**eckerd** connects

October 13, 2020 Issue. 10



If you have information you would like us to share in our Newsletter, or if you would like to subscribe, please contact:

**Elizabeth Fears** Community Outreach Specialist <u>EFears@eckerd.org</u>



# Eckerd Connects Brevard Community Resource Facebook Group!

## **Benefits To Joining Our Group:**

- You will have access to MORE community resource!
- Access to date sensitive opportunities DAILY throughout the month!
- Access to interactive learning and training materials for both individuals and providers.
- > Access to Exclusive events and giveaways!

# TO JOIN THE GROUP CLICK <u>HERE</u> OR FOLLOW LINK BELOW:

https://www.facebook.com/groups/EckerdCo nnectsBrevardCommunityResources

# **Updated COVID Testing Sites**

<u>Eastern Florida State College:</u> 250 Community College Parkway, Palm Bay 32909

•FREE Drive-Thru; No appointment required

•9am-5pm, seven days a week

•Must be 18 with photo ID

•Antibody testing now available for individuals 18yr and older

<u>Department of Health in Brevard:</u> 2555 Judge Fran Jamieson Way, Viera, FL 32940

•Appointment required by calling 321-454-7141 •FREE Drive-Thru; Pre-registration required

•http://brevard.floridahealth.gov/.../covid-19testing-viera-c...

•8:30am-noon and 1:30-3:30pm (M,T,W,F)

<u>Health First:</u> 1223 Gateway Drive, Melbourne, FL 32901

•FREE Testing; By Appointment Only, Physician's Lab Order Required

•Requirements waived for first responders •Call 321-434-3131 to make appointment (M-Sat 7am-2pm)

<u>MedFast Urgent Care:</u> Multiple Locations Available •Appointments required by calling 321-633-3278

•For locations visit: <u>https://www.medfastcare.com/</u> •Antibody Testing Available

# **COVID Rapid Test Sites**

Night Lite Pediatrics: 321-204-0808

145 Palm Bay Rd. Melbourne, Florida 32904 •We are currently offering COVID-19 testing to our patients from **Newborn to 21 years of age**. Every child and parent over the age of two must wear a face mask when entering our facilities. We allow one parent to accompany the child. Walk-ins only.

Atlantis Urgent Care: 321-777-2273 2254 Highway A1A Indian Harbour Beach 32937

•Appointment Required; For more information visit: <u>https://atlantisurgentcare.com/2020/07/09/covid-visits-at-atlantis-urgent-care/</u>

•8am-8pm, Monday-Friday; 9am-7pm Saturday; 10am-5pm Sunday

## **Updated Food Distribution Sites & Pantry**

#### Mon •Tue •Wed •Thurs •Fri •Sat

**Eau Gallie First Baptist Church** 1501 W. Eau Gallie Blvd. Melbourne <u>Tues 10-2 & Thurs 10-12</u>

River Run Christian Church 1660 Croton Road, Melbourne Tues 11:30am & Thurs 11:30 am

**Centerpointe Food Pantry** 871 Coply Street SE, Palm bay <u>Mon 9am-12pm</u>

Hands For Healing 1021 Emerson Dr. NE, Palm Bay Mon 3pm or call ahead

**First United Methodist Church** 110 E. New Haven Ave. Melbourne <u>Monday at 2 pm</u>

Eastwind Pentecostal 1021 Emerson Drive N.E. Palm bay Mondays starting at 2 pm

Grace Fellowship of Brevard 3420 Murrell Road, Rockledge <u>Mon 9am-10:30am</u>

Melbourne Church of Christ 810 Hollywood Blvd, West Melbourne <u>Tues 8:30am-1pm</u>

**Faith Fellowship Church** 2820 Business Center Blvd. Melbourne 32940 <u>Tues 5pm-6:30pm</u>

Melbourne SDA Church 210 w. New Haven Ave. Melbourne 2nd Tues 4pm-5:30pm

Mims United Methodist Church 3302 Green St, Mims 2nd and 4th Tues 10 am-12 p

**First Baptist Church of Titusville** 303 Main Street, Titusville <u>1st & 3rd Tues 9am-12</u>

No One Hungry / Julia St. 428 Julia St. Titusville Tues 10am-12pm

God's Pantry 2220 Port Malabar Blvd. NE Palm Bay Wed 1pm-3pm

Living Word Christian Center 302 Main St., Cocoa 32922 Wednesday at 3pm

**Islamic Society of Brevard** 500 E. Florida Ave. Melbourne <u>Wednesday at 2 pm</u>

Shiloh Christian Center 3900 Sarno Rd. Melbourne <u>Wednesday at 1 pm</u>

Helping Hands Alliance 344 Emerson Dr. NW Palm bay <u>Thurs 9-12:30</u> **Christ Lutheran Church** 7511 N. Atlantic Ave. Cape Canaveral 2nd Thurs 9:30-12

**First Baptist Church of Malabar** 1665 Malabar Road, Malabar 1st & 3rd Thurs 10-12

**Mosaic Palm Bay** 2100 Port Malabar NE, Palm Bay <u>Thursday 2 pm</u>

Advent Lutheran Church Food Bank 7550 N. Wickham Road, Melbourne <u>Thurs 5:30-6:30</u>

**Mount Moriah Missionary Baptist Ch.** 2295 dr. Harvey Riley St. NE Palm Bay <u>Thurs noon (until food is gone)</u>

**The St Pauls UMC** 1591 Highland Ave. Melbourne <u>Thurs 3pm-4pm</u>

**Grace United Methodist Church** 65 Needle Blvd. Merritt Island <u>Thurs 9am-12</u>

Bethany Chapel, Garden Apts 4000 N. Riverside Drive Satellite Beach <u>3rd Thurs 9:30-11:30</u>

**Brevard Adventist Community Services** 5005 Barna Ave, Titusville <u>2nd Thurs 1-4pm</u>

**Impact Center "New Life"** 6755 Washington Avenue Titusville <u>Thurs 11am-1pm</u>

**Parker Memorial Baptist** 4101 Mobile Ave. Cocoa W. Fri 3pm (while supplies last)

Zion Orthodox Primitive Baptist Church 715 South Fiske Blvd, Rockledge <u>Friday at 3 pm</u>

**Mount Tabor Primitive Baptist Church** 333 Lucas Road Merritt Island <u>Fri 3pm till food is gone</u>

Bethel Abundant Life Ministries 1081 Port Malabar Blvd. N.E. Palm Bay <u>1st & 3rd Saturday 12-2</u>

Lockmar Baptist Church 700 Emerson Drive NE , Palm Bay Sat 9am-12

**United Church of God of Deliverance** 1755 Craig Avenue, Titusville <u>3rd Sat 11am-1pm</u>

Lutheran Church of the Resurrections 525 Minutemen Causeway, Cocoa Beach <u>Saturday 10:00 a.m. to Noon</u>

**Overcomer Church Of God of Prophecy** 4350 Aurora Road, Melbourne <u>Every Other Sat 9am-12p</u>

Community Resource Master Guide | Page 2

 Salvation Army Pantry
 1080 S. Hickory Street, Melbourne <u>Mon-Thurs 9am-4pm</u>

