00 am to 12:00 pm

[Click here to register.](#)

Mastering a Virtual Interview

Get help and learn tips for succeeding in a virtual job interview.

Monday, November 16th

10:00 am to 11:00 am

[Click here to register.](#)

RISE/Re-Entry to Employment

For second-chance jobseekers - get help with discussing your background with employers and more.

Monday, November 16th - Thursday, November 19th
9:00 am to 12:00 pm

[Click here to register.](#)

Escribiendo su Curriculum Vitae

Learn resume writing and more - talleres virtuales en Español.

Wednesday, November 18th

1:00 pm to 3:00 pm

[Click here to register.](#)

And many more!

[Visit our events calendar.](#)

Virtual Job Fair

CNA Career and Training Fair

Thursday, November 19th

9:00 am to 11:00 am

"Meet" local CNAs, hear from educators, and chat with employers.

Registration deadline is November 18th

About this Event

- Hear from Certified Nursing Assistants (CNAs) about their careers.
 - Learn about CNA career pathways.
 - Find out about CNA training & scholarship options.
- Connect with Brevard Healthcare employers for career opportunities and information.

Register today!

[Click here to register.](#)

Or visit:

<https://www.eventbrite.com/e/certified-nursing-assistant-career-and-training-fair-tickets-126063702929>

321-504-7600 | <https://careersourceflorida.com/>



CareerSource Brevard is a network of "one-stop" career centers that offer a variety of services to both job seekers and employers. **ALL SERVICES ARE FREE!**

JOB SEEKERS:

CareerSource Brevard has all the resources and tools needed to get you in or back to the workforce. CareerSource can help you learn and develop or change skills and capabilities that increase your performance and value in the workplace. Our Career Centers are great places to get acquainted with experts who can help you consider your next steps, whether you are just entering the job market, between jobs, considering a career change or re-entering the job market after an absence, a tour of duty or other reasons.

EMPLOYMENT SEARCH RESOURCES:



EMPLOY FLORIDA:

To find featured job openings complete registration and start looking today register at: www.employflorida.com Registering with Employ Florida is also a vital, as well as a requirement for accessing many services offered by CareerSource Brevard

VETERAN JOB EXCHANGE:

Job search site just for Veterans!
<https://www.veteransjobsxchange.com/>

HOT JOBS:

At this webpage you can review lists of local job openings that are updated each weekday:
<https://careersourcebrevard.com/career-services/hot-jobs-now>

FOR JOB ANNOUNCEMENTS:
Text JOBS321 to (321) 394-9603

TAILORED CAREER SERVICES & ADDITIONAL PROGRAMS

- [Young Adults](#)
- [For 50+ Job Seekers](#)
- [Veterans](#)
- [Military Family Employment](#)
- [Brevard Recovery Works](#)
- [Services for Persons with Disabilities](#)
- [Partner Placement Services](#)
- [weVenture for Entrepreneurs](#)
- [211 Brevard](#)
- [Other Assistance Programs](#)

CAREER SERVICES:

- **EMPLOY FLORIDA:** <https://www.employflorida.com>
This is a FREE online job seeker and employer resource dedicated to matching talent and opportunity here in the State of Florida. <http://bitly.ws/avD9>
- **BUILDING YOUR RESUME:** **Optimal Resume:** <https://careersourcebrevard.optimalresume.com/>
CareerSource Brevard offers a no-cost solution in Optimal Resume for all your resumé needs. This effective resumé tool takes you step-by-step through your resumé providing examples and instructions to help in creating your best work. <http://bitly.ws/avDb>
- **HOT JOBS WEBPAGE:** <https://careersourcebrevard.com/career-services/hot-jobs-now>
At this webpage you can review lists of local job openings that are updated each weekday. Visit [Employ Florida](#) and search by job order number to learn more about each job. You must create an Employ Florida profile to apply for jobs. [Follow this step-by-step guide](#) for help. For general information on Jobs, Events, and News: Text JOBS321 to the number (321) 394-9603.
- **VIRTUAL SERVICES & ONLINE WORKSHOPS:** <https://training.careersourcebrevard.com/login/index.php>
CareerSource Brevard is always working to develop new options for our job seekers and career explorers. Virtual Services brings online learning options to you, such as career exploration services, job search assistance and resources, interviewing best practices and preparation exercises, and online learning. <http://bitly.ws/avDd>

EDUCATION & TRAINING SERVICES:

- **SKILLUP BREVARD – METRIX LEARNING:** <http://bitly.ws/avnY>
A NEW online learning tool with 6,000+ courses available for FREE that you can take at anytime, anywhere, and on any device. With Skillup you will learn in-demand career skills such as Microsoft Office, Google Apps, and more. <http://bitly.ws/avo4>
- **PAID WORK EXPERIENCE:** <http://bitly.ws/avo5>
A Work Experience, or internship, is a planned learning experience that takes place at a workplace and gives you skills in a field you have been interested in but don't have the experience. It allows an unemployed person to receive training and increase his/her value to your business.
- **ESSENTIAL SOFT SKILLS & READY FOR WORK TRAINING:** <http://bitly.ws/avk6>
At CareerSource Brevard, we have the [Florida Ready to Work](#) e-Learning program that is nationally recognized and competency-based. The career seeker can earn two credentials: an [Essential Soft Skills](#) credential, that certifies Florida job seekers or students has the employability skills and work habits necessary to succeed in today's rapidly changing and competitive economy, and the Ready to Work credential, signed by the governor, that validates the academic skills that matter to employers. <http://bitly.ws/avoA>
- **OCCUPATIONAL SKILLS TRAINING:** <http://bitly.ws/avoc>
For Occupational Skills Training, CareerSource Brevard may be able to award scholarships to suitable and qualified job seekers for classroom training lasting up to two years. Training may be sponsored for schools and programs listed on our State-approved training provider list: <http://bitly.ws/avod>
- **ON-THE-JOB TRAINING EXPERIENCE:** <http://bitly.ws/avog>
On-The-Job Training (OJT) is training provided to you directly by your new employer while you are engaged in work and receiving wages. CareerSource Brevard can reimburse employers up to 50% of your wages for a certain period of time, making a great incentive for them to hire you.