 St. Josephs St. Vincent De Paul
 2824 Palm Bay Road, Palm Bay Mon-Thurs 9:30am-12pm one bag per family 32905 and 32907 only

 Project Response, Inc.
 745 South Apollo Blvd. Melbourne Mon-Fri 8:30am-5pm call 321.724.1177 first

Ascension Catholic Church Social 1238 Aurora Road, Melbourne <u>Mon-Fri 9am-11am</u>

Central Brevard Sharing Center

 113 Aurora Street, Cocoa <u>Monday - Friday</u>
 9:30 am-Noon & 1pm-3pm

South to Indian River

Holy Name of Jesus/ St. Vincent De Paul
 Society
 3050 Hwy. A1A, Indialantic
 Mon, Tues, Thurs, Fri, Sat 9-11
 Beachside residents only - Pineda Causeway

St. Vincent De Paul Society
 130 Cleveland Avenue, Unit C
 Cocoa Beach
 Mon, Wed. & Fri. 9:30am - 1pm
 Cocoa Beach, Cape Canaveral residents only

 N. Brevard Charities and Sharing Center
 4475 S Hopkins Avenue, Titusville Mon, Tues, Thurs, & Fri 11am-2pm

 St. Vincent De Paul Divine Mercy 1940 North Courtenay Pkwy. Merritt Island <u>Mon, Wed, Fri 10am-12 pm</u>

 St. Vincent de Paul, Our Lady of Grace 300 Malabar Rd, Palm Bay <u>Tues, Wed, Thurs 9am-11:30</u> Photo ID w/ current address required <u>Must live west and south of Emerson.</u>

**First Baptist Church Pt. St. John** 3900 Fay Blvd. Port St. John <u>Mon & Wed 10am-1</u>

Church of Jesus Christ of Latter-Day Saints 3000 South Street, Titusville <u>Wednesday & Friday at 11:30am</u>

Church of Christ Oceanside 104 NE 3rd Street, Satellite Beach Wed 2pm-4pm & Sat 9am-11am

**South Brevard Sharing Center** 17 E Hibiscus, Melbourne 32907 <u>Tues 1 - 5 & Thurs 9 - 1</u>

East Coast Christian Center 670 N. Courtenay Pkwy. Suite 9 Merritt Island <u>Tues 9-11am & Thurs 9-11am</u>

#### Additional Food Assistance Resources

# HOT MEAL LOCATIONS

#### **Central Brevard Sharing Center**

113 Aurora Street Cocoa 32924 <u>11am-1pm M-Sat & 2pm-3pm on Sun</u>

#### **Daily Bread**

815 E. Fee Ave. Melbourne 32901 Meals Daily 11-1

#### **Cornerstone Church of God**

311 E Hibiscus Blvd. Melbourne 32901 Breakfast meals Saturday 9:30-10:30

#### **My Community Cares**

1046 Dixon Blvd Cocoa 32922 Dinner meals 4-6 pm Wed-Friday

# Salvation Army North Central (Titusville)

1218 W. Main Street Titusville 32796 <u>Mon-Sat</u> <u>11-11:30 am</u>

#### **Pebbles Catering**

Free Meals 1046 Dixon Blvd, Cocoa <u>4-6pm Wednesday-Friday</u>



To find food resources available in your area visit:

https://www.feedingflorida.org/

# **Brevard County Farmers Markets**

#### The markets are open to ALL residents

Those who have been financially impacted by COVID-19 will be eligible for the CARES Act tokens upon completion of a selfdeclaration form that will be available on site. A photo identification will be required with matching address as that on the self-declaration form.

Individuals can obtain \$50 in CARES Act dollars, in the form of tokens, for the purchase of fruits, vegetables, honey, coffee, eggs, herbs and other non-prepared food items.

#### The markets will be held at these locations:

- Thursdays at Wickham Park, 2500 Parkway Drive, Melbourne from 3 to 6 p.m.
- Fridays at the Welcome Center, 419 S. Hopkins Ave., Titusville from 3 to 6 p.m.
- On the first and third Saturdays of the month at Riverview Park, Melbourne from 10 a.m. to 3 p.m.
- On the second and fourth Saturdays of the month at Paddling Paradise, 4220 Dixie Highway NE, Palm Bay from 10 a.m. to 2 p.m.



# Fill-A-Bag Thursdays (Market hours: 7am - 6pm)

**When:** Every Thursday at Evans Community Market

**What:** Customers can stuff their Evans Reusable Shopping bag with all the groceries they can fit in it and pay only \$25+ tax. No eligibility requirements. It's our way to get more food on the tables for our community.

In response to the COVID-19 pandemic, <u>Fresh Access Bucks</u>, a program of <u>Feeding Florida</u>, is extending unlimited dollar-fordollar matches for all SNAP and P-EBT purchases on Floridagrown fruits and vegetables at participating markets <u>through</u> <u>December 31, 2020</u>.

While the program typically has a \$40 cap on matches, the cap will be lifted through the remainder of 2020 to aid food insecure individuals in this uncertain time.

For a complete list of participating markets in Florida, please visit: www.feedingflorida.org/promotional-materials/Covid19



Shop with SNAP/EBT or P-EBT Receive an unlimited match in Fresh Access Bucks to spend on Florida Produce through December 31st 2020! Visit FreshAccessBucks.com for a Map of Participating Outlets.

Community Resource Master Guide | Page 3

#### **Domestic Violence & Victim Support Services**

#### **Domestic Violence Shelters**

- Women's Center of Brevard: 321-607-6809 24hr Domestic Violence Hotline, D.V Crisis Shelter & Certified Rape Crisis Center
- Salvation Army Cocoa: 321-631-2764 Text/Web Chat Services available Mon-Fri 9am-6pm Text to: 321-450-4325 Web Chat at: www.rc.chat/tsadvp
- Serene Harbor Palm Bay: 321-726-8282 New 24/7 text Line: 321-726-8282 Web Chat at: www.sereneharbor.org

#### **D.V Victim Support Services**

#### Address Confidentiality Program:

Allows victims of domestic violence to keep their address confidential and to utilize an alternate address for their I.D. and voter records as well. For Assistance please contact:

Serene Harbor: 321-726-8282 Women's Center: 321-607-6809

#### **Relocation Assistance:**

Relocation assistance is a one-time financial assistance administered by the state to victims of domestic violence to help them relocate to another residence. This assistance is only available for a short time from the date of the incident. Relocation assistance must be filed through a certified Domestic Violence shelter. For more information or if you would like to apply for assistance please contact one of the following shelters:

Serene Harbor: 321-726-8282 Salvation Army: 321-631-2764

#### **Injunction for Protection:**

An injunction is a court order against another person who has been physically violent with you and/or has placed you in fear of physical violence. The purpose is to require him or her to stay away from your home, your car, your place of employment, and other places the court finds necessary. Also, injunctions can order the other person not to contact you by phone, in writing, by email, or in person. Injunctions can include other relief that the court feels is appropriate. The following places can assist you with filing an injunction:

#### Serene Harbor: 321-726-8282 Women's Center: 321-607-6809 Family Civil Department of the Clerk's Office

<u>Women's independence Scholarship Program</u>: Helps survivors of intimate partner abuse obtain an education that will in turn offer them the chance to secure employment, personal independence and self sufficiency. <u>https://wispinc.org/</u>

#### Financial Empowerment Resources

NNEDV/Allstate Foundation Economic Justice Curriculum

https://nnedv.org/resources-library/financialabuse-toolkit/

#### Sexual Assault Victim Services (SAVS)

The Women's Center is a certified Rape Crisis Center for Brevard County with **a 24**/7 **helpline (321-784-HELP(4357))** providing information,

advocacy, and accompaniment during the Forensic Exam after a sexual assault at our exam center and Brevard County hospitals.

Women's Center: 321-607-6809

#### Victims Compensation Program:

Injured crime victims may be eligible for financial assistance for medical care, lost income, mental health services, funeral expenses and other out-of-pocket expenses directly related to the injury. Victims wishing to apply for assistance, check on the status of their applications, or in need of any other assistance can contact the division toll free from anywhere in the United States: 1-800-226-6667

Locations that can help victims file claims:

**Women's Center:** 321-607-6809 **Local Police Department:** Ask for a Victims Advocate

#### Victim Services Directory

How to File for Victims Compensation Victim Compensation Brochure Contact Crime Victims Services

#### Give Back a Smile (GBAS) :

The <u>American Academy of Cosmetic Dentistry</u> (AACD) Charitable Foundation's Give Back a Smile (GBAS) program connects adult survivors of domestic and/or sexual violence who've received dental injuries from the abuse with volunteer cosmetic dentists who donate their time and services to restore their smiles. Dental services are available throughout the United States. For Details and application link please visit website: <u>https://www.givebackasmile.com/</u>

#### Counseling & Support Groups:

#### Serene Harbor: 321-726-8282

Offers <u>Free</u> Support Groups for Domestic Violence Victims and their children

Women's Center: 321-607-6809

<u>Free</u> Counseling to victims of violence of any kind. Also offering affordable individual, couple, child & family counseling.

Offers

#### Issue No. 10 | Women's Center

#### **Connects**

#### Shelter, Transitional Housing

- <u>CITA Rescue Mission:</u> 321-725-5160 Housing and food to men experiencing homelessness.
- Genesis House: 321-723-3133
- Temporary shelter for women 18 years of age or older who are pregnant and/or have children.
- Temporary Housing for single women over 62.
- Jimmie Smith Cottage: 321-752-3170 Safe housing for young women ages 18 to 23 who have exited foster care without families.
- Sue Pridmore Center: 321-724-0494 Transitional housing program for women experiencing homelessness who are with or without children.
- Transitional Housing for Women: 321-242-3110 Transitional housing for women and children.
- Veterans Transitional Facility: 321-409-8167 Temp. shelter for veterans and their immediate families who are experiencing homelessness.
- Patriot House: 321-752-3217 Transitional housing for disabled veterans and veterans experiencing homelessness.
- Robert E. Lehton Shelter: 321-452-0800 x130 Emergency short-term residential Children's Shelter
- > Community of Hope: 321-474-0966
- SOS Emergency Shelter provides temporary short stay to families who are suddenly experiencing homelessness.
- Transitional housing provides temporary housing while transitioning into permanent housing.
- Permanent Supportive housing is more long term stay housing.
- Crosswinds Transitional Shelter: 321-452-0800 x130 Housing for young adults 16-21yrs of age who are experiencing homelessness.
- Operation Center Focus: 321-637-1866 x271 Transitional Housing for female veterans and children experiencing homelessness.
- New Life Mission: 321-480-9100 Residential program for homeless women with children transitioning to self-sufficiency.
- Simply Health Care Housing Waiver: 844-405-4296 FLBHReferrals@anthem.com

The Florida Housing Program is a pilot program that provides additional behavioral health services and supportive housing assistance to eligible enrollees with severe mental illness or substance use disorders. The program will specifically support enrollees who are homeless or at risk of homelessness due to their conditions.

#### **Rent Assistance**

- > Community Action Team: 321-633-1951
- Eckerd Connects: 321-735-7249
- Project VetRelief: 844-409-2025
- Catholic Charities: 321-338-2986
- North & South Brevard Sharing Center: (N) 321-269-6555 (S) 321-727-8581
- Central & South Salvation Army: (C) 321-632-6060 (S) 321-724-0494
- Saint Vincent De Paul: 321-799-3677

# Low-income internet for seniors, students, and families

• First, there are a variety of internet provider initiatives with discounted monthly rates that low-income families can usually access if their kids qualify for the National School Lunch Program (NSLP). <u>Find out how to apply through an Internet Service Provider</u>.

• The second option is a government assistance program called Lifeline, which offers \$9.25 per month off either internet or phone services to low-income households. Contact your Internet Service Provider (ISP) to enroll in Lifeline through it. <u>Find out if you meet the requirements</u> before you decide which option to go with.

#### Spectrum Internet Assist

While Spectrum's low-income internet program is higher priced than the others on our list, it's also one of the few that offers aid to homes without K–12 children. It brings a lot more to the table too.

Spectrum Internet Assist is solid, offering broadband speeds of 30 Mbps and a free internet modem with additional Wi-Fi service for \$5 per month (internet providers normally charge \$10 per month for Wi-Fi routers). To top it off, you won't have to worry about data caps or contracts.

So if one or more of the people in your household are recipients of Supplemental Security Income, National School Lunch Program (NSLP), or Community Eligibility Provision (CEP) of the NSLP, you can fill out the <u>Spectrum Internet Assist application</u>.

#### **Senior Resources**

- Helping Seniors of Brevard: 321-473-7770 Providing education, information and connections for seniors 55 and over residing in Brevard County.
- > Sunflower House: 321- 452-4341

Sunflower House at Merritt Square Mall helps find local resources, information and the support you need when you're caring for someone, (or when you could use some help yourself).

Community Care for the Elderly & Disabled Adult: 800- 963-5337 Provides case management services to frail seniors age 60 and over including development of an individualized care plan and assistance in selecting community based support services. Shopping Assistance/errand running services.

#### **Utility Assistance**

- > Community Action Team: 321-633-1951
- > FPL/LIHEAP: 321-633-1951
- Eckerd Connects: 321-735-7249 (Must have also been approved for rent assistance)
- Project VetRelief: 844-409-2025
- > Catholic Charities: 321-338-2986
- > Sharing Center of Central Brevard: 321-631-0306
- North & South Brevard Sharing Center: (N) 321-269-6555 (S) 321-727-8581
- North, Central & South Salvation Army: (N) 321-269-3110 (C) 321-632-6060 (S) 321-724-0494
- > Saint Vincent De Paul: 321-799-3677

#### **Rent & Utility Assistance -COVID 19 RELATED Financial Assistance**

#### **Brevard County Coronavirus Assistance Program:**

Brevard Count resident must have lost income due to COVID-19 and be seeking rent or mortgage assistance or security or utility deposits. Maximum of three months of assistance for \$7,200.

#### Link to instructions and all applications:

www.brevardfl.gov/HumanServices/newsItem/2020/05/26/coronavirus-assistance-

program-application

Link to mobile application: brevardflhhs.seamlessdocs.com/f/CARES

#### Assistance for Cocoa Residents only:

The City of Cocoa is accepting applications for rental and mortgage assistance and water bill payment assistance.