BUSINESS SERVICES

BUSINESSES:

CareerSource Brevard can assist with recruiting and hiring, reduction in force assistance, finding or helping to develop employee training programs, reviewing incentives to hire or retain, providing labor market information and impacting your business by providing other expert workforce development services. <https://careersourcebrevard.com/business-services>

- [Hiring](#)
- [Training](#)
- [Retention](#)
- [Labor Market Information](#)

[Overview of Business Services \(pdf\): http://bitly.ws/avBD](http://bitly.ws/avBD)



BREVARD RECOVERY WORKS: <http://bitly.ws/avCp>

BRW is a FREE program specifically designed to help those impacted by substance use or addiction gain and maintain employment! If you, a family member, friend, or caregiver have been impacted, see if you qualify for this valuable employment and training program. For more information email: BRW@careersourcebrevard.com or call and ask for Brevard Recovery Works 321-504-7600

●Rent ●Utility ●Mortgage ●Deposits ●Other Utilities

Catholic Charities (South) 321-636-6144 or 321-338-2986 ● Rent / Utilities

The Family Stability Program provides basic needs that include Rent & Utility financial assistance, as well as case management services to the following areas: Barefoot Bay, Eau Gallie, Malabar, Melbourne, Melbourne Beach, Palm Bay. By appointment only. <https://cfcc.org/family-stability-program/>

Ascension Social Concerns: 321-259-5685 ● Rent / Utilities

Social Concerns helps families in need of assistance of Rent and Utilities. They have been known to help with same day, immediate utility help. They are located next to their thrift store off Aurora Road. Open M-F 9am-11am. <https://www.ascensioncatholic.net/Social-Concerns>

Eau Gallie First Baptist Church: Community Compassion Utilities / Other Utilities

Benevolence ● 321-254-2339 x7
If you live in the 32934 or 32935 zip codes, Benevolence can assist with crisis needs such as electric, water, and other utilities. We can only take 2-3 people per day. Call the church office if you have any questions at 321-254-2339 x 7. Open Tues and Thurs 10am-12pm get there a bit early to secure your spot.

Project: VetRelief / Financial Assistance: 844-409-2025 ● Rent / Utilities

Offer Rent & Electric assistance to Veterans, Active Military and their immediate family members. To apply for assistance visit: <https://www.projectvetrelief.org/what-we-do/emergency-assistance/>

Saint Vincent de Paul of Our Saviour Parish: 321-799-3677 ● Rent / Utilities

Offer Emergency Assistance Only: Short term food, limited supplemental FPL or Rent (with shutoff notice or eviction notice; no deposits). Referrals for medical or shelter. Availability of any assistance based on current resources Servicing the following areas: Cocoa Beach & Cape Canaveral. <https://oursavioursparish.org/>

North & Central Brevard Salvation Army: Rent / Utilities / Mortgage

(North) 321-269-3110 ● (Central) 321-632-6060
Their Social Services offices offer Emergency Financial Assistance. Help is given for rent and mortgage, utilities, and other basic needs. Call to check if funding is available. You must meet the eligibility criteria. Call for an appointment.

South Brevard Salvation Army: 321-724-0494 ● Utilities

Their Social Services offices offer Emergency Financial Assistance. Help is given for utilities and other basic needs. Call to check if funding is available. You must meet the eligibility criteria. Call for an appointment. <https://salvationarmyflorida.org/melbourne/#tab-id-3>

Sharing Center of Central Brevard: 321-631-0306 ● Rent / Utilities / Mortgage

Offer case management and financial assistance with Utilities, Rent & Mortgage for clients at risk for homelessness in the following areas in Brevard: Cocoa, Cocoa beach, Cape Canaveral, Merritt Island, Rockledge, and Sharpes.

- **UTILITIES:** Call for availability of funds; if funds are available, staff/volunteer will complete an application questionnaire to determine eligibility. When seeking assistance for an electric, gas or water bill an account number must be provided to the person completing the form. Telephone bills are NOT covered. We are required to verify the amount owed by this household and are limited to assisting with a one (1) month bill which cannot include deposit or penalty fee. The bill must be in the name of the adult that resides in the household.
- **RENT:** Call for availability of funds. A letter from the landlord (business letterhead if possible) stating how much rent is owed, breaking down the bill if it includes a deposit or penalties, and state the amount of one month's rent, his/her name, address and telephone number. We will call to verify information.
- **MORTGAGE:** Call for availability of funds. At this time staff/volunteer will complete an application questionnaire.

(EHEAP) Emergency Home Energy Assistance Program for the Elderly : (Community Action Team) 321-633-1951 Utilities / Other

If you are living in a household with at least one resident who is age 60 or older, you may be eligible for energy bill payment assistance. Utility categories eligible for heating/cooling bill assistance include electricity, natural gas, wood, and propane. For questions call the number above. You can also visit Brevard Alzheimer's Foundation for an application link: <https://brevardalz.org/eheap/>

Benefits may be used for:

- Payments to disconnected, delinquent, or past due energy bills
- Deposits to connect or restore energy
- Late fees and disconnect/reconnect fees
- Purchasing blankets, portable fans, space heaters, and window air conditioners
- Repairing the existing heating/cooling unit
- Charges from a now-closed account previously held by the elder resident
- Payment to a landlord when utility costs are included in rent
- Temporary emergency shelter due to an energy-related crisis



Family Support Services

321-735-7249 ● Rent / Utilities / Deposits

Eckerd Connects' Family Support Services provides financial assistance to children, families, and individuals who have an identified history of substance use and are currently experiencing homelessness or are at imminent risk of homelessness with a 3-day notice. Our rapid-rehousing program helps with move-in assistance, rental assistance and case management. For assistance with utilities, you must have been approved for rental assistance.

North & South Brevard Charities Sharing Center

(N) 321-269-6555 ● (S) 321-727-8581 Rent / Utilities / Deposits

Offers assistance with Rent & Utilities with a FINAL NOTICE. They also help with Rent & Utilities & Deposits.

(North) <https://www.northbrevardcharities.org/services>

(South) <https://www.mysbsc.org/>

Family Promise of Brevard: Hand Up Program

211 ● Rent / Utilities / Mortgage / Deposits

We work with at-risk households helping families quickly stabilize during a housing crisis. The program provides families with short term case management and financial assistance for overdue rent, mortgage and utilities, as well as helps provide funding for first and last month's rent and security deposits.

If you need help: If you are a homeless family with minor children, or at risk of losing your housing, please dial 211 on your phone, or text your ZIP code to 898211 to be connected to a helpline specialist. Family Promise of Brevard has partnered with 211 Brevard to provide a streamlined process for referrals. <https://familypromiseofbrevard.org/needhelp/>

(LIHEAP) Community Action Team

321-633-1951 ● Utilities / Utility Deposits

<http://brevardfl.gov/HumanServices/CommunityActionAgency>

LIHEAP is a Federally-funded program that helps low-income households with their home energy bills. The LIHEAP program in your community determines if your household income qualifies for the program. You must fall into one of these categories:

- **Elderly** - must be at least sixty (60) years old.
- **Disabled** - must be receiving disability benefits from either social security or employer/insurance disability benefits.
- **Households with children under the age of five (5)** – must provide birth certificates for children five (5) years old or younger.