#### •Deadline is Dec. 20 or when funds are expended.

•Electronic applications and instructions are available at: <u>https://www.cocoafl.org/1580/Coronavirus-Relief-Fund-CRF</u>. There is now a fillable form that can be submitted directly.

•Hard copy applications, available at City Hall, 65 Stone St., may be returned to the lobby, where they will be picked up at 4pm weekdays. They may be emailed to crf@cocoafl.org

•Additional documents will be required to be mailed or dropped off. Incomplete applications will not be processed. For information, call <u>321-433-8520</u>.

#### Assistance for Melbourne Residents only:

The Emergency Rental, Mortgage and Public Utilities Assistance Program provides temporary assistance for up to three months of rent, mortgage and/or public utilities payments. The maximum monthly assistance has been increased to \$2,500 and will be made directly to the

creditor. https://www.melbourneflorida.org/Home/Components/News/7296/2513

#### •Applications accepted until Dec. 11.

•Must meet income guidelines and have less than \$5,000 in liquid assets.

•Must have provable loss of income due to COVID-119.

•Utility payments now include water, electricity, gas, internet, phone, cable.

•People living in mobile homes can also be helped.

Pre-screening: www.melbourneflorida.org/CARES

Call 321-608-7530 only for questions, not pre-screening.

#### Assistance for Titusville Residents only:

Titusville is accepting applications for its Coronavirus Relief Fund through the CARES Act. Applicants for the Brevard County Rental and Mortgage Assistance Program, Utility and Security Deposit Program, and a Food Stability Program must review and submit all of the required documents and attachments to qualify for assistance as instructed on this website link:

https://www.brevardfl.gov/.../coronavirus-assistance...

#### •The deadline will be Dec. 1 or when funds are expended.

•Rental and mortgage payment assistance, deposits and utility payments.

•Must meet income requirements.

•For info on how to apply call neighborhood services department at 321-567-3997 or •Email <u>neighborhoodservices@titusville.com</u>

•Apply in person at Harry T. Moore Service Center, 725 S. DeLeon Ave., Titusville 32780. Weekdays only, 9am-noon and 1-4pm

#### Assistance for Palm Bay Residents only:

Applications for assistance will reopen on Monday, October 5, 2020 and will remain open until all funding is expended. Applications must be complete. No incomplete applications will be considered. Qualified applicants will be served on a firstcome/first-eligible, first-served basis. Applications for assistance are available online and will be made available through the City of Palm Bay Housing & Community Development Division office located at Palm Bay City Hall Annex, 120 Malabar Road SE, or by emailing: <u>HCDinfo@pbfl.org</u>.

<u>Eligible uses for the funding include</u> rental or mortgage payment assistance, utility payment assistance, security deposits, and utility deposits. Utility payment assistance can only be provided if coupled with rent or mortgage payment assistance.

For questions or assistance with completing the application, please call (321) 726-5616. Visit <u>www.palmbayflorida.org/housing</u> for more information on available programs.

Follow link below for application: https://www.palmbayflorida.org/home/showdocument?id=23682

# Facing an Eviction due to financial hardship as a result of COVID-19?

**Here's what to do...** Take action to protect yourself thru the CDC moratorium on evictions. The moratorium is in effect thru Dec 31. <u>You are required to complete a form for</u> <u>each adult in your home and provide it to your landlord.</u> That form requires you to certify that you have tried to get assistance. If you have not filed for CARES Act Assistance you should do so now and keep a file of all the places you ask for help. Please keep paying as much as you can because this does not remove your obligation to pay

The CDC moratorium requires you to file a declaration with the landlord and you are certifying certain things - one for each adult.

#### Here is the link to the form:

https://www.cdc.gov/.../downloads/declaration-form.pdf Here's the language of the moratorium: https://www.federalregister.gov/.../temporary-halt-in...

# For Information about eviction notices, in regard, to HUD public housing residents <u>Click here</u>

#### <u>Current Public Housing Residents</u> Click here to submit changes or requests

<u>Current Section 8 Tenants</u> Click here to submit changes or requests

#### FPL Utilities Payment Assistance:

Having trouble paying your FPL bill because of COVID-19? FPL will continue working closely with you to do everything we can to avoid turning lights off for nonpayment, which is and has always been a last resort. **Call us directly at 800-226-3545**.

#### **Grocery Worker's Relief Fund:**

Partnership between United Way Worldwide and Kendall-Jackson to provide emergency relief for frontline grocery store workers (Publix, Winn-Dixie, Aldi, Walmart, etc.)

- Relief is in form of \$250 cash card.
- Applications reopen each month and close when monthly funds expended.
- Link to information and Application:
- www.unitedway.org/groceryrelief

#### NEW AFFORDABLE HOUSING FOR RENT

The Housing Authority of Brevard County is proud to announce that they have completed construction of their brand-new development, Aurora Palms, in Melbourne, Florida, and are accepting applications. <u>Click Here to Learn More</u> Or visit: <u>https://habc.us/aurorapalms/</u>



Details: 2 bedroom / 1 bathroom units Brand new appliances 10ft+ ceilings

#### **Reemployment Information & Resources**

#### (LWA) LOST WAGES ASSISTANCE: \*NEW Coming Soon\*

The Federal Lost Wages Assistance (LWA) program provides Floridians who are currently receiving state or federal Reemployment Assistance benefits, are unemployed or partially unemployed due to COVID-19 and are currently receiving at least \$100 per week in Reemployment Assistance benefits will be eligible to receive the additional \$399 LWA benefits. For more information on LWA visit: https://floridajobs.org/docs/default-source/reemploymentassistance-center/cares-act/lost-wages-assistancefaq.pdf?sfvrsn=9add4bb0 2

#### (PUA) PANDEMIC UNEMPLOYMENT ASSISTANCE:

The Federal Pandemic Unemployment Assistance (PUA) program provides unemployment benefits to those that may not otherwise be eligible under Florida's state Reemployment Assistance program, including independent contractors and individuals who are self-employed. Individuals who have been impacted by COVID-19 and believe they may be eligible for Pandemic Unemployment Assistance, can visit www.FloridaJobs.org and select "File a Claim" to apply and be considered for PUA.

#### (FPUC) FEDERAL PANDEMIC UNEMPLOYMENT COMPENSATION:

Is available for eligible applicants who are currently receiving regular state Reemployment Assistance benefits. FPUC is an additional \$600 distributed weekly in addition to state Reemployment Assistance benefits. Due to the system upgrades in CONNECT, DEO is able to issue the additional \$600 payments in multiple ways. If you are eligible and have previously provided a bank account in the CONNECT system, you will receive a direct deposit to your account. If you did not provide your bank account, you will receive a check to the mailing address provided on your account.

#### (PEUC) PANDEMIC EMERGENCY UNEMPLOYMENT COMPENSATION

The Federal Pandemic Emergency Unemployment Compensation (PEUC) program, offered through the federal CARES Act and administered by DEO, provides up to 13 weeks of benefits to a claimant who has exhausted their Reemployment Assistance benefits.

Floridians will need to apply for PEUC benefits once the balance of their current claim is exhausted. Floridians who have already exhausted their benefits or have a Reemployment Assistance claim that expired after July 1, 2019, will also be able to apply.

• Click <u>here</u> for PEUC Application process.

- Click <u>here</u> for PEUC Frequently Asked Questions.
- Click here for COVID-19 Employment Scenarios.

- The waiting week AND work search requirement will continue to be waived through December 5, 2020.
- Starting Monday, July 7, the request to modify the date of your claim must be made by calling the Reemployment Assistance Customer Service center at 1-833-FL-APPLY (1-833-352-7759 and choose option 5).

#### **QUARTERLY UPDATES:**

On a quarterly basis, pursuant to Federal guidance, DEO must determine whether or not individuals who are currently receiving Pandemic Unemployment Assistance (PUA) or Pandemic Emergency Unemployment Compensation (PEUC) are instead eligible for state Reemployment Assistance benefits.

Claimants who are currently receiving PUA or PEUC may need to take specific actions on their claim when they log-in to CONNECT and request benefit payments **after October 1, 2020**, when the new quarter comes into effect.

In the coming days, those claimants will receive an additional notification with specific instructions regarding their claim. Below is step-by-step instructions on what these claimants will need to do to ensure there is no break in receiving benefits.

- Click <u>here</u> for the Quarter Change PUA Step-by-Step Guide
- Click <u>here</u> for the Quarter Change PUA Questionnaire Video
- Click <u>here</u> for the Quarter Change PEUC Step-by-Step Guide
- Click here for the Quarter Change PEUC Questionnaire Video
- Click <u>here</u> for the Quarter Change Fact Sheet
- The Department encourages all individuals to log-in to CONNECT and ensure their contact information is accurate and up-to-date.

#### **Re-Employment Assistance Links**

**DE** <u>https://floridajobs.org/</u>

**Florida Department of Economic Opportunity:** General information regarding Re-Employment Assistance or Call: 1-800-204-2418

#### For Important updates and information:

http://www.floridajobs.org/Reemployment-Assistance-Service-Center/reemployment-assistance/claimants

> NEW Re-Employment Application Portal! http://www.floridajobs.org/RAApplication

#### Step-by-step guide to claiming unemployment week's:

http://www.floridajobs.org/docs/default-source/reemploymentassistance-center/guide-for-reemployment-assistance-claimingweeks.pdf?sfvrsn=928046b0\_2

# Mobile friendly online application for new reemployment assistance:

https://mobile.connect.myflorida.com/prweb/app/default/tHGV\_g6F QZMSYakWUervaQ%28%28\*/!STANDARD

#### Reemployment Assistance Resource Guide with frequently asked questions: <u>http://floridajobs.org/docs/default-</u>

source/reemployment-assistance-center/new-individual-faq-includescares-act-final.pdf

#### **Career Services and Resources**



#### BREVARD <u>https://careersourceflorida.com/</u>

#### Career Source Brevard: 321-504-7600

CareerSource is the one-stop- shop with all the resources and tools to get you in or back to the workforce. All services are FREE! Career Source offers:

Workshops, Class, Training, Career Counseling, Customized job search and job referrals, Job Fairs, and a FREE Resume Builder Tool!

Virtual Services Available: During COVID19

https://careersourceflorida.com/career-services/

#### > <u>Skillup Brevard:</u>

#### SkillUpBrevard@careersourcebrevard.com

A NEW online learning tool with 6,000+ courses available for FREE that you can take at anytime, anywhere, and on any device. With Skillup you will learn in-demand career skills such as Microsoft Office, Google Apps, and more.

#### SIGN UP FOR SKILLUP FOR FREE:

- 1. You must have an EmployFlorida account to participate in Skill-Up. Visit <u>www.employflorida.com</u> to register.
- 1. Then, visit <u>brevard.skillupamerica.org/job-seekers.cfm</u>.
- 2. Scroll down, and click on Register for Free.
- 3. Click on Sign Up Now.
- 4. Complete the Registration Form.
- 5. You will receive an e-mail from <a href="mailto:support@metrixlearning.com">support@metrixlearning.com</a> granting you access to take courses.

#### <u>Career Source Brevard Hot Jobs webpage:</u>

Here you can review lists of local job openings that are updated each weekday:

https://careersourcebrevard.com/career-services/hot-jobsnow

Come back each weekday to view the latest job openings in the Brevard County area. Visit <u>Employ Florida</u> and search by job order number to learn more about each job. You must create an Employ Florida profile to apply for jobs. <u>Follow</u> <u>this step-by-step guide</u> for help, or <u>contact us</u> for assistance.

#### Brevard Recovery Works: 321-504-7600

BRW is a FREE program specifically designed to <u>help those</u> <u>impacted by substance use or addiction</u> gain and maintain employment! <u>BRW@careersourcebrevard.com</u>



#### https://employflorida.com/

#### **Employment Search Resources:**

- Veteran Job Exchange: Job search site just for Veterans! <u>https://www.veteransjobsxchange.com/</u>
- Employ Florida: Many employers are now hiring! To find featured job openings complete registration and start looking today at: www.employflorida.com
  - **To receive TEXT ALERTS for Job Announcements:** Text JOBS321 to (321) 394-9603

# Youth & Young Adult Career Services

#### > <u>Ready For Life Brevard (RFLB):</u>

Ready for Life Brevard is a solution-based skill center supporting youth ages 15-25 in homelessness and crime prevention. Services include:

- Assistance with accessing critical services such as connections to affordable housing
- The GED FastTrack program, which includes volunteer tutors to help them obtain their GED, high school diploma or pass their college classes.
- A mental health counselor, an attorney for legal services, and access to a food pantry and a clothing closet.
- Get Ready for Employment classes, Financial Literacy classes, Life Skills classes, Get Ready to Rent a Home classes.

#### For More Information Contact: Pamela Bress, Esquire at: 321-204-4478

#### > <u>NextGen- Services for Young Adults:</u>

Is a free program through CareerSource Brevard offered to eligible young adults age 18-24, designed to Empower, Educate and Employ through the following:

- Paid work experience opportunities
- Financial assistance towards training
- Job readiness and placement assistance
- Guidance planning and launching a career
- Support services needed to achieve employment or education goals

#### For more information visit:

#### https://careersourcebrevard.com/career-services/for-young-adults

Contact: 321-504-7600 ask for NextGen or email the NextGen Team directly at: NextGen@careersourcebrevard.com

#### **Financial Counseling Resource**

United way offers free virtual financial management counseling. Morgan Bonilla on our team is a Certified Financial Education Instructor. Contact her:**321-615-3274** 

#### **Business COVID-19 Resources**

# BREVARD COUNTY BOARD OF COUNTY COMMISSIONERS Cares For Small Businesses AND Nonprofits

#### Help is available for Brevard County small businesses and nonprofits hardest hit by COVID-19 pandemic!

Small business or nonprofit organization must be physically located in Brevard County and have been legally operating within Brevard County as of January 1, 2020 and is continuing to operate or will continue normal business operations after emergency guidelines are lifted.

Applicants must have had 50 or fewer employees as of January 1, 2020.

Applicants must have been negatively impacted financially by the COVID-19 public health emergency.

Small businesses must have a current Brevard County Business Tax Receipt. Nonprofits under Title 26, U.S.C., Sections 501(c)(3), 501(c)(6), or 501(c)(19) must have a letter of determination from the US Internal Revenue Service (IRS) or your latest tax filing with the IRS.