Your LIHEAP program may be able to offer you one or more of the following types of assistance:

- **Home Energy Assistance** - an annual credit based on your income and household size.
- **Crisis Energy Assistance** - provides assistance for deposits and/or final notice.

Community Action Team: Emergency Assistance

321-633-1951 ● Rent / Mortgage / Other

<http://brevardfl.gov/HumanServices/CommunityActionAgency>

Brevard Community Action Team offers emergency assistance with rent & Mortgage for low income, qualifying participants.

The Community Action Team also has a self-sufficiency program.

Please see Transitional & Low-Income housing resource page for more details.



Brevard County Replacement, Rehabilitation & Repair Deferred Loan Program

This program NOW OPEN and accepting new applications.

Brevard County has received State and Federal funding to assist low-income homeowners with repairs. If your household income is at or below the Annual Income Limit for your family size, we may be able to assist you with repairs to your home.

All applicants for this Program must comply with Federal, State and County regulation. This includes repayment of all or part of the assistance provided by this Program to repair your home if you sell or transfer title of your home within the lien period.

Brevard County does not discriminate on the basis of race, creed, color, religion, age, sex, familial status, national origin, or handicap.

You may be eligible if:

- You are a resident of Brevard County outside the city limits of (These cities have their own repair programs):
 - Palm Bay 321-952-3429
 - Melbourne 321-674-5734
 - Cocoa 321-433-8520
 - Titusville 321- 567-3784
- You own your home.
- The total income of everyone in your household is at or below the income on the chart for your family size. Under State of Florida regulations, manufactured units may be eligible for repairs. Manufactured units in trailer parks cannot be assisted through this program.

Does your house have any of these problems?

- Leaky roof
- Damage due to roof leaks
- Windows that need to be repaired or replaced
- Water heater not working
- Plumbing problems
- Furnace problems
- Electrical problems
- No insulation
- Not accessible to disabled persons

For More Information and access to applications visit:

<http://www.brevardfl.gov/HumanServices/HousingPrograms/ReplaceRehabRepairProgram>

For More Information Contact:

Jessica Hart
Contract Administrator
Phone: 321-633-2007
Jessica.Hart@BrevardFL.gov

Linda Graham
Assistant Director
Phone: 321-633-2076 or 321-633-2007
Linda.Graham@BrevardFL.gov

Housing Programs

Wings of Grace Ministries, Inc:

321-327-2164

Our housing ministry purchases homes with the intention of using them to provide low-income housing for tenants who are homeless and have trouble acquiring housing from private landlords due to Poor Credit, Evictions and/or Criminal History. For more information on our housing ministry or rental availability please call or email us at: Office@WingsOfGraceMinistries.org.

North Brevard Charities Sharing Center:

321-269-6555

Offers assistance with emergency and transitional housing. Serving Cape Canaveral, Mims, Scottsmoor & Titusville.

<https://www.northbrevardcharities.org/services>

- **Neighborhood Stabilization Program (NSP):** Long term rentals for low to moderate-income families. We have 3 and 4 bedroom homes available in Mims, Titusville, and Port St. John.
- **Housing & Shelter Options:**
We offer affordable homes to qualified renters. We offer Affordable Single-Family Units/Condos/Townhouses for Low to Moderate Income Families.
 - One, Two & Three Bedroom Units
 - Newly Remodeled
 - Utilities Included in Rent
 - Must Provide Proof of Income

COVID-19 Rental & Utility Assistance

Cares Act Grants Still Available For Businesses & Nonprofits

Brevard County Cares Act Grants Still Available for Small Businesses/Nonprofits Impacted by COVID-19

Updated: Tuesday, October 27, 2020 6:47 AM

BREVARD COUNTY, FL. – Grants of up to \$10,000 are still available through Brevard County Government for small businesses and nonprofit organizations that were financially impacted by the COVID-19 public health emergency. These are grants, not loans, and do not have to be paid back.

To be eligible through the Small Business and Nonprofit Economic Relief Program, the small business:

- Must be physically located in Brevard County
- Must have had 50 or fewer employees
- Must have been negatively impacted financially by the COVID-19 public health emergency
- Must be enrolled in the U.S. Department of Homeland Security E-Verify program
- Applicant's revenue losses or expenses utilized to establish program eligibility and grant amount must not have been reimbursed through the Paycheck Protection Program (PPP), Economic Injury Disaster Loan (EIDL), Small Business Administration (SBA) Debt Relief Program or other similar federal and state programs. Having received those funds or loans, however, does not disqualify you from receiving grant funds to offset other losses.

Nonprofits that are eligible must be a 501(c)(3), 501(c)(6) or a 501(c)(19) as designated by Internal Revenue Code.

Applications are available at www.brevardfl.gov/BrevardCARES or call 321-350-9194

For more information, call 321-350-9194 between the hours of 8 a.m. and 5 p.m.

Resource Links:

- **Business Resource FAQ's:** <http://bitly.ws/axxp>
(Español) **Business Resource FAQ's:** <http://bitly.ws/axxr>
- **COVID-19 Business Resource:** <http://bitly.ws/axxs>
- **Short Time Compensation:** <http://bitly.ws/axxt>
(Español) **Short Time Compensation:** <http://bitly.ws/axxu>

EMPLOYEE RIGHTS

PAID SICK LEAVE AND EXPANDED FAMILY AND MEDICAL LEAVE UNDER THE FAMILIES FIRST CORONAVIRUS RESPONSE ACT

The Families First Coronavirus Response Act (FFCRA or Act) requires certain employers to provide their employees with paid sick leave and expanded family and medical leave for specified reasons related to COVID-19. These provisions will apply from April 1, 2020 through December 31, 2020.

► **PAID LEAVE ENTITLEMENTS** Generally, employers covered under the Act must provide employees: Up to two weeks (80 hours, or a part-time employee's two-week equivalent) of paid sick leave based on the higher of their regular rate of pay, or the applicable state or Federal minimum wage, paid at: • 100% for qualifying reasons #1-3 below, up to \$511 daily and \$5,110 total; • 2/3 for qualifying reasons #4 and 6 below, up to \$200 daily and \$2,000 total; and • Up to 12 weeks of paid sick leave and expanded family and medical leave paid at 2/3 for qualifying reason #5 below for up to \$200 daily and \$12,000 total. A part-time employee is eligible for leave for the number of hours that the employee is normally scheduled to work over that period.

► **ELIGIBLE EMPLOYEES** In general, employees of private sector employers with fewer than 500 employees, and certain public sector employers, are eligible for up to two weeks of fully or partially paid sick leave for COVID-19 related reasons (see below). Employees who have been employed for at least 30 days prior to their leave request may be eligible for up to an additional 10 weeks of partially paid expanded family and medical leave for reason #5 below.

► **QUALIFYING REASONS FOR LEAVE RELATED TO COVID-19**

An employee is entitled to take leave related to COVID-19 if the employee is unable to work, including unable to

telework, because the employee:

To view more information, visit the following flyer link:

<https://www.brevardschools.org/site/handlers/filedownload.ashx?moduleinstanceid=37444&dataid=57624&fileName=FFCRA%20Poster.pdf>

Brevard County Coronavirus Assistance Program:

Brevard County resident must have lost income due to COVID-19 and be seeking rent or mortgage assistance or security or utility deposits. Maximum of three months of assistance for \$7,200.

Link to instructions and all applications:

www.brevardfl.gov/HumanServices/newsItem/2020/05/26/coronavirus-assistance-program-application

Link to mobile application:

brevardflhhs.seamlessdocs.com/f/CARES

Assistance for Cocoa Residents:

Rent / Utilities / Mortgage

The City of Cocoa is accepting applications for rental and mortgage assistance and water bill payment assistance.

• **Deadline is Dec. 20 or when funds are expended.**

• Electronic applications and instructions are available at:

<https://www.cocoafl.org/1580/Coronavirus-Relief-Fund-CRF>

• Hard copy applications, available at City Hall, 65 Stone St., may be returned to the lobby, where they will be picked up at 4pm weekdays. They may be emailed to crf@cocoafl.org

• Additional documents will be required to be mailed or dropped off. Incomplete applications will not be processed. For information, call 321-433-8520.

Assistance for Melbourne Residents:

Rent / Utilities / Mortgage

The Emergency Rental, Mortgage and Public Utilities Assistance Program provides temporary assistance for up to three months of rent, mortgage and/or public utilities payments. The maximum monthly assistance has been increased to \$2,500 and will be made directly to the creditor.

<https://www.melbourneflorida.org/Home/Components/News/News/7296/2513>

• **Applications accepted until Dec. 11.**

• Must meet income guidelines and have less than \$5,000 in liquid assets.

• Must have provable loss of income due to COVID-19.

• Utility payments now include water, electricity, gas, internet, phone, cable.

• People living in mobile homes can also be helped.

Pre-screening: www.melbourneflorida.org/CARES

Call 321-608-7530 only for questions, not pre-screening.

Assistance for Titusville Residents:

Rent / Utilities / Mortgage / Deposits

Titusville is accepting applications for its Coronavirus Relief Fund through the CARES Act. Applicants for the Brevard County Rental and Mortgage Assistance Program, Utility and Security Deposit Program, and a Food Stability Program must review and submit all of the required documents and attachments to qualify for assistance as instructed on this website link:

<https://www.brevardfl.gov/.../coronavirus-assistance...>

• **The deadline will be Dec. 1 or when funds are expended.**

• Rental and mortgage payment assistance, deposits and utility payments.

• Must meet income requirements.

• For info on how to apply call neighborhood services dept. at 321-567-3997 or

Email neighborhoodservices@titusville.com

• Apply in person at Harry T. Moore Service Center, 725 S. DeLeon Ave.,

Titusville 32780. Weekdays only, 9am-noon and 1-4pm

Assistance for Palm Bay Residents:

Rent / Utilities / Mortgage / Deposits

Applications for assistance will reopen on Monday, October 5, 2020 and will remain open until all funding is expended. Applications must be complete. No incomplete applications will be considered. Qualified applicants will be served on a first-come/first-eligible, first-served basis. Applications for assistance are available online and will be made available through the City of Palm Bay Housing & Community Development Division office located at Palm Bay City Hall Annex, 120 Malabar Road SE, or by emailing: HCDinfo@pbf.org.

Eligible uses for the funding include rental or mortgage payment assistance, utility payment assistance, security deposits, and utility deposits. Utility payment assistance can only be provided if coupled with rent or mortgage payment assistance.

For questions or assistance with completing the application, please call (321) 726-5616. Visit www.palmbayflorida.org/housing for more information on available programs.

Follow link below for application:

<https://www.palmbayflorida.org/home/showdocument?id=23682>

Re-Employment Assistance Programs

Florida Department of Economic Opportunity
Reemployment Assistance Information

For more information, including valuable resources for employers and job seekers, please

visit: <https://floridajobs.org/> or for (Español): <https://floridajobs.org/espanol>

Governor Ron DeSantis has directed DEO to continue waiving the work search and work registration requirements for claimants. These requirements will continue to be waived through December 5, 2020.

Additionally, the waiting week requirement will continue to be waived through December 5, 2020.

For additional information about reemployment assistance benefits visit: www.FloridaJobs.org/COVID-19

Extended Benefits:

Due to the increase in the Florida unemployment rate in early 2020, Extended Benefits was triggered for the first time since 2009. Extended Benefits is a federal program implemented by the state. Extended Benefits authorizes up to an additional six weeks of benefits to eligible individuals who have exhausted Reemployment Assistance benefits during periods of high unemployment.

EXTENDED BENEFITS UPDATES:

- The Department has been notified by the U.S. Department of Labor that due to a 13 week average decrease in new individuals continuing to claim Reemployment Assistance benefits in Florida, **Extended Benefits will end on November 7**. This means that only individuals who have exhausted their Pandemic Emergency Unemployment Compensation benefits between June 7, 2020, and November 7, 2020, may be eligible for the six weeks of Extended Benefits when the application is available in the CONNECT system.
- Individuals who have exhausted their Pandemic Emergency Unemployment Compensation benefits after November 7, 2020, will not be eligible for Extended Benefits. They will however receive the opportunity to apply for Pandemic Unemployment Assistance. Individuals should review the application for Pandemic Unemployment Assistance and may apply to determine if they are eligible.
- The Department is working diligently to stand up the Extended Benefits program as quickly as possible. The Department anticipates having the Extended Benefits application completed and ready for Floridians in December.
- In the meantime, Floridians who have exhausted their Pandemic Emergency Unemployment Compensation benefits and may be eligible for Extended Benefits will receive the opportunity to apply for Pandemic Unemployment Assistance. Individuals should review the application for Pandemic Unemployment Assistance and may apply to determine if they are eligible.
- Once Extended Benefits is available in the CONNECT system, the Department will do continued outreach to those individuals to ensure they receive benefits from the appropriate program.