Applicants must be enrolled in the US Department of Homeland Security E-Verify program to confirm the employment eligibility of employees.

Applicant's revenue losses or expenses utilized to establish the Program's eligibility must not have been reimbursed through Paycheck Protection Program (PPP), Economic Injury Disaster Loan (EIDL), Small Business Administration (SBA) Debt Relief or other similar federal and state programs.

To see if you qualify and to apply visit www.BrevardFL.gov/BrevardCares or call (321) 350 - 9194

# > <u>Business Damage Assessment Survey</u>:

businesses affected by COVID-19 are asked to complete this online survey at https://floridadisaster.biz

Florida Small Business Emergency Loan: https://floridadisasterloan.org/

SBA's Economic Injury Disaster Loan https://disasterloan.sba.gov/ela/Account/Login

# Personal Protection Equipment (PPE) Kits For Small Businesses!

#### For more information, call (321) 350-9275

Funded through the federal Coronavirus Air, Relief and Economic Security (CARES Act): Small businesses in Brevard County that employ 25 or fewer workers are eligable. Visit the following link for more details: <u>www.brevardfl.gov/BrevardCARES</u>.

# For more information, email **ESF7@brevardfl.gov** or call **321-637-6680**.

#### For the latest press release visit:

https://spacecoastdaily.com/2020/09/brevard -county-government-distributes-2000-ppekits-to-small-businesses-additional-ppeorders-underway/

#### **Transportation Resources**

#### Space Coast Area Transit: 321transit.com

If you need an ESSENTIAL RIDE home after the Fixed Routes end, up until 8:15 PM, call the **RideLine at 321-633-1878** by 2:00 PM the day before to request a ride. The same for an earlier ride in the morning.

#### SCAT Fare and Payment:

There are 3 fare payment options which are 1-Ride fares are paid when boarding and cannot be purchased in advance. The other two are fare specials which include 10-Ride and 30 Day Passes. Both must be purchased in advance.

#### <u>Advance Fare Purchase Options:</u>

Include at the bus terminal, select libraries, by mail, online, or by phone by calling: 321-635-7815, option 2, or 321-952-4563, opt 1.

#### • <u>Paratransit and ADA Paratransit Fares:</u> Please call for details: 321-633-1878

#### > <u>SCAT Reduced Fare:</u>

Those eligible for Reduced Bus Fare include seniors 60+, disabled, veterans, and students. Medicare cards are accepted as proof for reduced fare. There is no charge for children under the age of five (5), or for transfers

#### > <u>SCAT FREE Fares:</u>

EFSC students ride for free with a valid EFSC Student ID. Due to a grant from the City of Melbourne, no fare is charged on routes 21, 24, and 29 to Melbourne residents with valid ID who ride within the Melbourne city limits.



To receive a copy by mail of the Rider's Guide for Special Services call: 321-633-1878

To View Virtual Copy Visit Link Below:

# 321Transit.com/RidersGuide

In order to serve our community to the best of our abilities we all need to know what services are available. Click on links below for more information.

- Students In Transition Frequently Asked Questions
- The Independent Me: Short Version
- <u>Student Support Services: Students-In-Transition</u> <u>Procedure Manual</u>
- BPS Student In Transition Policy Manual

# Virtual Learning Help

Comprehensive Family Resource List: Activities for families, literacy resources and math/STEM/dual language resources. Click <u>HERE</u> to view the list or visit: <u>https://www.elcbrevard.org/uploads/docs/blocks/806/resources-for-families.pdf</u>

#### > <u>Reading Rockets:</u>

Reading Rockets creates and disseminates free, evidencebased information about reading through our three major services: PBS television programs, online services, and professional development opportunities. Visit their website <u>HERE</u> or go to <u>https://www.readingrockets.org/</u>

#### Literacy Apps:

Practice with essential skills in print awareness, phonics, spelling, vocabulary, comprehension, and writing. We've also included apps for children with dyslexia, ADHD, and autism spectrum disorder that support organization and goal-setting, language and communication, and emotional regulation. Click <u>HERE</u> or visit:

https://www.readingrockets.org/literacyapps

#### Varsity Tutors:

Free educational virtual summer camp! Please visit link for details and information.

https://www.varsitytutors.com/virtual-summer-campcatalog

#### Adventure Academy :

Full learning curriculum that's fun and engaging for Ages 8-13

https://www.abcmouse.com/abt/homepage?8a08850bc2=T 1672042603.1590510031.8348

#### > <u>ABC Mouse :</u>

Full learning curriculum that's fun and engaging for Ages 2-8 https://www.abcmouse.com/abt/homepage?8a08850bc2=T 1672042603.1590510031.8348

#### School Resources

#### Adjustments to the Brevard Public School calendar are as follows:

•Students' last day of school is now June 3, 2021

- Moves non-student workdays 10/12/20, 2/15/21, 3/22/21 and 5/28/21 to beginning of teacher calendar
- Second semester will now end after Memorial Day on June 3, 2021

2020-2021 At A Glance Calendar

For Details On The 4 Learning Options

#### **Remote Learning Technology Resources**

Need E-Learning technical help:

https://www.brevardschools.org/site/Default.aspx?PageID=1 7364

Snap&Read: Snap&Read is an eLearning Toolkit that works seamlessly across platforms and provides all students greater access to complete, grade-level content. This Google extension works within the Chrome browser and can be available on any device a student logs into using either the Learn and Share account- whether at school or home. For more information and learn how to install and use this suite of literacy tools, please use following link:

https://sites.google.com/view/bpssnapandread/home

Microsoft Student Advantage Program
 FREE Office 365 for Student Home Computers

 Brevard Public Schools is happy to announce the new
 Microsoft Student Advantage program. Students are now able
 to download and install Microsoft Office Desktop applications
 AT NO COST. Any BPS student whose primary affiliation is
 "student" is eligible.

Office 365 Student Advantage is now available at: http://GreatNews.brevardschools.org

The On It Program: Provides FREE computers, computer training and Internet to low-income families with students in grades K-12 that receive a free or reduced school lunch, attend a public school and reside within the United States. Click <u>HERE</u> for Program Info.

For more information call: 305-244-6454 OR Visit: <u>https://theonitfoundation.org/</u>

- The Jump On It Program: Provides low-cost computers to those who may not qualify for the On It program. The Jump On It! Program allows you to purchase a computer regardless of credit and income. The Jump On It! Program may also provide you a low lay-away plan. Please go to http://www.jumponitprogram.com/ to obtain further information.
- Computers Advancing Education: Their primary focus is to supply every student with the tools needed to compete and succeed in today's highly technological society. For more information visit <u>http://computersadvancingeducation.org/</u>

#### Grandparents Raising Grandchildren: 321-631-

7776 Grandparents that are caregivers to their grandchildren can find support, parenting questions, legal and financial challenges, advocacy and provides seminars on crucial issues.