REEMPLOYMENT ASSISTANCE: (RA)

- General information regarding Re-Employment Assistance or Call: 1-800-204-2418
 - For assistance, you can call toll-free: 1-833-352-7759
- People who need assistance filing a claim online because of legal reasons, computer illiteracy, language barriers, or disabilities may call: 1-833-352-7759

Several Ways to Apply for Reemployment Assistance:

- **Mobile-Friendly Online Application:** <https://mobile.connect.myflorida.com/>
- **Re-Employment Online Application Portal:** <http://www.floridajobs.org/RAApplication>
- **Paper Application Download Page:** <http://www.floridajobs.org/Reemployment-Assistance-Service-Center/reemployment-assistance/claimants/rapaperapplication>

Paper applications can be mailed to:
Florida Department of Economic Opportunity
P.O. Box 5350
Tallahassee, FL 32314-5350

• CareerSource locations across the state are available to assist with completing and submitting your online application. They are also available to provide paper applications. Visit CareerSourceFlorida.com for center locations.

• FedEx is also offering Floridians the option to print and mail applications for Reemployment Assistance at locations throughout the state free of charge. Visit <https://local.fedex.com/en-us/fl/> to find a participating location near you.

Helpful Reemployment Assistance Links

- **A step-by-step guide on how to apply:** <https://mobile.connect.myflorida.com/>
- **(RA) Updates & Information:** Click [HERE](#) or visit: <http://bitly.ws/auCZ>
- **(RA) Top 10 Things You Should Know:** Click [HERE](#) or visit: <http://bitly.ws/audx>
- **COVID-19 Pandemic Scenarios & Benefits:** Click [HERE](#) or visit: <http://bitly.ws/auG8>
- **Claimant's Guide to Claiming (RA) Benefits:** Click [HERE](#) or visit: <http://bitly.ws/auCB> | (Español): <http://bitly.ws/aurw>
- **(RA) Resource Guide: COVID-19 w/FAQ's:** Click [HERE](#) or visit: <http://bitly.ws/auCG>
- **Request Benefit Payment:** Click [HERE](#) or visit: <http://bitly.ws/audh>
- **Reemployment Assistance Handbook:** Click [HERE](#) or visit: <http://bitly.ws/audw>
- **Reemployment Assistance Forms:** Click [HERE](#) or visit: <http://bitly.ws/audz>
- **To Report Fraud:** Click [HERE](#) or visit: <http://bitly.ws/auzo>
- **To File An Appeal:** Click [HERE](#) or visit: <http://bitly.ws/auzr>

PANDEMIC RE-EMPLOYMENT ASSISTANCE PROGRAMS: UNDER THE CARES-ACT

These are the next steps AFTER Re-Employment Assistance Benefits are exhausted

<http://www.floridajobs.org/CARES-ACT>

PANDEMIC EMERGENCY UNEMPLOYMENT COMPENSATION:
(PEUC)

The Federal Pandemic Emergency Unemployment Compensation (PEUC) program, offered through the federal CARES Act and administered by DEO, provides up to 13 weeks of benefits to a claimant who has exhausted their Reemployment Assistance benefits. Floridians will need to apply for PEUC benefits once the balance of their current claim is exhausted. Floridians who have already exhausted their benefits or have a Reemployment Assistance claim that expired after July 1, 2019, will also be able to apply.

Through PEUC, Floridians may be eligible for up to \$275 in weekly benefits beginning March 29, 2020 through the week ending December 26, 2020. Floridians will also receive an additional \$600, FPUC payments, that ONLY applies to the following weeks of unemployment: Beginning March 29, 2020 and ending July 25, 2020.

- **PEUC CARES Act Application process:** Click [HERE](#) or visit: <http://bitly.ws/atWd>
- **FAQ sheet for applying for PEUC:** Click [HERE](#) or visit: <http://bitly.ws/atWM>
 - (Español) **FAQ sheet for PEUC:** Click [HERE](#) or visit: <http://bitly.ws/atXB>
 - (Kreyòl) **FAQ sheet for PEUC:** Click [HERE](#) or visit: <http://bitly.ws/atXH>
- **Claimant Guide for Applying for PEUC:** Click [HERE](#) or visit: <http://bitly.ws/atX5>
 - (Español) **Claimant Guide for PEUC:** Click [HERE](#) or visit: <http://bitly.ws/atX9>

PANDEMIC UNEMPLOYMENT ASSISTANCE:
(PUA)

The Federal Pandemic Unemployment Assistance (PUA) program provides up to 39 weeks of Reemployment Assistance benefits to individuals who are self-employed, independent contractors, certain non-profit employees and gig economy workers, as well as to individuals working part-time, or who otherwise would not qualify for regular state Reemployment Assistance benefits under state or federal law or PEUC. Floridians may be eligible for up to \$275 in weekly benefits beginning February 2, 2020 through the week ending December 26, 2020..

Individuals who have been impacted by COVID-19 and believe they may be eligible for Pandemic Unemployment Assistance, can visit www.FloridaJobs.org and select "File a Claim" to apply and be considered for PUA.

- **PUA CARES Act Application Process Flowchart:** Click [HERE](#) or visit: <http://bitly.ws/auaw>
- **FAQ sheet for applying for PUA:** Click [HERE](#) or visit: <http://bitly.ws/auaE>
 - (Español) **FAQ sheet for PUA:** Click [HERE](#) or visit: <http://bitly.ws/auaX>
- **Claimant Guide for Applying for PUA:** Click [HERE](#) or visit: <http://bitly.ws/auaB>
 - (Español) **Claimant Guide for PUA:** Click [HERE](#) or visit: <http://bitly.ws/aua9>
 - (Kreyòl) **Claimant Guide for PUA:** Click [HERE](#) or visit: <http://bitly.ws/auaR>
- **Guide For Applying for PUA After Exhausting PEUC:** Click [HERE](#) or visit: <http://bitly.ws/atWA>

Macaroni Kid South Brevard
Brings You These 6 Parent & Family Resources



[Brevard County Holiday Shopping Guide](#)

Christmas will be here before you know it! We want to help you find the perfect gift for everyone.

1



[Jobs for Teenagers in South Brevard](#)

This is a listing of places in our community who hire teenagers.

Note: This does not guarantee that they are looking to hire at this given moment

2

Macaroni Kid South Brevard

Offers a plethora of parent and family resources. The following 6 Articles contain a wealth of great resources, provided to you by the South Brevard Macaroni Kid.

<https://melbourne.macaronikid.com/>

Macaroni Kid South Brevard also offers a **FREE weekly e-newsletter** that covers all things local, family and FUN in South Brevard County, Florida!

Subscribe to Macaroni Kid South Brevard to receive more local events, parent resources and family fun as soon as it's available!



[Kids Eat FREE in South Brevard](#)

We have compiled a complete list of ALL the Kids Eat Free specials in South Brevard!

3



[Parent Support Groups in South Brevard, Florida](#)

- Mom Support Groups
- Grandparents Raising Grandchildren Support Groups
- Exceptional Needs Parents Support Groups
- Parent Trauma Support Groups

4



[Farmers Markets In South Brevard County](#)

- Downtown Melbourne
 - Palm Bay
- Rockledge Gardens
- Satellite Beach
- Wickham Park

5



[20 Ways Your Family Can Save Money During The Pandemic](#)

Here are ways you can consider making small changes at your home to live like a frugal family

6



FREE Online Parent Workshops & More

- Learn skills for peaceful parenting. Get those disruptive, stubborn, yet fabulous kids to cooperate.
- Guide children to do what you want while building their self-esteem.
- Get more time for you while taking good care of them.

WORKSHOPS

Workshops are recorded and recording will be available for viewing

- **3 Tips on How to Eliminate the Impact Of Bullying:**
Sunday Nov 1st 4 – 5 pm
Recording Now Available Online
- **From Home Schooling Blues to I Got THIS!:**
Sunday Nov 15th 4 – 5 pm
- **TAG Kids for Success:**
Sunday Dec 6th 4 - 5 pm

TO REGISTER:

<https://confidencebuildssuccessacademy.com/workshops/>

To get your **CARE 10 Tips to Create Confident Kids PDF:**

<https://confidencebuildssuccessacademy.com>

Like us on Facebook and join in on these weekly resources for FREE:

TAGTalk with Marty

Every Monday at 8:00 am EST for Teachers and Parents
Tips, techniques, ideas, to make your life easier, get children's cooperation and respect, and to build their confidence and resilience.

Parent Quick Tips with Marty

Every Friday at 12:45 - 1:15 pm. EST for Parents
Ask me the questions and get immediate tips you can use to get results.

Facebook: [@confidencebuildssuccessacademy](#)

<https://www.facebook.com/confidencebuildssuccessacademy/>

Tutor & Education Resources



Khan Academy Kids



Khan Academy Kids is a FREE, fun, educational program designed to educate & inspire young children ages 2-7

The robust Khan Academy Kids curriculum and original content make learning engaging and fun. The learning content inside the Khan Academy Kids app includes thousands of activities and books for children ages 2-7 that are aligned with the [Head Start Early Learning Outcomes Framework](http://bitly.ws/aw6P): <http://bitly.ws/aw6P> and [Common Core Standards](http://www.corestandards.org/): <http://www.corestandards.org/>. These activities delve deep into topics ranging from math to motor development.

To sign up and get started click [HERE](#) or visit: <http://bitly.ws/aw6Y>



Khan Academy

A non-profit with the mission to provide a FREE, world-class education for anyone, anywhere.

<https://www.khanacademy.org/>

<https://www.youtube.com/c/khanacademy/featured>

Khan Academy's website aims to provide a personalized learning experience for K-12, mainly built on the videos which are hosted on YouTube. The website is meant to be used as a supplement to its videos, because it includes other features such as progress tracking, practice exercises, and teaching tools for parents and educators. It also provides online courses for preparing for standardized tests, including the SAT, AP Chemistry, Praxis Core, MACT, and LSAT preparation lessons.

Teachers can set up a classroom within Khan Academy. This classroom allows teachers to assign courses within Khan Academy's data base to their students. Teachers can also track their student's progress as they work through the assigned tutorials. For more information about the tutoring services Focused Tutoring offers, please email: focusedtutoringservice@gmail.com



Varsity Tutors

Award-Winning Elementary School Tutors for Students in Brevard

Personally tailored Elementary School lessons from exceptional Brevard tutors in a one-on-one setting. Day, night and weekend appointment options to accommodate your schedule.

Call **305-783-2798** For more information or visit: <http://bitly.ws/avQR>



Unite for Literacy ensures that all children have access to an abundance of books that celebrate their cultures and languages.

Visit **Unite for Literacy** for access to their FREE online library!

<https://www.uniteforliteracy.com/>



FloridaStudents.org is your source for Student Tutorials and resources. Inside this website you will find more than 800 FREE original tutorials aligned to Florida's standards to support student learning in language arts, mathematics, science, civics and U.S. History.

Floridastudents.org

Tutor4Service

FREE EDUCATION FOR EVERYONE
We adhere to all of your needs as we tutor any subject from Pre-K to 12th Grade.

FREE Online Tutoring

Tutor4Service offers some of the very best and FREE online tutoring sessions from our academically excelling high school tutors! Our mission is to enhance education by providing FREE tutoring in communities and use our teaching abilities as an act of community service. We believe everyone is entitled to help regarding education, so no matter what age, gender, or location, we strive to help kids to the best of our ability.

Contact us now and sign up to schedule an interactive tutoring session with a fun and engaging tutor! We are available any time you need us! <https://www.tutor4service.org/>

WFSU PUBLIC MEDIA & PBS LEARNING MEDIA

PBS LearningMedia:

<https://florida.pbslearningmedia.org/>

PBS Learning Media and WFSU, along with PBS stations across the country, have developed collections of free **Digital Learning Resources for Remote Learning for grades Pre-K through 12th** that can be used with TV broadcasts or on their own. These resources are hosted on PBS LearningMedia and include videos and support materials for easy curriculum integration.

WFSU Public Media:

<https://wfsu.org/education/wfsu-at-home-learning/>

WFSU Public Media is partnering with PBS Learning Media to provide links to free videos, lessons, interactives and tools to help keep your children learning while at home. All resources are FREE and aligned to [Florida standards](#).

Other Sites They Offer:

<https://pbskids.org/>

<https://www.pbs.org/parents/>

Now Accepting NEW Open Enrollment Applications for Choice Schools (EPO)!

Deadline to apply is December 4, 2020

Brevard's six choice schools are now accepting NEW open enrollment applications for the 2021-2022 school year.

Edgewood Jr. / Sr. High • Freedom 7 Elementary • South Lake Elementary • Stevenson Elementary • West Melbourne School for Science • West Shore Jr. / Sr. High

Please click [HERE](#) or visit our website: <http://bitly.ws/awrc> for more information and to access the family dashboard to fill out an application.

An Educational Program Opportunity (EPO) enables a student to attend a school for a specialized curriculum, program and unique theme not offered at their residential zoned school (i.e. Career and Technical Education Program, Choice School, International Program, and Magnet)

An Educational Location Option (ELO) enables a student to attend a school located outside of the family's residential zoned school.

Brevard Public Schools - Open Enrollment Timelines

Educational Location Option (ELO) & Educational Program Opportunity (EPO)
2021-22 School Year
<http://bitly.ws/awrr>



HEAD START PRESCHOOL NOW ACCEPTING APPLICATIONS for 2020-21



Family must meet federal income guidelines for Head Start AND child must be 3yr or 4yr old on or before 9/1/2020.