#### $\triangleright$ **Eckerd Connects Raising Hope Program:**

Offers clothing, hygiene items, shoes, socks, underwear, blankets, diapers, and limited school supplies for children entering the foster care system or in emergency need. Guardian Ad Litem's and child welfare case managers are welcome. Please call for more information 321-253-0032 x0 or visit:

https://eckerd.org/family-children-services/raising-hope/

#### > Kinship Care:

Kinship Care is the full-time care, nurturing, and protection of children by relatives, members of their tribes or clans, godparents, stepparents, or any adult who has a kinship bond with a child Financial and other Assistance may be available to you. Please visit website below and speak with your caseworker about benefits: http://floridafapa.org/kinship-care/

#### > Parenting with Love and Limits Program:

PLL is an alternative to Placement and Reentry program that is brief, effective, and free to families. The program teaches each youth and their family new skills, building on the strengths that each member already has. PLL will ultimately help caregivers establish both "Love and Limits" within their homes. PLL offers support groups, case management and family coaching. For more information contact: Brevard CARES 321-632-2737

- Car Seat Assistance
- Palm Bay Police: 321-952-3456
- Rockledge Police: 321-690-3988
- **Titusville Police:** 321-383-5708 x 112
- **UF Extension Center:** 321-952-4536 x 21
- Yellow Umbrella: 321-433-3570 OR 321-723-2927

#### FREE Pack N' Play

**Brevard C.A.R.E.S Cribs for Kids:** Brevard C.A.R.E.S offers a 30 minute education and awareness component about safe sleeping practices. By attending this education awareness training you'll qualify

to receive a Free Graco Pack & Play that will be delivered via UPS directly to your home.

For Dates and Times, Please Contact: Angie Levesque (321) 632-2737 x1000

#### **Parent Resources**

#### > Early Learning Coalition of Brevard:

The school readiness financial assistance program helps eligible families with the cost of childcare. Contact: 321-637-7272

Application: https://www.elcbrevars.org/

#### > Information on Florida VPK Education **Program click: HERE**

#### Step Up For Students:

Is a scholarship to help eligible families pay for the cost of school tuition. You can apply for the income-based scholarship at:

https://www.stepupforstudents.org/lower-incomescholarships-ftc-fes/

#### The Reading Scholarship Accounts:

Reading Scholarship Accounts are available for students in grades 3 through 5 who are enrolled in a Florida public school and scored below a Level 3 on the grade 3 or grade 4 statewide, standardized English Language Arts assessment in the prior school year. For the 2019-2020 school year, the amount of the scholarship is \$500 per eligible student. To apply for funding, a parent must submit an application to an eligible scholarship funding organization directly.

For the 2019-20 school year, Step Up For Students will be the only Scholarship Funding Organization administering this scholarship program.

- > The SHC Youth Leadership and Scholarship **Program:** Awards scholarships to ten youth who have experienced homelessness.
- Assists youth with financial aid processes, mental health advocacy and referrals, professional legal advocacy and referrals, and assistance in locating and establishing local contacts for general support and services.
- Builds a stable peer and adult support network for recipients, before, during, and after their college careers, and into their transition into the workforce.
- Offers young people meaningful opportunities to engage in advocacy, while providing sustained support services to help ensure graduation and success in life. https://www.schoolhouseconnection.org/vouthleadership/scholarship-program/

#### **Medical Resources**

- > <u>Community Action Team:</u> 321-633-1951
- Crippled Children's Aid Society: 321-452-8106 Provides Orthopedic equipment to crippled children or adults w/out financial resources to obtain them.
- Lions Club- Viera: 321-617-7669 Provides Eyeglasses, sight related operations and hearing aids to those unable to afford them.
- North Brevard Sharing Center: 321-269-6555 Assist with Prescription cost and Dental
- Brevard Health Alliance Mobile Clinic: Call for locations: 321-914-5864 Visit Website for calendar: https://www.bhachc.org/locations/mobile-clinic/

#### Prescription Cost Relief:

FamilyWize provides a free discount card to show to your pharmacist. You can text the word "SAVE" to "700700." Reply "YES" to the auto response, and the card will be downloaded to your phone. Or you can download the card online: https://www.familywize.org/free-prescription-discount-card

Dental Hygiene Clinic (EFSC): 321-433-7570
BCC's Cases Computer Dental Hygiene Clinic is open

BCC's Cocoa Campus Dental Hygiene Clinic is open to the community on <u>an appointment basis</u>. Services are provided by dental hygiene students under the supervision of the dental hygiene faculty. Services include: Teeth cleaning, fillings and x-rays ONLY! **\$15-\$30 cleaning; \$1-\$20 X-Rays, (Must have prescription from dentist for x-rays) Pit/Fissure Sealants, \$4/tooth, \$4/quadrant; \$7 Bite/ Wing Series; Fluoride-no charge, child cleaning\$10** 

#### > Florida Kid Care: (888) 540-5437

Free or Low-Cost Health Insurance. Through Florida KidCare, the state of Florida offers health insurance for children from birth through age 18, even if one or both parents are working. Florida KidCare includes free, subsidized and full-pay options based on family income and household size. <u>https://www.floridakidcare.org/</u>

# Medical Assistance Due To COVID

- Health Care Coverage: If you are in need of health coverage and you were laid off from a job due to COVID19 visit: <u>https://www.coveringflorida.org/</u>
- Health & Dental Coverage for Kids: For parents who have lost a job and need affordable health and dental coverage for your children, please visit: https://www.floridakidcare.org/

#### PATH (Primary Access to Health)-Primary Care <u>Clinic:</u>

#### Eligibility

- Brevard County resident.
- Family Income below 100% of the Federal poverty guidelines.
- Currently not covered by Medicaid, Medicare, private health insurance, military health benefits or other insurance.
- Currently not enrolled in a similar medical program such as: hospital primary care, community health clinic, health alliance, etc.
  - To schedule an appointment for the <u>Melbourne</u> Clinic, call 321-726-2909. To schedule an appointment for the <u>Viera</u> or <u>Titusville</u> Clinic, call 321-637-7300.

#### Space Coast Volunteers in Medicine- FREE Medical and Dental Clinic:

Located in the heart of Viera, Space Coast Volunteers in Medicine is afully approved 501(c)3 comprised of dedicated health care providers and community professionals who have joined together to open a free medical clinic to serve the uninsured of Brevard County and the Space Coast. For more information please visit: <u>http://scvim.org/</u>

#### > <u>Diagnosis-Based Assistance Programs for Florida:</u>

For a list programs that offer financial and other assistance for diagnosis based medical needs please visit: https://www.needymeds.org/copay-aos/list/FL

#### Epilepsy Association:

The Epilepsy Association provides case management and discounted or free epilepsy health care services to those in need. The following link page contains information about client services and case management, as well as forms for download. <u>http://epilepsyassociation.com/client-services/</u>

Brevard County: 321-253-4112 Orlando: 407-222-1416

#### > The No Bad Days Foundation:

supports children in Brevard County by purchasing life enhancing medical devices that insurance has denied coverage.

#### How to request assistance:

Visit our website at: <u>http://nobaddaysfoundation.com</u> and click the "Medical Necessity Request Form" link:

 $\underline{http://nobaddays foundation.com/medical-necessity-}$ 

<u>request.../</u>. On this page, there will be an area for you to download the form.