For information, call Head Start at:
321-617-7786

[2020-2021 Head Start Information Sheet:](#)
<http://bitly.ws/axuo>

[2020-2021 Head Start Application-print and scan version:](#)
<http://bitly.ws/axuq>

[2020-2021 Head Start Information Sheet – Spanish:](#)
<http://bitly.ws/axuv>

[2020-2021 Head Start Application - Spanish-print and scan version:](#)
<http://bitly.ws/axuy>

PreK-12

Scholarship Programs

Florida provides a variety of school choice options inclusive of scholarship programs. These programs allow parents choice among public and private schools. For information in regards to all available Florida PreK-12 Scholarship programs go to: Floridaschoolchoice.org

• The Gardiner Scholarship Program:

Provides eligible students a scholarship that can be used to purchase approved services or products in order to design a customized educational program for the student. Scholarships can be used for specialized services such as speech or occupational therapy, instructional materials, tuition at an eligible private school, contributions to a college prepaid account and more. The program is directly administered by state-approved nonprofit scholarship funding organizations.

[Read More](https://www.brevardschools.org/Page/16304) or visit: <https://www.brevardschools.org/Page/16304>

• The Family Empowerment Scholarship Program:

For low-income and middle-income families, provides the opportunity for students to attend a participating private school.

[Read More](https://fl02201431.schoolwires.net/Page/15438) or visit: <https://fl02201431.schoolwires.net/Page/15438>

• The Hope Scholarship Program:

For students enrolled in a Florida public school in kindergarten through grade 12 who has been subjected to an incident of battery; harassment; hazing; bullying; kidnapping; physical attack; robbery; sexual offenses, harassment, assault, or battery; threat or intimidation; or fighting at school the opportunity to transfer to another public school with capacity or enroll in an approved private school.

[Read More](https://www.brevardschools.org/Page/15439) or visit: <https://www.brevardschools.org/Page/15439>

• The McKay Scholarship Program:

For students with disabilities, provides the opportunity for students to attend a participating private school or offers parents public school choice.

[Read More](https://www.brevardschools.org/Page/15440) or visit: <https://www.brevardschools.org/Page/15440>

• The Opportunity Scholarship Program:

Offers students who attended or are assigned to attend a public school, that has a performance grade category of "F" or three "D's" within the previous five years, the option to choose a higher performing public school.

[Read More](https://www.brevardschools.org/Page/15448) or visit: <https://www.brevardschools.org/Page/15448>

FREE Training for Brevard Faculty & Teachers



CARE Maximize Your Performance Training

These are uncharted waters you are in and these waters are all riled up. You have been hit with the unexpected not once or twice, but daily. No one was given prep time or a manual to follow. Without warning, the COVID storm hit and was intensified by racial unrest.

Overnight, the students expected you to be the lighthouse to guide them through these turbulent seas of change. You have your own challenges at home to deal with, your own fears, uncertainty and doubt to manage. So, what fuels you? What keeps your light burning bright?

CARE Maximize Your Performance Training will provide faculty and staff guidance to help students navigate through the difficulties of transitioning to virtual learning, reestablishing connections and addressing mental health and life challenges as a result of COVID-19. To successfully navigate these waters, the basic needs of students must be met before they can truly focus on higher learning.



Using the tools in the **CARE** Training, educators will be equipped to better engage with and help students navigate personal and emotional challenges. Despite all odds, they can learn to be at peace vs anxious, energized vs burned out, secure vs uncertain, and confident vs doubting themselves.

CARE Maximize Your Performance Training

The core tenet of the **CARE** Philosophy is Being You Matters. When you embrace this knowledge for yourself and others, an elevated appreciation for you and humanity is cultivated.



CARE Four Modules will be offered on Thursdays from Noon – 1:00 pm

| | | |
|--------------------|--|---------------|
| C Confident | Social Intelligence for Cooperation | November 12th |
| A Aware | Connect for Effective Communication | November 19th |
| R Resilient | Emotional Intelligence for Engagement | December 3rd |
| E Empowered | Leadership for Civility in All Relationships | December 10th |

Faculty, Teachers, and Staff will have access to four 60-minute Live and Recorded Trainings

- Content and training on the module and **CARE** Resource Toolkit
- Dynamic, engaging interaction, questions from the attendees
- Sessions are recorded, replay and additional resources available
- Certificate of Completion awarded for each Module completed
- Access to two (2) in-depth demonstration video trainings:
 - Defining Students' Core Strengths
 - Emotional Intelligence for Engagement

TO REGISTER
<https://discoveryyourpowerwithincoach.activehosted.com/f/1262>

Office hours on Zoom for questions and support the weeks of Nov 16th – Dec 15th
 Mondays 11:30 – 12:30 pm and Tuesdays 8:00- 9:00 am

For more information: <https://confidencebuildssuccessacademy.com/caremypt/>

Marty L Ward • Marty@MartyLWard.com • 321-848-4997 • <https://ConfidenceBuildsSuccessAcademy.com>

FREE MENTAL HEALTH SERVICES

URGENT MENTAL HEALTH SERVICES

- Coastal Psychiatric Urgent Care serves individuals aged 4 & up
- Accepts over 20 different insurance plans
- Accepts out of pocket payments
- Offers sliding scale payments to those who qualify

WHAT WE PROVIDE:

Immediate mental health treatment and referrals to those who do not have a local mental health provider, are unable to get a timely appointment with their established provider, or need a second opinion quickly. In addition to mental health difficulties, we help those who may also experience problems related to substance use. Individuals are able to walk-in as a new client and see a psychiatric provider the same day. Therapy and referral services are also available immediately.

Similar to other types of urgent care, some individuals may choose to use our urgent care as their ongoing provider for medication management and therapy which are both provided on a walk-in (or log-in for telehealth basis).

WE CAN OFFER THE FOLLOWING SERVICES:

- Diagnostic interview and treatment planning
- Medication evaluation
- Medical follow-up visit
- Individual, couples and family therapy
- Grief and crisis counseling
- Referrals/linkage to community resources

Individuals who have the following insurance plans can receive services at Coastal Psychiatric Urgent Care:

- Aetna Commercial and Aetna Medicare
- AvMed Commercial and AvMed Medicare (therapy only)
- CarePlus Medicare (therapy only)
- Cigna Commercial and Cigna Medicare
- Florida Blue Commercial and Florida Blue Medicare
- BCBS from other states or federal plans may not be in-network
- Florida Health Care Plan (FHCP) Commercial and FHCP Medicare
- Health First Commercial and Health First Medicare (therapy only)
- Humana Commercial and Human Medicare
- Optum Commercial and Optum Medicare
- Florida Medicaid (gold card-therapy only)
- Straight Medicare (red, white & blue card with no advantage plan)
- Tricare
- United Healthcare Commercial and United Health Care Medicare
- United Medical Resources (therapy only)
- Wellcare Medicare



FREE Mental Health Services through Telehealth for Individuals Impacted by COVID-19

IMPOWER is now offering **no cost** mental health services statewide through Telehealth to children and adults who have been impacted by COVID19.

ELIGIBILITY:

To qualify for no cost services individuals must be uninsured, underinsured, be at 150% of the Federal Poverty Level and have been directly impacted by COVID-19 (coronavirus).

AVAILABLE SERVICES

Outpatient Mental Health and Substance Abuse Assessment & Counseling:
Treatment for individuals who are experiencing mental health and/or substance abuse issues. Counseling services are provided by Licensed Clinician's or Master's-level Clinicians under the O2 supervision of a Licensed Clinician.

Psychiatric Clinics & Medication Management:

Our Psychiatric teams offer care, evaluation, treatment, and medication management provided by Board Certified Psychiatrists and Physician Assistants.

Case Management & Medication Assistance:

Assistance with services that are essential to meeting basic human needs, coordination & linkage to needed services and medication assistance

GET STARTED NOW

To make a referral for yourself or someone you know please complete the online referral form below. Once submitted an IMPOWER staff member will contact you.

REFER MYSELF OR MY CHILD

Online Referral Form for Self/Parents or Guardians: <http://bitly.ws/awYJ>

ALL OTHERS

Online Referral for Providers : <http://bitly.ws/awYF>

For more information or find out if you qualify, please contact our Central Referrals and Scheduling Department at:
Phone: (321) 639-1224; ext 2 or email: referrals@impowerfl.org.

DOWNLOAD OUR FLYER: [HERE OR VISIT: http://bitly.ws/awYH](http://bitly.ws/awYH)

MENTAL HEALTH WEBINARS

Mental Health Matters

A VIRTUAL MENTAL HEALTH FORUM FOR STUDENTS

Scavenger Hunt With Gift Card Prizes!

Join us and learn simple stress reducing techniques, listen to shared stories from students who have struggled and triumphed, share your thoughts with others through open forum discussion and Q & A with licensed mental health therapists.

There will also be a scavenger hunt with gift card prizes!

To Register Click Here:

<https://www.eventbrite.com/e/mental-health-matters-virtual-forum-for-students-tickets-125056546497>

Date And Time
Thu, November 19, 2020
3:30 PM – 4:30 PM EST



VIRTUAL MENTAL HEALTH FAIR

Hope and Help for Mental Health Conditions

VIRTUAL PROGRAM VIA ZOOM

DATE: NOVEMBER 15, 2020

TIME: 1:00 PM TO 5:00 PM

1:00-2:00 PM - MENTAL HEALTH WELLNESS 101

SPEAKERS: STEPHANIE BYRD, LMFT
RAYNA HOUVOURAS, LMHC

2:00-3:00 PM – MANAGING STRESS VS. MENTAL DISORDERS

SPEAKER: TANYA DIX, RN

3:00-4:00 – UNDERSTANDING ADDICTION

SPEAKERS: RICK BURKLEW M.A. M.DIV
LAURA McCARTHY M.A. LMHC

4:00-5:00 – MENTAL ILLNESS AND CRIMINAL JUSTICE

SPEAKER: JUDGE STEVEN LEIFMAN

To register for any or all of the sessions:

Call or email Rachel Kalleward at:
321-242-2585 • rachelk@suntreeumc.org

or visit: www.SuntreeUMC.org/mentalhealth

DID YOU KNOW...

It's possible to have the flu & COVID-19 at the same time!



The Florida Department of Health in Brevard County (DOH-Brevard) is strongly encouraging all unvaccinated residents to get their flu shot as soon as possible because it takes approximately two weeks after vaccination for your body to develop protection against the flu.

To better serve Brevard County residents, DOH-Brevard is offering free adult flu clinics during the month of November.

Brevard County Free Flu Clinics

November 6, November 13, and November 20
1:00PM – 4:00PM

Available at all three locations:

- Melbourne Clinic: 601 E University Blvd
- Viera Clinic: 2555 Judge Fran Jamieson Way
- Titusville Clinic: 611 North Singleton Ave

DOH-Brevard Offers Free Flu Vaccines

The DOH-Brevard continues to offer free flu vaccines for children ages 6 months through 18 years of age. Monday – Friday from 8:00AM to 4:00PM on a walk-in basis at each of our clinic locations in Melbourne, Viera, and Titusville as well.

The following COVID-19 testing sites are verified through Brevard County Emergency Management:

State-Supported Drive-Through Site:

- No appointment required
- 9am-5pm, seven days a week
- Eastern Florida State College Palm Bay Campus, 250 Community College Parkway, Palm Bay 32909 (enter at San Filippo Drive SE at Manchester Circle)
- “Express Lane” has been added for people with symptoms.
- All ages with parental consent.
- ID not required but will speed up process.
- Insurance information will be requested but not required. No copay or fee.

Department of Health in Brevard:

- Appointment required by calling 321-454-7141
- 8am-noon Monday-Friday
- Viera Clinic, 2555 Judge Fran Jamieson Way, Viera, FL 32940
- Will test children, all ages, with parental consent.

Health First:

- Appointment preferred but not required by calling 321-434-3131
- 9am-noon Monday-Saturday
- Pro-Health & Fitness, 255 Borman Drive, Merritt Island, FL 32953
- No testing for children.

Parrish Healthcare:

- Appointments required by calling 321-268-6139 or texting “covid test” to 321-204-1699
- Tuesdays through Saturdays at rotating sites in North Brevard.
- No testing for children.

Narcan Locator

The following website has a Narcan Locator for each county in Florida. Here you can find where to obtain Narcan for your agencies.
<https://isavefl.com/find-naloxone.shtml>

RECOGNIZE THE SIGNS®

Opioid addiction can happen to anyone. Learn to recognize the signs and symptoms of opioid addiction.

SOME OF THE SIGNS INCLUDE:

- Taking higher doses than prescribed
- Running out of prescriptions early
- Craving one more pill or refill
- Mixing pills and alcohol
- Withdrawing from friends and family
- Taking opioids for psychological effects

If someone you know shows signs of opioid addiction, seek help. Call 2-1-1 for local services or treatment centers.

USE ONLY AS DIRECTED

No person shall, on the basis of race, color, religion, national origin, sex, age or disability be excluded from participation in, be denied the benefits of or be subjected to unlawful discrimination under any program or activity receiving or benefiting from federal financial assistance administered by Eckerd Connects. Foreign language and sign-language interpreters will be made available at no charge to the client. Eckerd Connects is a 501(c)(3) not-for-profit, equal opportunity employer. Eckerd Connects has provided the above resources as a convenience to the public. However, Eckerd Connects is not legally affiliated with the above agencies and organizations, nor involved with how they administer resources and services. You may contact the individual organization listed above for details on how they assist