Please fill out the Medical Necessity Request Form and return it to us at info@nobaddaysfoundation.com or by facsimile to (321) 255-2351 for questions call 321-255-2332

#### **Mental Health Resources**

#### ➢ Behavior Basics: 772-463-0444

Provides in home ABA therapy with a Board Certified Behavior Analyst in Brevard for children with Autism and/or MH Dx. https://www.behaviorbasicsinc.com/

Palm Point Behavioral Health Facility: 321-603-6550 Provides inpatient and outpatient services for children, adolescents, adults, and seniors struggling with mental and behavioral health issues. We use evidence-based treatment to give patients the tools they need to recover. Our licensed clinicians are available 24/7 to provide you or your loved one with a no-cost mental health assessment.

#### Children's Home Society: 321-752-3170

Case Management: CHS leads the way in serving children and families involved in the child welfare system.

Counseling sessions: Are unique to every individual and family. Our professional, caring, highly trained counselors will help you to build upon your strengths as you work through the challenges you're experiencing. Sessions can be at home, at school, or in office.

Early Head Start Program: Is a child development program for low income children that provides comprehensive services to children ages 0-3 to support the physical, social, emotional, cognitive and language development of each child. This also includes educating and supporting parents and positive parent-child relationships.

# **Mental Health Resources Links**

- **Race, Racism and Mental Health resources** HERE
- **Mental Health Resources For Minorities:** HERE
- For resources on kids anxious about going  $\geq$ back to school after COVID click: HERE
- **Resources To Support Adolescent Mental** ⋟ Health: HERE
- Calming Anxiety In Children: HERE  $\triangleright$
- $\triangleright$ Helping Children Cope During COVID **Outbreak: HERE**
- $\triangleright$ How to Help Children with Autism Manage Schedule Changes Due To Covid-19: HERE
- What Educators and Parents need to know  $\geq$ about childhood Trauma: HERE
- Helping Children and Adolescents Cope with  $\geq$ **Disasters and Other Traumatic Events: HERE**
- **Coping and Disaster Resources:**  $\triangleright$ liveandworkwell.com

#### **Mental Health Hotlines**

- > Family Support Warm Line: 1-888-733-6303 The warm line is FREE and available to ANYONE in Florida 24/7 via call or text. You don't have to be a client to receive this service.
- > National Suicide Prevention Lifeline: 1800-273-8255 or visit: https://suicidepreventionlifeline.org/
- > Mobile Response Team: 321-213-0315 Offers Brief Counseling for children and families.
- Children's Home Society: 888-733-6303 Offers a Family Support Warm Line for parents and teens feeling stressed and overwhelmed. Caller will be connected with a counselor and the service is free.
- > The U.S. Department of Health and Human Service: Offers an available 24/7 text line. Users can text

TalkWithUs to 66746 for text-based support. For more information: https://www.samhsa.gov/find-help/disasterdistress-helpline

- Veterans Crisis Hotline: 800-273-8255 Connects veterans in crisis and their families with qualified responders.
- > Optum Public Crisis Line: 866-342-6892 Emotional Support Help Line that is available to anyone, even if they are not a UMR or United Healthcare plan member. Available free of charge.
- > Disaster Distress Hotline: 800-985-5990 Offers help dealing with the stress of COVID-19
- > To Write Love On Her Arms: Offers Suicide prevention and self-care resources.

**Community Resource:** https://twloha.com/find-help/ Self-Care Resource: https://twloha.com/self-care/

**Free Mental Health Services for Essential Workers** (Medical Professionals, First Responders, Journalist, etc.)



# Feeling overwhelmed, stressed, burned out?

(SSC)

UCF RESTORES offers:

- 60-minute appointment with a mental healthcare provider
- Develop a personalized plan to help you manage stress
- Same day appointments available and no cost

WHO: Essential Workers in Florida (e.g., medical professionals, first responders, journalists etc.)

HOW? Call the SSC line: 407-823-1657

Community Resource Master Guide | Page 13

#### Substance & Recovery Resources

# Recovery Support

# Space Coast Recovery: 321-632-5958

Offers residential treatment options and outpatient programs. http://www.spacecoastrecovery.com/

## Peace Club: 321-420-4656

Offer a men's recovery residence program, day and night treatment programs, intensive outpatient programs for adolescents, support groups and medication assisted treatment (MAT).

RASE: 321-305-4397

Offers recovery support services and medication assisted treatment (MAT).

> <u>Circles of Care:</u> 321-726-2881

Offers inpatient rehabilitation services, detox services, support groups, medication assisted treatment (MAT).

## > <u>STEPS:</u>

Offer residential treatment program for women, outpatient programs, medication assisted treatment (MAT). Melbourne: 321-775-1520 Palm Bay & Cocoa: 321-637-7730

## ➤ Aspire: 407-875-3700

offers many mental health services in Brevard county. Some include: Juvenile addictions receiving facility, Outpatient center, Transitional housing programs, Adult addictions receiving facility. **For a list of Services and contact info please visit:** <u>https://aspirehealthpartners.com/programsand-services/</u>

- The Recovery Village: 24/7 call 844-244-1334 Systems is an integrated behavioral healthcare management company dedicated to the treatment of addiction, substance abuse, eating disorders and co-occurring mental health issues. Visit: <a href="https://www.therecoveryvillage.com/">https://www.therecoveryvillage.com/</a>
- Impower Outpatient Behavioral Health Services: Can offer low cost or free mental health and substance misuse support. Visit: www.impowerfl.org To make a referral or schedule an appointment for outpatient mental health or psychiatric services: call 321-639-1224 Opt. 2\_or email: referrals@impowerfl.org
- Next Generation Village and Advanced Recovery Systems: 407-414-0037 or 855-804-9194 Is an inpatient behavioral healthcare company that treats adolescents and adults struggling with addiction, substance abuse and mental health in centers across the country.

# > <u>SMART Recovery Toolbox:</u>

The SMART Recovery Toolbox provides a variety of methods, worksheets, and exercises to help you self-manage your addiction recovery and your life. Website also includes Encyclopedia of Rational Coping and 10 Rules of Happiness.

Visit: <u>smartrecovery.org/smart-recovery-toolbox/</u>

## Free Sober Recovery Apps:

https://www.addictionpolicy.org/connection s-app

Free Recovery Apps for Android:
 •COVID Coach (VA)

•Sober Tool •In The Rooms

# > <u>Circles of Care:</u>

Substance Abuse Education and Support Group (Thursdays from 6p-7:30p at Twin Rivers location 400 East Sheridan Rd, Melbourne Fl

Narcotics Anonymous – www.na.org

# **Resource Links**

## Relapse Prevention During A Pandemic Follow Link To Access Full Resource:

https://www.therecoveryvillage.com/treatmentprogram/aftercare/related/relapse-prevention-plan/

No person shall, on the basis of race, color, religion, national origin, sex, age or disability be excluded from participation in, be denied the benefits of or be subjected to unlawful discrimination under any program or activity receiving or benefiting from federal financial assistance administered by Eckerd Connects. Foreign language and sign-language interpreters will be made available at no charge to the client. Eckerd Connects is a 501(c)(3) not-for-profit, equal opportunity employer. Eckerd Connects has provided the above resources as a convenience to the public. However, Eckerd Connects is not legally affiliated with the above agencies and organizations, nor involved with how they administer resources and services. You may contact the individual organization listed above for details on how they assist